



NorthAble
DISABILITY SERVICES

NorthAble Information Update 27/04/2016

NorthAble receives information from our many networks which we disseminate through this *Update*. Feel free to share and use this information. For further information or to place a notice, contact:
Phone: 09 430 0988 / 0508 637-200. Email: drc@northable.org.nz.
Facebook: www.facebook.com/NorthAble Web: www.northable.org.nz

Events – Seminars – Courses – Meetings

Altogether Autism network meetings are being held in Whangarei and Kerikeri on the 27th and 28th of April, 10am-1pm. These free meetings are open to all: networkers, colleagues, families and Whanau. They include an interactive workshop and Prism training professional development workshop component. RSVP: northland@altogetherautism.org.nz or 09 437 3337 or 0800 273 463 or 0800 ASD INFO. The Kerikeri venue is St John offices, 367 Kerikeri Rd and; in Whangarei, at CCS Disability Action, 291 Kamo Rd, Kamo.

Working with young people? Here is a wonderful training for your practice! RAP provides a powerful alternative to both punitive and permissive approaches. Young persons are enlisted as responsible agents in positive change. RAP deals with problems by focusing on strengths and solutions. Brief “teaching moments” instil positive behaviours and values. Rather than enforcing obedience, RAP sets high expectations for youth to take responsibility and show respect for themselves and others. Spaces limited, to register, please click here [Register Here](#) or email Maureen@praxis.org.nz April 28th & 29th, 9am – 4pm, The Pulse, 59 Raumanga Valley Road, Whangarei.

Healing Voices screening. The Hearing Voices Network Aotearoa NZ in conjunction with ISPS, and Affinity NZ holding a screening of the Movie Healing Voices. This new social action documentary will be at the Caffer Suite, Forum North, Whangarei, April 29, doors open 6pm, film screening 6.30pm. Written and Directed by PJ Moynihan of Digital Eyes Film, Healing Voices explores the experience commonly labelled as 'psychosis' through the stories of real-life individuals, and asks the question: What are we talking about when we talk about 'mental illness'? The documentary is ideal for individuals with lived experience in the mental health system, educators, peer counsellors, advocates, researchers, psychiatrists, psychologists, healthcare workers, first responders, family members, or anyone who has been touched by mental health issues in their life. Movie trailer here www.healingvoicesmovie.com/trailer-2/ Radio interview: www.soundcloud.com/kinkfm/healing-voices

‘Karanga Maha – Many Voices’ describes a series of hui/ events for all families and /or whanau. It embraces communities within the CCS Disability Action Northern Region operational boundary which extends from Meremere in the south to Cape Reinga in the Far North. Next Karanga Maha Hui When: 9am 30th April – 3pm 1st May 2016. Where: Oturei Marae located on Oturei Settlement Rd, Aoroa, Kaipara. Cost: Free. If you are interested and want to know more, please contact Jonathan Tautari on 027 2899 285 or jonathan.tautari@ccsdisabilityaction.org.nz.

Community meeting – Wellsford. The first community meeting of the year is scheduled for Tuesday May 3 at 2 pm at the St John Hall, Wellsford. Organised through Coast to Coast Hauora Trust 09 423 6006, the meeting is open to community networkers and all interested people.

MS Support Group get-together. Saturday 7th May 10.30am—12.00, in the lounge, Old Town Hall, 71 Bank St, Whangarei. (Entry from side door—opposite Ezumi) Come along for an informal chat, share your thoughts on symptoms and other aspects of MS, offer support to those newly diagnosed. Partners and family members welcome Tea, Coffee and light morning tea provided.

Get-together for youth 12-18. May 11, 4-5.30pm, Manaia Health PHO, 28-30 Rust Ave, Whangarei. An invitation to plan, share and design toward a regular group for young people with long term health conditions. Come and help plan how to make it happen! If you can come, text, email or phone Bronwyn 021 756 199, bronwyn@manaiapho.co.nz. Send a yes and your name. Food supplied!

Trikes NZ will be in the Upper North Island in May – Whangarei May 12 at Kensington Stadium, Kensington Park, Western Hills Drive, 10am-2pm. Demos of trikes, hand cycles, recumbents, adjustments, quotes, set ups. Free entry. Contact Brian@trikesnz.co.nz or phone 06 3478272. See www.trikesnz.co.nz and www.facebook.com/trikesnz

Northland Civil Defence Forum 2016. Thursday May 12. 9am-1pm Captaine Bougainville Theatre, Forum North, Whangarei. Morning tea and lunch will be provided. Speakers and topics include: national tsunami exercise Tangaroa; Mark Richards, NZ Red Cross – Daly River Response; National Welfare reforms and the impact on Northland; The new international Red Cross Hazard app; Her Worship the Mayor of Whangarei Sheryl Mai. RSVP Kim Abbott kimab@nrc.govt.nz Ph 09 470 1200.

Tiaho Trust and Work and Income are running a series of free seminars throughout Northland to inform about what products and services are available to you/caregivers or whanau. Work and Income will be providing information about their products and services which individuals may apply for if living with a health condition or disability. The Northland DIAS collective including NorthAble and CCS Disability Action will also be providing information on what supports are available. Dates: Whangarei: Tuesday May 17, 10.30am-12.30pm; Manaia PHO, Ratu Room, Rust Avenue, Whangarei. Kaitaia: Wednesday May 25, 10.30am-12.30pm, Far North Reap Seminar Room, 33 Puckey Ave, Kaitaia. Kaikohe: Wednesday June 1, 10.30am-12.30pm, Baptist Church, cnr Broadway and Hongi St, Kaikohe. Kerikeri: Thursday June 2, 10.30am-12.30pm, St John Ambulance Station, 367 Kerikeri Rd, Kerikeri. Dargaville: Wednesday June 15, 10.30am-12.30pm, Plunket Room, 29 Hokianga St, Dargaville. Hokianga (Rawene): Wednesday June 22, 10.30am-12.30pm, St John Ambulance Hall, 22 De Thiery St, Rawene. For more information n, please contact Saffron Offen on 09 430 3406. RSVP to saffron@tiaho.org.nz

NZSL taster classes! Every May, Deaf Aotearoa promotes New Zealand Sign Language (NZSL) by providing FREE 45-minute NZSL classes to businesses and organisations around the country. For more information on local classes visit a Deaf Aotearoa near you or contact 0800 332 322. **NorthAble** will be hosting a taster class on Tuesday 17 May, 1:00pm - 2:00pm at NorthAble LYNKZ premises, 65 John Street, Whangarei. Call Richard Pollard 09 430 0988 or email richard.pollard@northable.org.nz for more information.

National Huntington's Disease Association are holding their annual conference on May 14 & 15 2016, Waipuna Hotel & Conference Centre, Auckland. Enquiries/Registration Forms to: Huntington's Disease Association (Auckland) Inc. Box 16 181, Sandringham, Auckland 1351 Email: admin.hda@vodafone.co.nz Phone: 09 815 9703, web www.hdauckland.com.nz

NZSL Week PechaKucha Event– New date is Wednesday May 18 at ONEONESIX, 116A Bank Street, Whangarei, 7:00pm – 9:30pm. A fabulous lineup of Deaf Presenters talking on aspects of Deaf World. PechaKucha format is 20 slides and each slide 20 seconds - Fast, Fun, and Fantastic!

Coming up - World MS Day 25th May 2016, MS Awareness Week 29 August—4th September. MS Street Appeal Friday 2nd September 2016.

Information of interest

Ever wished you had NZSL help when visiting Auckland and navigating public transport? Auckland Transport has developed an NZSL video about the services provided by AT Metro for customers with disabilities. Search facebook – Auckland Transport.

Situations Vacant

SOS Kaipara are looking for a Programme Facilitator. We are looking for a male facilitator to join our team of facilitators delivering a Healthy Relationship Programme in schools. Applicants must have: an understanding of sexual violence, experience delivering prevention/content material, experience facilitating/presenting to young people, experience dealing with diverse cultural contexts. Applications close midday May16. For further information contact: Pushpa Joyce, Service Coordinator 09 439 6070. Please send CV and Covering Letter to: S.O.S Kaipara, PO Box 249, Dargaville sos@maxnet.co.nz

In the News

A Different Light Column. Northern Advocate. April 23, 2016. Columnist Jonny Wilkinson, CEO of Tiaho Trust - Disability A Matter of Perception. A Whangarei based disability advocacy organisation. It is alarming to see that in the spate of recent attacks dog attacks it is the vulnerable of society who are being mauled by descendants of these dogs. It is ironic that the owners of these volatile creatures more often than not are younger Macho men with something to prove and that those ending up in hospital are the vulnerable of society: the children, pregnant women, the elderly and the disabled, who pose no threat to these owners. Column points out that it's not about laying blame, and suggests weaning the aggressive dogs out of communities to restore the simple pleasure to all of enjoying your own neighbourhoods without fear.

Tragedy triggers alert. Northern Advocate, 20 April 2016. People stopping to take selfies and scenic photos have been urged by Police to take caution after an intellectually disabled man died having his photo taken as a Canterbury beauty spot.

10,000 most vulnerable cost \$6.5billion over lifetime. Northern Advocate, 20 April 2016. Those 10,000 people have very challenging lives and a lot of government programmes haven't had much impact on changing their lives, says Finance Minister Bill English.

Falls Estate capacity to grow by one third. Northern Advocate, 20 April 2016. The Falls Estate is undergoing a major renovation that will see the number of villas and units increase by one third.

Hard subject tackled in new guide. Northern Advocate, 20 April 2016. Dying and death are difficult subjects at the best of times and even more so when the public resources available are not culturally appropriate. So to help make the subjects easier to deal with, Northland District Health Board has created a new resource to help make it easier for Maori - a carved waka to ease the journey.

Grey Power: Legalise dope. Northern Advocate, 20 April 2016. A group of rebellious Northland retirees are the latest to throw their weight behind the legalise cannabis movement saying they want to have the choice around dying pain-free.