



NorthAble Information Update 27/01/2016

NorthAble receives information from our many networks which we disseminate through this update. Feel free to share this or to contact us for further information or use the details below to contact directly. Place an Update notice.

Phone: 09 430 0988 / 0508 637-200.

Email: drc@northable.org.nz.

Facebook: <https://www.facebook.com/NorthAble>

Web: www.northable.org.nz

Events – Seminars – Courses – Meetings

Arthritis NZ Camp: Do you have a child aged 5 - 15 who has been diagnosed with a form of arthritis in the last two years? Applications are invited for places at the 2016 Arthritis New Zealand Children's Camp in Matamata, 15–17 April 2016. If your application is successful, funding will be available for your child, and one adult, to attend. Other family members are welcome at their own cost. For an application or information, phone: Carol Lovatt, 0800 663 463 or email: carol.lovatt@arthritis.org.nz

LYNKZ Valentine's Day Social: Come and join LYNKZ for a Valentine's Day social. Friday February 12th from 6:30 p.m. to 9:00 p.m. at 65 John Street, Whangarei. Tickets: \$5 per person. Bring a plate for snacks during the evening. Tickets available in person from LYNKZ or email michelle.watts@northable.org.nz or call (09) 430 3470

Far North Wheelchair Basketball Competition: Come and show off your skills on the basketball court and enjoy an action packed evening! Wheelchair basketball is an exciting version of basketball that offers a great way to keep fit, develop new skills and meet new friends. The competition will be open mixed and will comprise teams of at least five. Basketball wheelchairs will be supplied. Date: Every Thursday from 18 February - 24 March, Time: 5pm - 7pm, Venue: Northland College Gymnasium, 62 Mangakahia Road, Kaikohe. Entry fee is \$50 per team. For more information and to register, contact Cheryl Smith on 0274343417 or cheryls@sportnorth.co.nz
For more information, go to halbergallsports.co.nz/events. Join us on Facebook - search 'Halberg Disability Sport Foundation'.

Do you need help managing your osteoarthritis?: Learn about Arthritis and causes of pain, help that is available and what you can do to reduce your pain. Day 24th February 2016, Arthritis New Zealand Office, Level 1 (Lift is available), 1 James Street, Whangarei. 11.00am – 12 midday, Osteoarthritis, 1.00pm – 2.30pm Osteoarthritis when joint replacement has been declined. Registration is essential. For more information contact Sue Baker Phone 0800 663 463 or 09 459 6100 or email

sue.baker@arthritis.org.nz to register or for further information. No cost to attend, but Arthritis New Zealand welcomes donations.

Pasifica Fushion Festival: 27/02/2016 at the town Basin by the Waka in Whangarei – Great cultural festival with food and stalls – NorthAble will be attending along with many other great stalls.

Special Olympics Whangarei: Monday February 8: Special Olympics Whangarei committee meeting.
Wednesday February 10: Special Olympics Whangarei Aquatics/Swimming training starts.
Monday March 14: Special Olympics Whangarei Annual General Meeting 2016

Special Olympics Whangarei are looking for young, energetic people who are interested in sport or keen to give sport a go. If you are interested please do not hesitate to contact David Laird on 0211175234 or Andrew Langford on 0274383993 for further details on how to become a Special Olympics Whangarei athlete or even a volunteer!

Special Olympics Whangarei welcomes One-and-All to come and be part of a great Club with a strong and proud history in Special Olympics!!

Special Olympics New Zealand Northland Secondary Schools: 0Northland Secondary Schools Events coming up in term 1:

Northland Secondary Schools Aquatics Event, March 9th 2016. 10am -1.30pm.

Special Olympics NZ are currently looking for volunteers for this event so if you are able to help out in anyway please do not hesitate to contact me on 027 455 0062 or corip@specialolympics.org.nz for further details.

Come and be part of running an event!!

Information of Interest

Northable and EQ+ updates:

All NorthAble Services will be closed this Saturday 30th and Monday 1st February for Northland Anniversary Weekend – we hope you all have an enjoyable long weekend EQ+ is currently having a clearance sale on wheelchairs and lots of other daily living aids – pop in and check these specials out.

Finding it hard to sleep at night with the heat – why not check out our range of gel pillows – these pillows are designed to support your neck and shoulders, they conform to the natural curvature of your head and neck, while at the same time keeping you cool.

Remember – if there is anything that you are looking for – contact us, we are only too happy to help try and find it for you.

NorthAble Disability Information & Equipment Consultant vacancy: We have a fixed term vacancy advertised on SEEK and Trade Me. See http://www.seek.co.nz/Job/30253278?_ga=1.262758858.712407913.1403832969