



NorthAble
DISABILITY SERVICES

NorthAble Information Update 2/03/2016

NorthAble receives information from our many networks which we disseminate through this *Update*. Feel free to share and use this information. For further information or to place a notice in *NorthAble Information Update*, contact:
Phone: 09 430 0988 / 0508 637-200. Email: drc@northable.org.nz.
Facebook: <https://www.facebook.com/NorthAble> Web: www.northable.org.nz

Events – Seminars – Courses – Meetings

Far North Wheelchair Basketball Competition: Thursdays until March 24. Open mixed competition with teams at least five-aside. Basketball wheelchair supplied, Time: 5pm - 7pm, Venue: Northland College Gymnasium, 62 Mangakahia Road, Kaikohe. For more information and to register, contact Cheryl Smith on 0274343417 or cheryls@sportnorth.co.nz See www.halbergallsports.co.nz/events or on Facebook, search 'Halberg Disability Sport Foundation.'

Arthritis New Zealand Conference 2016. Saturday March 5: At Te Papa, Wellington. Registration fee: \$50 for Arthritis New Zealand members and \$75 for non members. Registration closes February 20 - forms available from: Dayleen or Karen on 0800 663 463 or dayleen.troke@arthritis.org.nz or karen.baker@arthritis.org.nz.

Ruakaka Surf Day! Saturday March 5. Tiaho Trust hosted upcoming Surf Day for people with disabilities! Sign in at 9am at Ruakaka Surf Lifesaving Club, Ruakaka Beach. Volunteers required for assistance in the water, BBQ, general assistance on land, 10am-2pm. BBQ for participants and volunteers. Information contact: Saffron at Tiaho Trust 0800 430 3406 or email: saffron@tiaho.org.nz

Relay For Life 2016. Saturday March 5 – Sunday March 6, Athletic Park, Park Avenue, Whangarei. Each year, more than 4 million people in over 20 countries raise much-needed funds and awareness to save lives from cancer through the Relay For Life movement. Interpreters will be there during Opening Ceremony: 3.45pm Saturday 5th; Candlelight Ceremony: 9pm Saturday 5th; Closing Ceremony: 10am Sunday 6th. More information, contact Natasha csnevents@akansoc.org.nz

Safe People Course. Mondays March 7 - April 11. Offered by Whangarei Anglican Care Trust. Ever wondered why some relationships seem to lead to growth and happiness and others to pain and injury? Facilitated by counsellor Joyce Beehre. Applications close March 2. To be held in the Anglican Care Centre *Te Whare Oranga*, corner Mill Road & Deveron Street, Whangarei, 7pm—8:30 pm. Enquiries and applications, phone 437 6397 or email enquiry@whgcare.org.nz

Volunteers needed: Northland Secondary Schools Aquatics Event: March 9: 10am -1.30pm. Special Olympics NZ are currently looking for volunteers for this event so if you are able to help out in anyway contact 027 455 0062 or corip@specialolympics.org.nz for further details.

Brain Awareness Week 2016 is coming up – Brain Day is Saturday March 12. Or check out the Neurological Foundation's dedicated Brain Awareness Week website www.brainweek.co.nz which features in-depth information about events.

AGM Special Olympics Whangarei: Monday March 14: Special Olympics Whangarei Annual General Meeting 2016. Special Olympics Whangarei are looking for young, energetic people who are interested in sport or keen to give sport a go. If you are interested please do not hesitate to contact David Laird on 0211175234 or Andrew Langford on 0274383993 for further details on how to become a Special Olympics Whangarei athlete or even a volunteer!

Parafed Northland Trivia Night. Saturday March 19. Put your knowledge to the test and join us for an evening of fun and laughter. Spot prizes, games and auctions Starts 6.30pm at FC Football Club Rooms, Rawhiti Road, Morningside, Whangarei Cost: \$90 for a table of 6 Adults (includes Supper) Bar available. For information and to register a team/table contact Vicki on phone 027 476 1991. All proceeds will support the work of Parafed Northland.

Individualised Funding (IF) including Respite. Presented by Lisa Martin, Disability Connect. Central Auckland (Evening) Tuesday March 15, 7-9pm at Disability Connect premises, 3b Olive Road, Penrose. RSVP is essential: Phone (09) 636-0351 or email admin@disabilityconnect.org.nz.

Training – health promotion Forum *Te Pae Mahutonga (TPM) and Māori Health Promotion Planning.* Friday April 15. Whangarei, at venue to be advised. This workshop will explore TPM from within a contemporary context and look into how health promotion practitioners can utilise this model in the planning of their work. For all inquiries please contact Emma Frost by email emma@hauora.co.nz or telephone (09) 300 3734. Visit [facebook](#) page and [website](#) for more on health promotion topics

Parkinson's Northland invitation to members and others to hear guest speakers Monday April 4. Dr Mark Simpson, neurologist – Auckland Hospital and Lorraine MacDonald, movement disorders nurse – Auckland Hospital will talk to the meeting at the Kerikeri RSA, 10am-12.15pm. Morning tea provided. RSVP by March 25, to Trish Ryan 09 437 6878 or email northland@parkinsons.org.nz

Situations Vacant

Lead Coordinator to establish an Achieve 2B Chapter Whangarei. Achieve 2B is an inspiring intercultural program for young people with disabilities, facilitating national and international exchanges. Launching in Whangarei. The volunteer Lead Coordinator role is to connect and facilitate, 10 hours of volunteer work per week, reducing to 4 hours after six months. For more information contact Julia Hartshorne on 0800 223 822 or email info@achieve2b.org.nz

Newsletters – ask if you would like a copy drc@northable.org.nz

Forget-Me-Knot Adult Day Care March Newsletter. Includes information on activities. Anyone wanting to visit the Centre at Boundary Road, Tikipunga with a view to attending, contact 09 4371144 or email forgetme-not@xtra.co.nz

Boccia: Get Rolling Newsletter February 2016. Also see <http://www.boccia.org.nz/>

Deaf Aotearoa. Weekly Community News. Also see <https://deafaotearoa>

Alzheimers News. The magazine for the New Zealand dementia community. Issue 100. Summer 2016. Also see www.alzheimers.org.nz

Information of Interest

Silent Running: Our Family's Journey to the Finish Line with Autism by Robyn K Sneider is the story of how the Sneider family found running as well as Applied Behavior Analysis (ABA) saved their lives and gave them hope. Triumph Books. <http://www.triumphbooks.com/silent-running-products-9781629370910.php>

Being accessible. Do you know about **Arts Access Aotearoa**? Arts Access advocates for people in New Zealand who experience barriers to participation in the arts, as both creators and audience members. The website has numerous resources that are useful for arts groups, arts venues, artists and non-arts groups wanting to run accessible arts programmes. See <http://artsaccess.org.nz/>

In the News

Down Syndrome boy moves 500km for school. Whangarei Leader. February 23. A Far North mum had to move her down syndrome son 500km south after she struggled to find a school that could care for his special needs. Ngaire Tepania moved her son Tre' Williams from Kaeo Primary School to Tokoroa Intermediate because high schools in the Far North were either too far away, not supportive or out of zone. Because of Tre's learning disabilities he needs a full time teacher aide.

Minister to address UN Human Rights Council. Press Release: New Zealand Government. February 26. Disability Issues and Customs Minister Nicky Wagner will tonight travel to Europe to address the 31st session of the Human Rights Council's meeting on the rights of disabled people in Geneva, as well as meeting with Disability Issues and Customs counterparts in London and Brussels.

Jonny Wilkinson: Don't have to live like a refugee. The Northern Advocate. February 29. In recent years the New Zealand Government put a filter on people who could apply for permanent residency in Godzone. Included in the criteria is health issues, so that in particular non-New Zealand residents would not be able to drain our much-coveted free health service. Often we point fingers at the media or antiquated prejudice or sheer ignorance, but sometimes attitudinal influences come right from the top. The quota for UNHCR-mandated refugees to enter New Zealand is set annually by Cabinet. - Jonny Wilkinson is the CEO of Tiaho Trust - Disability A Matter of Perception, a Whangarei based disability advocacy organisation.