



NorthAble
DISABILITY SERVICES

NorthAble Information Update 20/04/2016

NorthAble receives information from our many networks which we disseminate through this *Update*. Feel free to share and use this information. For further information or to place a notice, contact:
Phone: 09 430 0988 / 0508 637-200. Email: drc@northable.org.nz.
Facebook: <https://www.facebook.com/NorthAble> Web: www.northable.org.nz

Events – Seminars – Courses – Meetings

Entries for the 2016 IHC Art Awards are now open. The Awards celebrate the creative talents of New Zealanders with an intellectual disability. This year artists will be asked to submit full entries online for the first time and now the first stage of judging will also take place there. Entries close 5pm.

Understanding Epilepsy. Epilepsy Association of New Zealand Inc Northland Branch a seminar, Kaitaia Thursday April 14, 10-midday. Venue: Kaitaia, Reap Far North, 33 Puckey Ave. To book, phone (09)4385498 or 0272916869 (leave a message) or Email: northland@epilepsy.org.nz

Trivial Pursuit Night for Achieve 2B! Tuesday April 19. 6.30pm – 9pm. Come along to our Fabulous and Fun Quiz Night. A fledging Charitable Trust. Achieve 2B is an inspiring intercultural exchange programme for young people with disabilities. Facilitating National and International exchanges. Quiz venue: RSA, Rust Ave, Whangarei Just \$14 for an Adult Ticket and \$10 for Students! Teams of 6 – 8 welcome! Give a zany name to your team! Purchase tickets before the event. Phone 0800 223 822.

Auckland Disability Law in partnership with the Office of Disability Issues and the Ministry of Social Development's Think Differently Fund is hosting a National Conversation hui about supported decision making (SDM) April 20-21. SDM makes sure disabled people can make choices about their own lives. The Conversation will be held at Waipuna Hotel, Mt Wellington, Auckland. Email info@adl.org.nz for more information.

2016 Halberg Junior Disability Games. The Halberg Disability Sport Foundation is hosting their annual Junior Disability Games at St Peter's School in Cambridge from Friday 22nd - Sunday 24th April. For full event and entry details please visit: www.juniordisabilitygames.org.nz/

Altogether Autism network meetings are being held in Whangarei and Kerikeri on the 27th and 28th of April, 10am-1pm. These free meetings are open to all: networkers, colleagues, families and Whanau. They include an interactive workshop and Prism training professional development workshop component. RSVP: northland@altogetherautism.org.nz or 09 437 3337 or 0800 273 463 or 0800 ASD INFO. The Kerikeri venue is St John offices, 367 Kerikeri Rd and; in Whangarei, at CCS Disability Action, 291 Kamo Rd, Kamo.

Working with young people? Here is a wonderful training for your practice! RAP provides a powerful alternative to both punitive and permissive approaches. Young persons are enlisted as responsible agents in positive change. RAP deals with problems by focusing on strengths and solutions. Brief "teaching moments" instil positive behaviours and values. Rather than enforcing obedience, RAP sets high expectations for youth to take responsibility and show respect for themselves and others. Spaces limited, to register, please click here [Register Here](#) or email Maureen@praxis.org.nz April 28th & 29th, 9am – 4pm, The Pulse, 59 Raumanga Valley Road, Whangarei.

'Karanga Maha – Many Voices' describes a series of hui/ events for all families and /or whanau. It embraces communities within the CCS Disability Action Northern Region operational boundary which extends from Meremere in the south to Cape Reinga in the Far North. Next Karanga Maha Hui When: 9am 30th April – 3pm 1st May 2016. Where: Oturei Marae located on Oturei Settlement Rd, Aoroa, Kaipara. Cost: Free. If you are interested and want to know more, please contact Jonathan Tautari on 027 2899 285 or jonathan.tautari@ccsdisabilityaction.org.nz.

Community meeting – Wellsford. The first community meeting of the year is scheduled for Tuesday May 3 at 2 pm at the St John Hall, Wellsford. Organised through Coast to Coast Hauora Trust 09 423 6006, the meeting is open to community networkers and all interested people.

Trikes NZ will be in the Upper North Island in May – Whangarei May 12 at Kensington Stadium, Kensington Park, Western Hills Drive, 10am-2pm. Demos of trikes, hand cycles, recumbents, adjustments, quotes, set ups. Free entry. Contact Brian@trikesnz.co.nz or phone 06 3478272. See www.trikesnz.co.nz and www.facebook.com/trikesnz

Northland Civil Defence Forum 2016. Thursday May 12. 9am-1pm Captaine Bougainville Theatre, Forum North, Whangarei. Morning tea and lunch will be provided. Speakers and topics include: national tsunami exercise Tangaroa; Mark Richards, NZ Red Cross – Daly River Response; National Welfare reforms and the impact on Northland; The new international Red Cross Hazard app; Her Worship the Mayor of Whangarei Sheryl Mai. RSVP Kim Abbott kimab@nrc.govt.nz Ph 09 470 1200.

Tiaho Trust and Work and Income are running a series of free seminars throughout Northland to inform about what products and services are available to you/caregivers or whanau. Work and Income will be providing information about their products and services which individuals may apply for if living with a health condition or disability. The Northland DIAS collective including NorthAble and CCS Disability Action will also be providing information on what supports are available. Dates: Whangarei: Tuesday May 17, 10.30am-12.30pm; Manaia PHO, Ratu Room, Rust Avenue, Whangarei. Kaitiaki: Wednesday May 25, 10.30am-12.30pm, Far North Reap Seminar Room, 33 Puckey Ave, Kaitiaki. Kaikohe: Wednesday June 1, 10.30am-12.30pm, Baptist Church, cnr Broadway and Hongi St, Kaikohe. Kerikeri: Thursday June 2, 10.30am-12.30pm, St John Ambulance Station, 367 Kerikeri Rd, Kerikeri. Dargaville: Wednesday June 15, 10.30am-12.30pm, Plunket Room, 29 Hokianga St, Dargaville. Hokianga (Rawene): Wednesday June 22, 10.30am-12.30pm, St John Ambulance Hall, 22 De Thiery St, Rawene. For more information n, please contact Saffron Offen on 09 430 3406. RSVP to saffron@tiaho.org.nz

Registration for taster classes is now OPEN! Every May, Deaf Aotearoa promotes New Zealand Sign Language (NZSL). As part of this event, Deaf Aotearoa provides FREE 45-minute NZSL classes to businesses and organisations like education, community, Maori or healthcare service provider around the country. Classes are limited, so sign up now! For more information, visit Deaf Aotearoa near you or contact us on 0800 332 322. To register, go to: <http://deaf.org.nz/tasterclasses2016> Or, if you prefer, **NorthAble** will be holding its taster class on Tuesday 17 May, 1:00pm - 2:00pm at NorthAble LYNKZ premises, 65 John Street, Whangarei. Call Richard Pollard 09 430 0988 or email richard.pollard@northable.org.nz for more.

National Huntington's Disease Association are holding their annual conference on May 14 & 15 2016, Waipuna Hotel & Conference Centre, Auckland. Enquiries/Registration Forms to: Huntington's Disease Association (Auckland) Inc. Box 16 181, Sandringham, Auckland 1351 Email: admin.hda@vodafone.co.nz Phone: 09 815 9703, web www.hdauckland.com.nz

MS Support Group get-together. Saturday 7th May 10.30am—12.00, in the lounge, Old Town Hall, 71 Bank St, Whangarei. (Entry from side door—opposite Ezumi) Come along for an informal chat, share your thoughts on symptoms and other aspects of MS, offer support to those newly diagnosed. Partners and family members welcome Tea, Coffee and light morning tea provided. Coming up - World MS Day 25th May 2016, MS Awareness Week 29 August—4th September. MS Street Appeal Friday 2nd September 2016.

Information of interest

“Get them talking” cards - these encourage people to discuss Advance Care planning to a greater degree of autonomy. The awareness campaign is being held this month and more information is available from www.advancecareplanning.org.nz

NorthAble Equipment Plus – EQ+ Update. EQ+ is Northlands largest supplier of Rehab, Aged Care, Disability mobility aids and equipment. We have an extensive range of equipment available for both sale and long and short term hire. We also have Agencies in Kaitia and Dargaville, and our Mobile Van Service can provide equipment home demos and travels around Northland. We welcome the opportunity to provide Equipment and DIAS promos to organisations and community groups. For more info, contact www.equipmentplus.org.nz or email equipment@northable.org.nz van ph 027 453 8797, store ph 09 430 3469, store: 73 John St, Whangarei weekdays, and Saturday mornings.

Responsiveness Training for Northland Businesses – Tiaho Trust Survey The following survey has been created to help improve customer service for a large market sector. Your responses are welcomed as they will help provide better service: Click: www.surveymonkey.com/r/KGB5VL2

Join The Conversation On A New Disability Strategy. *Live a Good Life* has been created so you can help build a new disability strategy for New Zealand. Join the conversation on how disabled New Zealanders and their whānau can live a good life, feel valued, supported and able to participate in their communities. The new disability strategy, to be developed by the Office for Disability Issues, will provide clear direction for the government over the next ten years, helping them to make informed decisions on issues that impact disabled people. Visit www.jointheconversation.nz today to fill in a survey, record a video, register for an event or find out how to run your own workshop.

In the News

Best buddies ride out hard times. Northern Advocate, 16 April 2016. Like most 4-year old-boys, Tate was extremely active and loved to spend his days tearing around outside. That all cruelly ground to a halt as the bone-dissolving Perthes disease rendered him sedentary.

Tournament raises close to \$11k for cystic fibrosis. Northern Advocate, Friday Apr 15, 2016. Some days out on the course, golf is the winner. But the 9th annual Cystic Fibrosis LJ Hooker golf tournament has left Cystic Fibrosis Northland the winner to the tune of just under \$11,000.

Autism book offers strategies for teachers. Massey University. 15 April 2016. A book offering practical approaches for teaching those with autism spectrum disorder (ASD) is aimed at building the confidence of classroom teachers who can make a big difference to the learning of young people. *Autism Spectrum Disorder in Aotearoa New Zealand: Promising practices and interesting issues* is available from NZCER Press.

Exclusion of problem students "very common". Checkpoint - Radio New Zealand. 13 April 2016
The disability advocacy group, the IHC, says schools are demonising children with special needs. The IHC says children are being demonised and denied their right to an education because of a lack of special needs support.

Building a new disability strategy for New Zealand. Government Press Release. 13 April 2016
Disability Issues Minister Nicky Wagner is encouraging New Zealanders to have their say on issues that affect disabled people as public consultation on building a new disability strategy begins. The new disability strategy will establish a clear direction for the government over the next ten years, providing a framework to help make informed decisions on issues that impact disabled people.