



NorthAble
DISABILITY SERVICES

NorthAble Information Update 24/02/2016

NorthAble receives information from our many networks which we disseminate through this *Update*. Feel free to share and use this information. For further information or to place a notice in *NorthAble Information Update*, contact:
Phone: 09 430 0988 / 0508 637-200. Email: drc@northable.org.nz.
Facebook: <https://www.facebook.com/NorthAble> Web: www.northable.org.nz

Events – Seminars – Courses – Meetings

Osteoarthritis management help. Wednesday February 24. Learn about Arthritis and causes of pain, available help and what you can do to reduce your pain: 11am-midday. Osteoarthritis when joint replacement has been declined: 1pm –2.30pm. Arthritis New Zealand Office, Level 1 (Lift is available), 1 James Street, Whangarei. Registrations essential. Contact Sue Baker Phone 0800 663 463 or 09 459 6100 or email sue.baker@arthritis.org.nz to register or for further information.

Movie night: Thursday February 25. The Brain Injury Association Northland Inc. is organising a movie fundraiser evening in Whangarei. Concussion is an action/drama movie with Will Smith. See trailer <https://www.youtube.com/watch?v=lo6hPdC41RM> The event is at 6pm at Event Cinemas, Whangarei. The BIA movie fundraiser is the only Whangarei screening of this great movie. Tickets are \$20, available from Avantiplus and Persona Spa. Or email northland@brain-injury.org.nz, or call the BIA on 09 459 5013. Facebook: <https://www.facebook.com/events/1005357942858307/> Tickets will also be sold on the night at the cinema - limited number. Spot prizes too!

Pasifica Fusion Festival: Saturday February 27. Great cultural festival with food and stalls – NorthAble will be attending along with many other great stalls. Town Basin by the Waka in Whangarei, 10am-2pm.

Family Day. Sunday February 28. Parent to Parent and Altogether Autism Northland. BBQ, picnic lunch, goodies for the kids. Whangarei Aquatic Centre, 5 Ewing Rd, Whangarei, 10.30am-1.30pm. RSVP by February 23 to Lynne Hansen, 09 437 3337.

Far North Wheelchair Basketball Competition: Thursdays until March 24. Open mixed competition with teams at least five-a-side. Basketball wheelchair supplied, Time: 5pm - 7pm, Venue: Northland College Gymnasium, 62 Mangakahia Road, Kaikohe. For more information and to register, contact Cheryl Smith on 0274343417 or cheryls@sportnorth.co.nz See www.halbergallsports.co.nz/events or on Facebook, search 'Halberg Disability Sport Foundation.'

Wheelies Event with Adrian's Ride! Tuesday March 1. This activity for wheelies of all abilities is timed with the arrival of Adrian Mckenzie who is riding a tandem bike the length of New Zealand (Cape Reinga to Bluff) as a fundraiser and appreciation thank you for the Halberg Disability Sport Foundation who helped fund this bike so his son, who has cerebral palsy could ride the bike with him. On the Tuesday he will have ridden from Paihia to Whangarei. We intend to go around the loop on anything that has wheels, so bring something along to participate. We will have a few spare adapted bikes but if you have your own please bring it along. Time: 12.30pm - 2.20pm Venue: start from the car park under the bridge, Port Road For more information contact Hayley Overton, email parafed@parafednorthland.co.nz or phone 021 702 9520.

Safe People Course. Mondays March 7 - April 11. Offered by Whangarei Anglican Care Trust. Ever wondered why some relationships seem to lead to growth and happiness and others to pain and injury? Facilitated by counsellor Joyce Beehre. Applications close March 2. To be held in the Anglican Care Centre *Te Whare Oranga*, corner Mill Road & Deveron Street, Whangarei, 7pm—8:30 pm. Enquiries and applications, phone 437 6397 or email enquiry@whgcare.org.nz

Arthritis New Zealand Conference 2016. Saturday March 5. At Te Papa, Wellington. Registration fee: \$50 for Arthritis New Zealand members and \$75 for non members. Registration closes February 20 - forms available from: Dayleen or Karen on 0800 663 463 or dayleen.troke@arthritis.org.nz or karen.baker@arthritis.org.nz.

Ruakaka Surf Day! Saturday March 5. Volunteer at the Tiaho Trust hosted upcoming Surf Day for people with disabilities! Sign in at 9am at Ruakaka Surf Lifesaving Club, Ruakaka Beach. Volunteers required for assistance in the water, BBQ, general assistance on land, 10am-2pm. BBQ for participants and volunteers. Information, volunteer registrations, contact: Saffron at Tiaho Trust 0800 430 3406 or email: saffron@tiaho.org.nz

Brain Awareness Week 2016 is coming up – Brain Day is Saturday March 12. Or check out the Neurological Foundation's dedicated Brain Awareness Week website www.brainweek.co.nz which features in-depth information about events.

Information of Interest

Aphasia is the loss of a previously held ability to speak or understand spoken or written language, due to diseases or injury to the language area of the brain. Aphasia New Zealand Charitable Trust is giving a voice to people with aphasia. Contact AphasiaNZ, email info@aphasia.org.nz, or visit the website www.aphasia.org.nz See Facebook www.facebook.com/AphasiaNZ or freephone 0508 APHASISA (0508 274-274).

Dance therapy for children in Whangarei is available individual sessions with a dance therapist/physiotherapist. Dance therapy is a movement based psychotherapy that can support child development and learning, processing disorders and children on the autistic spectrum. For enquiries contact Jan McConnell ph 09 4353303 or 021598114. Email: lifemovescreativetherapy@gmail.com

Respite carers wanted – Whangarei Barnados need people, singles, couples and families to provide respite care for children of all ages. As a respite carer you would provide a safe supportive home for a child to give them a holiday or time out from family stress, usually for a few days. Training, support, resources and financial reimbursement provided. To find out more Contact Fae Allen, Foster Parent Co-ordinator, fae.allen@barnados.org.nz, phone 09 95560813, mobile 0274080408.

Brendon McCullum bat – have you checked it out? Motor Neurone Disease have been offering a cricket bat signed by Brendon McCullum on Trade Me to the highest bidder. This is a unique opportunity for cricket fans to acquire a piece of memorabilia from one of the greatest New Zealand captains. All proceeds will go to support Motor Neurone Disease's Fieldwork Service helping people living with MND their carers and families. Bids can be made by clicking on the link below.

<http://www.trademe.co.nz/sports/sports-memorabilia/cricket/auction-1035469555.htm>

In the News

Call for nominations to Arts Access Awards 2016. Arts Access Aotearoa Press Release February 22 2016. Do you want to see an outstanding disabled artist recognised? Or how about a leader providing access to the arts for people in New Zealand? Nominations to this year's Arts Access Awards, presented annually by Arts Access Aotearoa, close on Monday 11 April 2016. For more information and nomination forms, you can also contact Claire Noble at Arts Access Aotearoa (T: 04 802 4349 E: claire.noble@artsaccess.org.nz).

Provide parking. Northern Advocate. February 20, 2016. Not a word about parking for the disabled which is becoming less and less available in the CBD. Disabled people need parking on the street close to shops, banks, etc. When is the council going to do something about this? – Letter from A Williams Whangarei.

All Blacks Take Supreme Honour At 53rd Halberg Awards. The Halberg Awards Press Release. February 19 2016. Para-Swimmer Sophie Pascoe was named the Halberg Disability Sport Foundation Disabled Sportsperson of the Year after winning three golds, a silver and two bronze medals at the IPC Swimming World Championships. Pascoe won ahead of Para-Skiier Corey Peters, Para-Shooter Michael Johnson and fellow Para-Swimmer Nikita Howarth.

\$150m investment in care and support workers. NZ Government Press Release February 18. The Home and Community Support (Payment for Travel Between Clients) Settlement Bill passed its third reading in Parliament today. Health Minister Jonathan Coleman says that as a result, around 24,000 care and support workers will be paid for the time and costs travelling between clients from March 2, 2015.

Secret Cabinet paper scathing of emergency housing. New Zealand Labour Party Press Release. February 17 2016. Documents obtained by Labour show the Government was warned emergency housing was underfunded, unfair and unaccountable – just days before giving an utterly inadequate \$2 million extra for more such accommodation, says Labour's Housing spokesperson Phil Twyford.