



NorthAble
DISABILITY SERVICES

NorthAble Information Update 11/05/2016

NorthAble receives information from our many networks which we disseminate through this *Update*. Feel free to share and use this information. For further information or to place a notice, contact:
Phone: 09 430 0988 / 0508 637-200. Email: drc@northable.org.nz.
Facebook: www.facebook.com/NorthAble Web: www.northable.org.nz

Events – Seminars – Courses – Meetings

Shot Bro... Confessions of a Depressed Bullet. Starts today. A show at 116 Bank Street from Rob Mokaraka and Erina Daniels, based on Rob's relationship with depression, and centred around creating safe and healthy conversations on the issue for those who attend, and their whanau. 6:30pm 11th - 13th May, 2:30pm 14th May. 116 Bank Street. Koha. Contact Ash Holwell and Company of Giants www.facebook.com/companyofgiants/

Guide to Autism workshops in Northland featuring Paediatrician/Author Dr Paul Taylor. The 3 hour workshops are FREE for families/whanau & professionals. Content covers: Understanding autism, strategies for behaviour and a Q & A session. Families/whanau who have a child living with autism also receive a complimentary 'A Beginners Guide to ASD' book by Dr Paul Taylor. **Kerikeri:** Wed 11 May, 9am-12pm, Masonic Hall, 2 Cobham Road, Kerikeri. **Kaiwaka:** Wed 11 May, 4– 6pm, Kaiwaka Sports Assoc, 2 Gibbons Rd, Kaiwaka.
Register www.autism.org.nz/a-guide-to-autism-northland-workshops-9-11-may-2016 ph: 09 415 740.

Get-together for youth aged 12-18. May 11, 4-5.30pm, Manaia Health PHO, 28-30 Rust Ave, Whangarei. An invitation to plan, share and design toward a regular group for young people with long term health conditions. Come and help plan how to make it happen! If you can come, text, email or phone Bronwyn 021 756 199, bronwynh@manaiapho.co.nz. Send a yes and your name. Food supplied!

Trikes NZ will be in the Upper North Island in May – Whangarei May 12 at Kensington Stadium, Kensington Park, Western Hills Drive, 10am-2pm. Demos of trikes, hand cycles, recumbents, adjustments, quotes, set ups. Free entry. Contact Brian@trikesnz.co.nz or phone 06 3478272. See www.trikesnz.co.nz and www.facebook.com/trikesnz

Northland Civil Defence Forum 2016. Thursday May 12. 9am-1pm Captaine Bougainville Theatre, Forum North, Whangarei. Morning tea and lunch will be provided. Speakers and topics include: national tsunami exercise Tangaroa; Mark Richards, NZ Red Cross – Daly River Response; National Welfare reforms and the impact on Northland; The new international Red Cross Hazard app; Her Worship the Mayor of Whangarei Sheryl Mai. RSVP Kim Abbott kimab@nrc.govt.nz Ph 09 470 1200.

National Huntington's Disease Association are holding their annual conference on May 14 & 15 2016, Waipuna Hotel & Conference Centre, Auckland. Enquiries/Registration Forms to: Huntington's Disease Association (Auckland) Inc. Box 16 181, Sandringham, Auckland 1351 Email: admin.hda@vodafone.co.nz Phone: 09 815 9703, web www.hdauckland.com.nz

The 31st Birthday celebrations for Northland Youth Theatre on the 14th of May. We have a theatre making workshop free to all under 15's and \$10 for any one older being hosted by Company of Giants, 116 Bank St, Whangarei. On the 14th of May. So if you know anyone keen on making theatre. Let me know. We are keen to get new young people involved. Come and play! Please book tickets at nytbookings@gmail.com See www.facebook.com/events/780431745396053/

Tiaho Trust and Work and Income are running a series of free seminars throughout Northland to inform about what products and services are available to you/caregivers or whanau. Work and Income will be providing information about their products and services which individuals may apply for if living with a health condition or disability. The Northland DIAS collective including NorthAble and CCS Disability Action will also be providing information on what supports are available. Dates: Whangarei: Tuesday May 17, 10.30am-12.30pm; Manaia PHO, Ratu Room, Rust Avenue, Whangarei. Kaitia: Wednesday May 25, 10.30am-12.30pm, Far North Reap Seminar Room, 33 Puckey Ave, Kaitia. Kaikohe: Wednesday June 1, 10.30am-12.30pm, Baptist Church, cnr Broadway and Hongi St, Kaikohe. Kerikeri: Thursday June 2, 10.30am-12.30pm, St John Ambulance Station, 367 Kerikeri Rd, Kerikeri. Dargaville: Wednesday June 15, 10.30am-12.30pm, Plunket Room, 29 Hokianga St, Dargaville. Hokianga (Rawene): Wednesday June 22, 10.30am-12.30pm, St John Ambulance Hall, 22 De Thiery St, Rawene. For more information n, please contact Saffron Offen on 09 430 3406. RSVP to saffron@tiaho.org.nz

NZSL taster classes! Every May, Deaf Aotearoa promotes New Zealand Sign Language (NZSL) by providing FREE 45-minute NZSL classes to businesses and organisations around the country. For more information on local classes visit a Deaf Aotearoa near you or contact 0800 332 322. **NorthAble** will be hosting a taster class on Tuesday 17 May, 1:00pm - 2:00pm at NorthAble LYNKZ premises, 65 John Street, Whangarei. Call Richard Pollard 09 430 0988 or email richard.pollard@northable.org.nz for more information.

NZSL Week – PechaKucha. Wednesday 18 May, 7.00pm - 9.30pm, ONEONESIX, 116A Bank Street, Whangarei. Come along and join the fun. PechaKucha is a world-wide phenomenon where presenters can stand up and have their say on anything they feel passionate about. The rules are – you are only allowed 20 slides, and each one is only 20 seconds long. Six minutes and forty seconds is all you have! We have a fabulous line up of Deaf and hearing people, all presenting on various aspects of “The Deaf World. “It’s fast, it’s fun, and you are guaranteed to be entertained. Bring your family and friends, for this unique insight into the Deaf Community’s very rich culture.

‘Join the Conversation’ on Friday 20 May 2016, 10am – 1pm, at Forum North, 7 Rust Avenue and help build a new Disability Strategy for New Zealand. What are the most important things for you and your whānau to live a good life? The new strategy will provide clear direction for the government over the next ten years, helping them to make informed decisions on issues that impact disabled people. Tiaho Trust is helping to host a public event in Whangarei called Whangarei. The Office for Disability Issues is leading the strategy development process, and Director Megan McCoy will also be attending the event. If you can’t come along on 20 May, you can visit www.jointheconversation.nz to give your views. Bear in mind, the survey closes on 22nd May 2016.

Mental Health/Addiction Panui. A call out to our people who with Māori whānau in the Mental Health & Addiction services and roles in Te Tai Tokerau Northland. We are coming together in Kawakawa this month 20 May 10.00am – 2.00pm to strengthen our network. Whānau we will be meeting at Ngāti Hine Health Trust 3-5 Rayner Street. Join us. RSVP to segina@hauorawhanui.co.nz. #mauriora #kawakawa #onlyinAotearoa #MāoriNetworks

Parafed Northland Adaptive Football Programme. Tuesdays from May 24-28th June. 4.30-5.30pm. Play football, learn new skills! Open to 5-21 year olds with a physical impairment who are either ambulant or use a walker or stick for mobility. Invitation extended to siblings. Tikipunga Sports Park, Reed St, Whangarei. Register, contact Jo Burgess email: admin@parafednorthland.co.nz or phone 027 795 9520. For more information go to www.halbergallsports.co.nz/events or search Halberg Disability Sport Foundation on Facebook.

Working Together for Vulnerable Kids - FREE Seminar - Kaikohe 24th May 2016. These seminars are an opportunity to create a child protection network in your community. Exploring the current landscape of child protection, what defines a vulnerable child and the role each person has in keeping children safe this seminar provides a great foundation in how to work together for vulnerable kids. These seminars are designed for professionals working with children, including teachers, health workers, and social service providers. www.childmatters.org.nz/186/child-protection-training/seminars

World MS Day 25th May 2016, MS Awareness Week 29 August—4th September. MS Street Appeal Friday 2nd September 2016

Northland Powerchair Football - Skills, Drills and Fun. Time 10.30am - 1.00pm. Date Sunday, 29 May, 2016. Venue ASB Stadium, Kensington Park, Western Hills Drive, Whangarei. Come along and learn about powerchair football - an active sport for powerchair users requiring teamwork, skill and competitiveness. To register, or for further information, contact Jo Burgess on 027 705 9520 or admin@parafednorthland.co.nz. For more information go to www.halbergallsports.co.nz/events or search Halberg Disability Sport Foundation on Facebook.

Petting Zoo – diary it now. Sunday 17 July 'Northland Equestrian Petting Zoo' inside at the stables at 2760 SH1 Ruakaka. Animal petting zoo, bouncy castle, activities, pony rides, food and drinks and more. Family fun for all ages. Part of the petting zoo is concreted and hardened - wheelchair friendly. Free entry. Fundraiser for SPCA. Between 10am -3 pm contact Maryke 021 0668 546. See website www.northlandequestrian.co.nz or Facebook www.facebook.com/NorthlandEquestrian

Information of Interest

LYNKZ Needs you! Vote for us to receive a share of \$4,000 from Z Kamo Service Station. We're one of the four groups being supported through Good in the Hood at Z Kamo Service Station. That means we'll get a share of \$4,000 from Z Kamo Service Station—but how much depends on how many votes we get! To vote for us, all you need to do is buy something from Z Kamo Service Station during May. You'll be given an orange token to put in the voting box. So please head down to Z Kamo Service Station during May and vote for us!

In the News

Cowardly gang bullies disabled man on train with torrent of abuse. Daily Telegraph Sydney May 11. Holding a school-wide special assembly yesterday following media coverage of the altercation, Georges River College principal brought in police to reinforce its seriousness to students. The previous evening, passenger Chelsea Jane filmed six students, who have since been suspended, mocking the man who has a developmental disability as he travelled alone.

Olympics: Foy named in para-cycling team. Northern Advocate Tuesday May 10, 2016 Emma Foy is pictured after winning a gold medal in the Women's B 3km Pursuit at the UCI Para-Cycling Track World Championships in Italy – and now named in the Olympic para-cycling team.

Air NZ take 58 sick and disadvantaged kids for a whirl around the country. Northern Advocate May 8, 2016. Fifty-eight sick and disadvantaged children are taking a scenic flight around New Zealand today. The Air New Zealand Koru Care flight, operated by the 787-9 Dreamliner, departed the domestic terminal in Auckland at midday. Seven-year-old Isaiah Salisbury from Whangarei was one of those on board the flight along with mother Dawn Salisbury.

A Different Light. Changing the way we see disability. Northern Advocate. Saturday May 7. Columnist and Tiaho CEO Jonny Wilkinson says They were heady times in 2001. Well, they were for the disability community. This was year zero for the unleashing of the New Zealand Disability Strategy. This beast was a completely different enchilada. It was a whole new approach.

Review of disability strategy. TV One. 6 May on Breakfast 6:54am. Disability Issues Minister Nicky Wagner notes that the country's initial strategy was 'world-leading' when it was launched in 2001. Disability advisory group chair Victoria Manning claims that she would like to see more barriers removed for disabled people through policies and funding. www.tvnz.co.nz/ondemand/breakfast

A metre tall but living large. New Zealand Herald. 6 May. "I live in a world where nothing fits. I am 3 feet tall and wheelchair reliant but am anything but disabled," says Samuel Gibson, 39. [Video here](#)