



NorthAble
DISABILITY SERVICES

NorthAble Information Update 13/04/2016

NorthAble receives information from our many networks which we disseminate through this *Update*. Feel free to share and use this information. For further information or to place a notice, contact:
Phone: 09 430 0988 / 0508 637-200. Email: drc@northable.org.nz.
Facebook: <https://www.facebook.com/NorthAble> Web: www.northable.org.nz

Events – Seminars – Courses – Meetings

Entries for the 2016 IHC Art Awards are now open. The Awards celebrate the creative talents of New Zealanders with an intellectual disability. This year artists will be asked to submit full entries online for the first time and now the first stage of judging will also take place there. Entries will close at 5pm on Friday 29 April 2016. <http://www.ihc.org.nz/events/art-awards>

Healthy living workshops. Registration closes today! April 13. A Series of five workshops. Topics: Workshop 1—Who Am I? Monday 2nd May; Workshop 2—Healthy Communication, Monday 9th May; Workshop 3—Overcoming Anxiety, Monday 16th May; Workshop 4—Managing Stress, A self-help guide to managing stress & depression, Monday 23rd May, Workshop 5—Coping with Change, Monday 30th May. Facilitated by: Heather Gribben, Counsellor, Anglican Care Centre, 1b Deveron Street, Whangarei, 9.30am-midday. \$10.00 per person per workshop Phone 437 6397 to book.

Understanding Epilepsy. Epilepsy Association of New Zealand Inc Northland Branch a seminar, Kaitaia Thursday April 14, 10-midday. Venue: Kaitaia, Reap Far North, 33 Puckey Ave. To book, phone (09)4385498 or 0272916869 (leave a message) or Email: northland@epilepsy.org.nz

The annual Poppy Day street collection will be held on April 15. Donations will be used to assist aged or infirm or disabled returned servicemen, ex servicemen, wives, widows and dependents.

Boccia 2016 North Island Championships. April 16-17 at the ASB Sports Centre in Kilbirnie, Wellington. This event is the first sanctioned tournament of the year and provides players the opportunity to compete and earn national ranking points. Entry forms available on the Boccia NZ website: <http://www.boccia.org.nz/events.html>

Trivial Pursuit Night for Achieve 2B! Tuesday April 19. 6.30pm – 9pm. Come along to our Fabulous and Fun Quiz Night. A fledging Charitable Trust. Achieve 2B is an inspiring intercultural exchange programme for young people with disabilities. Facilitating National and International exchanges. Quiz venue: RSA, Rust Ave, Whangarei Just \$14 for an Adult Ticket and \$10 for Students! Teams of 6 – 8 welcome! Give a zany name to your team! Purchase tickets before the event. Phone 0800 223 822.

Training – health promotion. Forum *Te Pae Mahutonga (TPM) and Māori Health Promotion Planning*. Friday April 15. Whangarei, venue to be advised. Workshop will explore TPM from within a contemporary context and look into how health promotion practitioners can utilise this model in the planning of their work. Inquiries email emma@hauora.co.nz or telephone (09) 300 3734.

Auckland Disability Law in partnership with the Office of Disability Issues and the Ministry of Social Development's Think Differently Fund is hosting a National Conversation hui about supported decision making (SDM) April 20-21. SDM makes sure disabled people can make choices about their own lives. The Conversation will be held at Waipuna Hotel, Mt Wellington, Auckland. Email info@adl.org.nz for more information.

2016 Halberg Junior Disability Games. The Halberg Disability Sport Foundation is hosting their annual Junior Disability Games at St Peter's School in Cambridge from Friday 22nd - Sunday 24th April. For full event and entry details please visit: <http://www.juniordisabilitygames.org.nz/>

Altogether Autism network meetings are being held in Whangarei and Kerikeri on the 27th and 28th of April, 10am-1pm. These free meetings are open to all: networkers, colleagues, families and Whanau. They include an interactive workshop and Prism training professional development workshop component. RSVP: northland@altogetherautism.org.nz or 09 437 3337 or 0800 273 463 or 0800 ASD INFO. The Kerikeri venue is St John offices, 367 Kerikeri Rd and; in Whangarei, at CCS Disability Action, 291 Kamo Rd, Kamo.

Working with young people? Here is a wonderful training for your practice! RAP provides a powerful alternative to both punitive and permissive approaches. Young persons are enlisted as responsible agents in positive change. RAP deals with problems by focusing on strengths and solutions. Brief "teaching moments" instil positive behaviours and values. Rather than enforcing obedience, RAP sets high expectations for youth to take responsibility and show respect for themselves and others. Spaces limited, to register, please click here [Register Here](#) or email Maureen@praxis.org.nz April 28th & 29th, 9am – 4pm, The Pulse, 59 Raumanga Valley Road, Whangarei.

'Karanga Maha – Many Voices' describes a series of hui/ events for all families and /or whanau. It embraces communities within the CCS Disability Action Northern Region operational boundary which extends from Meremere in the south to Cape Reinga in the Far North. Next Karanga Maha Hui When: 9am 30th April – 3pm 1st May 2016. Where: TBA (Location in Northland. Cost: Free. If you are interested and want to know more, please contact Jonathan Tautari on 027 2899 285 or jonathan.tautari@ccsdisabilityaction.org.nz.

Tiaho Trust and Work and Income are running a series of free seminars throughout Northland to inform about what products and services are available to you/caregivers or whanau. Work and Income will be providing information about their products and services which individuals may apply for if living with a health condition or disability. The Northland DIAS collective including NorthAble and CCS Disability Action will also be providing information on what supports are available. Dates: Whangarei: Tuesday May 17, 10.30am-12.30pm; Manaia PHO, Ratu Room, Rust Avenue, Whangarei. Kaitiaki: Wednesday May 25, 10.30am-12.30pm, Far North Reap Seminar Room, 33 Puckey Ave, Kaitiaki. Kaikohe: Wednesday June 1, 10.30am-12.30pm, Baptist Church, cnr Broadway and Hongi St, Kaikohe. Kerikeri: Thursday June 2, 10.30am-12.30pm, St John Ambulance Station, 367 Kerikeri Rd, Kerikeri. Dargaville: Wednesday June 15, 10.30am-12.30pm, Plunket Room, 29 Hokianga St, Dargaville. Hokianga (Rawene): Wednesday June 22, 10.30am-12.30pm, St John Ambulance Hall, 22 De Thiery St, Rawene. For more information n, please contact Saffron Owen on 09 430 3406. RSVP to saffron@tiaho.org.nz

Information of interest

Have You Registered For 111 TXT? 111 TXT is for deaf people or Hard of hearing people Visit this website for instructions <http://www.police.govt.nz/111-txt/how-register-111-txt>

Aunty Dee for your phone. The purpose of the 'Aunty Dee' wellbeing app is to help people cope with stressful life experiences through support with problem solving. See www.auntydee.co.nz

NorthAble Equipment Plus – EQ+ Update. EQ+ is Northlands largest supplier of Rehab, Aged Care, Disability mobility aids and equipment. We have an extensive range of equipment available for both sale and long and short term hire. We also have Agencies in Kaitiaki and Dargaville, and our Mobile Van Service can provide equipment home demos and travels around Northland. We welcome the opportunity to provide Equipment and DIAS promos to organisations and community groups. For more info, contact www.equipmentplus.co.nz or email equipment@northable.org.nz van ph 027 453 8797, store ph 09 430 3469, store: 73 John St, Whangarei weekdays, and Saturday mornings.

In the News

Volunteers deliver vital fire service. Whangarei Leader, 12-4-16. MP's Corner by Dr Shane Reti. The Hikurangi Volunteer Fire Brigade celebrated an upgrade of their station. It was impressive to clearly see a design that took into account disabled volunteers.

Patients call for cannabis. Northern Advocate, 11-4-16. Kaitia woman Sushila Butt, with daughter Alisha and her support worker Georgia Tait, are pictured giving Green MP David Clendon a petition calling for medical cannabis to be funded for other epilepsy patients.

A Different Light. Northern Advocate. 9-4-16. This week's column opens up discussion around the availability of wheelchair accessible vans in the Far North. Tiaho CEO Jonny Wilkinson calls for people to contact him if they have a van that could be used in an emergency.

Tiny stroke victim - our little boy's giant battle. Woman's Day. 11 April 2016. David was in his high chair when Lucy and Stephen noticed he had lost movement down one side of his body. Three weeks later, David had a second stroke and was diagnosed with a genetic disorder, neurofibromatosis type 1, that causes tumours to form on nerve tissue, as well as moyamoya syndrome, a life-threatening condition that affects blood flow to the brain and can cause strokes.

DHB head upbeat on changes for mental health unit. Northern Advocate. 9-4-16. An external review of Northland's mental health services has found Whangarei Hospital's Tumanako Inpatient Unit is crisis-driven, practises a medication-driven model of care and staff feel overworked, undervalued and unsafe. The review into quality, safety and clinical risk issues across regionwide services, carried out over December and January, has made 39 recommendations.

Big step forward for NZ Sign Language. Radio NZ. 11 April 2016. Deaf secondary students are studying NCEA achievement standards in New Zealand Sign Language for the first time this year.

Boys praised for rescue. Northern Advocate. 9 April 2016. The two students were in the water waiting to catch a "good wave" when they noticed a young woman with special needs, who was wearing clothes rather than swimwear, being swept out to sea.

Date set for step son murder accused. NZ Herald. 8 April 2016. A trial date has been set for the Christchurch man accused of murdering his autistic step son.

Govt wants minimum wage for disabled workers. Radio NZ. 8 April 2016. The government wants firms which employ disabled workers to start paying them the minimum wage. But that's concerned one employer who said he couldn't afford it and might have to consider laying off staff.

Skilled caregivers needed for the revamp of Child, Youth, and Family. Newstalk ZB. 8 April 2016. Advocates say that increased knowledge and skilled caregivers need to be the focus of the revamp of Child, Youth, and Safety when it comes to the caring of disabled children, who are overrepresented.