



**NorthAble**  
DISABILITY SERVICES

### NorthAble Information Update 25/5/2016

NorthAble receives information from our many networks which we disseminate through this *Update*. Feel free to share and use this information. For further information or to place a notice, contact:  
Phone: 09 430 0988 / 0508 637-200. Email: [drc@northable.org.nz](mailto:drc@northable.org.nz).  
Facebook: [www.facebook.com/NorthAble](http://www.facebook.com/NorthAble) Web: [www.northable.org.nz](http://www.northable.org.nz)

### Events – Seminars – Courses – Meetings

**Tiaho Trust and Work and Income** are running a series of free seminars throughout Northland to inform about what products and services are available to you/caregivers or whanau. Also Northland DIAS collective, CCS Disability Action. Dates: Kaitaia: Wednesday May 25, 10.30am-12.30pm, Far North Reap Seminar Room, 33 Puckey Ave, Kaitaia. Kaikohe: Wednesday June 1, 10.30am-12.30pm, Baptist Church, cnr Broadway and Hongi St, Kaikohe. Kerikeri: Thursday June 2, 10.30am-12.30pm, St John Ambulance Station, 367 Kerikeri Rd, Kerikeri. Dargaville: Wednesday June 15, 10.30am-12.30pm, Plunket Room, 29 Hokianga St, Dargaville. Hokianga (Rawene): Wednesday June 22, 10.30am-12.30pm, St John Ambulance Hall, 22 De Thiery St, Rawene. For more information, please contact Arlene on 09 430 3406. RSVP to [arlene@tiaho.org.nz](mailto:arlene@tiaho.org.nz)

**Certificate of Achievement in Introducing Health Promotion shortcourses:** Kaitaia Shortcourse **Date:** BLOCK ONE: 24-27 May, 2016. BLOCK TWO: 21-24 June, 2016. **Venue:** Hope Christian Centre, Te Reinga St, Kaitaia 0410. **Registrations** open. Visit the [facebook](#) page and [website](#). Contact Emma Frost by email [emma@hauora.co.nz](mailto:emma@hauora.co.nz) or telephone (09) 300 3734.

**Parafed Northland Adaptive Football Programme.** Tuesdays from May 24-28<sup>th</sup> June. 4.30-5.30pm. Play football, learn new skills! Open to 5-21 year olds with a physical impairment who are either ambulant or use a walker or stick for mobility. Invitation extended to siblings. Tikipunga Sports Park, Reed St, Whangarei. Register, contact Jo Burgess email: [admin@parafednorthland.co.nz](mailto:admin@parafednorthland.co.nz) or phone 027 795 9520. For more information go to [www.halbergallsports.co.nz/events](http://www.halbergallsports.co.nz/events) or search Halberg Disability Sport Foundation on Facebook.

**Kiss goodbye to MS.** Wear Red Lipstick, Clothes, hair, whatever! Wednesday May 25: WORLD MS DAY. Why not hold a 'wear red day' in your office – for a gold coin donation to NORTHLAND MS A local charity supporting the local community.

**LYNKZ Social.** Friday May 27, LYNKZ Building, 65 John Street, Whangarei. Theme: Cowboy and Cowgirls 6.30pm – 9.00pm. \$5 per ticket. Bring a plate of snacks. Contact Michelle on 09 430 3470, email [michelle.watts@northable.org.nz](mailto:michelle.watts@northable.org.nz)

**Child Poverty Action Group:** Special lunch the day after the Budget has been announced, on Friday May 27 at 11.30pm - 2pm, at Manaia PHO rooms, Rust Ave. A chance for us to reflect with national speakers on the implications of the Budget, especially in relation to child and whānau poverty... as well as discussing local responses to local issues like housing and welfare that relate to poverty. If you can come, rsvp to [www.cpag.org.nz/the-latest/upcoming-events/](http://www.cpag.org.nz/the-latest/upcoming-events/) for catering purposes.

**Northland Powerchair Football** - Skills, Drills and Fun. Time 10.30am - 1.00pm. Date Sunday, 29 May, 2016. Venue ASB Stadium, Kensington Park, Western Hills Drive, Whangarei. Come along and learn about powerchair football - an active sport for powerchair users requiring teamwork, skill and competitiveness. To register, or for further information, contact Jo Burgess on 027 705 9520 or [admin@parafednorthland.co.nz](mailto:admin@parafednorthland.co.nz). For more information go to [www.halbergallsports.co.nz/events](http://www.halbergallsports.co.nz/events) or search Halberg Disability Sport Foundation on Facebook.

**Pacifica people!** - free Whangarei workshop on Pacific Suicide Prevention. June 8-9 Venue to be confirmed. Organised through Le Va, the National Pacific Workforce Provider in Pacific Suicide Prevention, Mental Health and Addictions, Disabilities -[www.leva.co.nz/contact](http://www.leva.co.nz/contact) The FLO Talanoa Pacific Suicide Prevention workshop takes you on a journey utilizing pacific models of health. For more information, email [tpreston@northtec.ac.nz](mailto:tpreston@northtec.ac.nz)

**Petting Zoo – diary it now.** Sunday 17 July 'Northland Equestrian Petting Zoo' inside at the stables at 2760 SH1 Ruakaka. Animal petting zoo, bouncy castle, activities, pony rides, food and drinks and more. Family fun for all ages. Part of the petting zoo is concreted and hardened - wheelchair friendly. Free entry. Fundraiser for SPCA. Between 10am -3 pm contact Maryke 021 0668 546. See website [www.northlandequestrian.co.nz](http://www.northlandequestrian.co.nz) or Facebook [www.facebook.com/NorthlandEquestrian](http://www.facebook.com/NorthlandEquestrian)

**Motor Neurone Disease update:** The David Oliver Award Nominations June 21 which is also MND International Awareness Day. For more information about the Award please click on the link [www.mnda.org.nz/pdf/David\\_Oliver\\_BeaconAward.pdf](http://www.mnda.org.nz/pdf/David_Oliver_BeaconAward.pdf) For more information on Motor Neurone Disease, go to: [www.mnda.org.nz](http://www.mnda.org.nz) and [www.facebook.com/mndanz](http://www.facebook.com/mndanz) and [www.walk2dfeetmnd.co.nz](http://www.walk2dfeetmnd.co.nz) and [www.facebook.com/Walk2DFeetMNDNZ](http://www.facebook.com/Walk2DFeetMNDNZ)

**Gout Champions** are trained about gout to myth bust and give accurate information. Support workers, community health workers, health promoters, social workers, non-medical community workers – another tool in the kete! Interactive programme consists of 4 modules providing information about gout and gout management, a supportive process to enable participants to develop confidence in order to support Whanau effectively manage gout, resources, health and community links.

**Whangarei Community Gout Champions** 9-1pm Manaia PHO. 28 June and 7 July.

**Mid North Community Gout Champions** 10-1.30pm Kaikohe Medical Centre. 29 June and 12 July; also 10-1.30pm Ringa Atawhai Okaihau. Thursday 30 June and 13 July.

**Kaitia Community Gout Champions** Venue TBC 14 July 9-1pm and 28 July 9-1pm.

Interested? Register with Georgia Grant-Mackie, Māori Arthritis Educator, Arthritis New Zealand Northern Region. Ph: (09) 523 8900. DDI: (09) 523 8912. Mobile: (027) 603 3281. Tollfree: (0800) 663 463. Email: [georgia.grant-mackie@arthritis.org.nz](mailto:georgia.grant-mackie@arthritis.org.nz)

### Information of Interest

**LYNKZ Needs you!** Vote for us to receive a share of \$4,000 from Z Kamo Service Station. We're one of the four groups being supported through Good in the Hood at Z Kamo Service Station. That means we'll get a share of \$4,000 from Z Kamo Service Station—but how much depends on how many votes we get! To vote for us, all you need to do is buy something from Z Kamo Service Station during May. You'll be given an orange token to put in the voting box. So please head down to Z Kamo Service Station during May and vote for us!

### In the News

**How accessible is NZ for a disabled person?** | ONE News Now. TVNZ. May 24 2016. Simple tasks such as catching a bus and crossing a street may appear mundane, but how about for the thousands of New Zealanders who have a disability?

**Music matters for the brain.** Herald on Sunday. May 22 2016. Clients include children with special and additional educational needs, adults with learning disabilities, children, adolescent and adults with mental health issues, those undergoing rehabilitation via ACC and the elderly.

**Failing to treat their disabled family member.** TV ONE-Marae. May 22 2016. Auckland's Ngamu family on accusing the Waitemata District Health Board of failing to treat their disabled family member.

**Wheelchair-bound teenager Te Kopa Kopa.** TV3 – The Hui. May 22 2016. Wheelchair-bound teenager Te Kopa Kopa talks about being born with Spina Bifida, stressing that he believes in never giving up. Liz Kopa, aunt of Te Kopa Kopa, explains that they have had to make a number of little adjustments to their house in order to allow Te Kopa Kopa to move around independently.

**Big cuddles and a smile for rescuers who found 4-year-old girl.** Northern Advocate. May 20 2016. A 4-year-old autistic girl who went missing yesterday smiled and asked for her mother when her rescuers found her shivering next to a tree last night. Hailey Alver was this morning playing at her home in Dargaville after she went missing for six hours yesterday. She was finally found by rescuers in a dense pine forest 600m from her house at about 9.45pm.

**Engaged Downs syndrome couple share beautiful celebration.** TV ONE News. May 20 2016. A debutante ball on the Gold Coast for young people with disabilities was given extra meaning thanks to a young Downs syndrome couple who are preparing to spend the rest of their lives together after getting engaged.

**HELL extends paid training for intellectually disabled youth.** Scoop. May 20 2016. HELL has extended its paid work experience programme 'Active in HELL' for another full year and is keen for more young Kiwis to be involved. The pizza company teamed up with IHC to launch the scheme in 2013. After a successful pilot in Wellington, HELL committed to paying 64 trainees for six weeks of specialised training in its kitchens around the country.

**Disability games a joy for Asher.** Whangarei Leader. May 17. Maungatapere School student Asher Hovell travelled to Cambridge during the school holidays to take part in the Halberg Junior Disability Games.

**Sleepover workers win pay case.** Radio New Zealand. May 17 2016. Nine people who worked sleepover shifts looking after children with sight problems have won their case claiming they should have been paid the minimum wage.

**Halberg junior disability games a hit with northland athletes.** stuff.co.nz. May 16 2016. Maungatapere School student Asher Hovell travelled to Cambridge during the school holidays to take part in the Halberg Junior Disability Games.

