



**NorthAble**  
DISABILITY SERVICES

### NorthAble Information Update 1/6/2016

NorthAble receives information from our many networks which we disseminate through this *Update*. Feel free to share and use this information. For further information or to place a notice, contact:

Phone: 09 430 0988 / 0508 637-200.

Email: [drc@northable.org.nz](mailto:drc@northable.org.nz).

Facebook: [www.facebook.com/NorthAble](http://www.facebook.com/NorthAble)

Web: [www.northable.org.nz](http://www.northable.org.nz)

### Events – Seminars – Courses – Meetings

**Tiaho Trust and Work and Income** are running a series of free seminars throughout Northland to inform about what products and services are available to you/caregivers or whanau. Also Northland DIAS collective, CCS Disability Action. Dates: Kaikohe: Wednesday June 1, 10.30am-12.30pm, Baptist Church, cnr Broadway and Hongi St, Kaikohe. Kerikeri: Thursday June 2, 10.30am-12.30pm, St John Ambulance Station, 367 Kerikeri Rd, Kerikeri. Dargaville: Wednesday June 15, 10.30am-12.30pm, Plunket Room, 29 Hokianga St, Dargaville. Hokianga (Rawene): Wednesday June 22, 10.30am-12.30pm, St John Ambulance Hall, 22 De Thiery St, Rawene. For more information, please contact Arlene on 09 430 3406. RSVP to [arlene@tiaho.org.nz](mailto:arlene@tiaho.org.nz)

**Parafed Northland Adaptive Football Programme.** Tuesdays from May 24-28<sup>th</sup> June. 4.30-5.30pm. Play football, learn new skills! Open to 5-21 year olds with a physical impairment who are either ambulant or use a walker or stick for mobility. Siblings welcome. Tikipunga Sports Park, Reed St, Whangarei. Register, contact Jo Burgess email: [admin@parafednorthland.co.nz](mailto:admin@parafednorthland.co.nz) or phone 027 795 9520. See [www.halbergallsports.co.nz/events](http://www.halbergallsports.co.nz/events) or Halberg Disability Sport Foundation on Facebook.

**Working with Interpreters.** Tuesday June 7, Deaf Aotearoa 1A Deveron St, Whangarei, 5.30pm – 7.30pm. Free. Light refreshments provided. Do you want to know about working with interpreters? Then come along to this workshop to understand how our new booking system works. This workshop for Deaf people will be presented by Kellye Bensley and Alan Wendt. For info, Glennis Walkinshaw, 021641178 or [glennis.walkinshaw@deaf.org.nz](mailto:glennis.walkinshaw@deaf.org.nz)

**Pacifica people!** - free Whangarei workshop on Pacific Suicide Prevention. June 8-9 Venue to be confirmed. Organised through Le Va [www.leva.co.nz/contact](http://www.leva.co.nz/contact) For more information, email [tpreston@northtec.ac.nz](mailto:tpreston@northtec.ac.nz)

**Conversations that count.** There are 2 funded places available on the Conversations that Count (CtC) Communicator Training course scheduled for June 23-24 in Auckland. Any community members interested in attending and helping to promote Advance Care Planning, got o the online application site: <https://www.surveymonkey.com/r/CtCCommunicator2016>

**Healthy Relationships** – Course facilitated by Joyce Beehre. Monday 4 July to 11 August 7-8.30 (6 weeks) Cost \$60 includes workbook Limited to 12 participants Registrations close 20 June. Ever wondered why some relationships seem to lead to growth and happiness and others to pain and injury? This course is for you! Registration required due to limited spaces. Register by phoning 09 4376397 or email: [enquiry@whgcare.org.nz](mailto:enquiry@whgcare.org.nz)

**Walking through the Shadows** – Course facilitated by Lyn Hutchinson & Jennie Gill. Wednesday 6 July–3 August 10am-11.30am (5 weeks). No charge Registrations close 22 June For anyone experiencing the pain of grief or loss. Help to form strategies to assist in managing life with the inevitable changes that grief and loss bring. Please note: this group will not be appropriate for those who have experienced a loss within the last 6 months. Registration required due to limited spaces. Register by phoning 09 4376397 or email: [enquiry@whgcare.org.nz](mailto:enquiry@whgcare.org.nz)

**Petting Zoo – diary it now.** Sunday 17 July 'Northland Equestrian Petting Zoo' inside at the stables at 2760 SH1 Ruakaka. Animal petting zoo, bouncy castle, activities, pony rides, food and drinks and more. Family fun for all ages. Part of the petting zoo is concreted and hardened - wheelchair friendly. Free entry. Fundraiser for SPCA. Between 10am -3 pm contact Maryke 021 0668 546. See website [www.northlandequestrian.co.nz](http://www.northlandequestrian.co.nz) or Facebook [www.facebook.com/NorthlandEquestrian](https://www.facebook.com/NorthlandEquestrian)

**Motor Neurone Disease update:** The David Oliver Award Nominations June 21 which is also MND International Awareness Day. For more information about the Award please click on the link [www.mnda.org.nz/pdf/David\\_Oliver\\_BeaconAward.pdf](http://www.mnda.org.nz/pdf/David_Oliver_BeaconAward.pdf) For more information on Motor Neurone Disease, go to: [www.mnda.org.nz](http://www.mnda.org.nz) and [www.facebook.com/mndanz](https://www.facebook.com/mndanz) and [www.walk2dfeetmnd.co.nz](http://www.walk2dfeetmnd.co.nz) and [www.facebook.com/Walk2DFeetMNDNZ](https://www.facebook.com/Walk2DFeetMNDNZ)

**Community Gout Champions.** An interactive programme of 4 modules about gout and gout management to enable participants to develop confidence and support Whanau effectively manage gout, resources, health and community links. **Whangarei:** 9-1pm Manaia PHO. 28 June and 7 July. **Mid North:** 10-1.30pm Kaikohe Medical Centre. 29 June and 12 July; also 10-1.30pm Ringa Atawhai Okaihau. Thursday 30 June and 13 July. **Kaitaia:** Venue TBC 14 July 9-1pm and 28 July 9-1pm. Register with Georgia Grant-Mackie, Arthritis New Zealand Northern Region. Ph: (09)5238912. Mobile: (027)6033281. Tollfree: (0800)663463. Email: [georgia.grant-mackie@arthritis.org.nz](mailto:georgia.grant-mackie@arthritis.org.nz)

## In the News

**Warm gift for patients.** Northern Advocate. May 31 2016. Patients at Whangarei's Jim Carney Cancer Centre can have treatment in more comfort after 20 colourful quilts were donated by members of the Wellsford Marsden Masonic Lodge.

**Green light for medical centre.** Northern Advocate. May 30 2016. A \$5.6 million medical centre will be built on a prime piece of central Whangarei land after Northland Regional Council sold the site to developers. The NRC has sold a 4350sq m property and buildings it owned on Reyburn St, which was the former Mitsubishi Motors site, for \$2.6 million to Reyburn Whangarei, part of the Auckland-based Johnstone Group. Reyburn Whangarei plans to build a \$5.6 million medical centre on the site.

**Children miss out on education.** Sunday Star Times. May 29 2016. Tuaine Murray's son has special needs. The family moved out of their Housing New Zealand property in August after a shooting in the area then spent months crashing with other families in inadequate housing, but without a permanent address the school taxi was unable to collect her son for two terms.

**Kids' ailments a warning: Ex-smoker.** Northern Advocate. May 31 2016. Kaitaia mother Emma-Jade Nathan regrets contributing to her children's asthma and breathing problems through smoking and is calling on smoking parents to quit their habit for the sake of their little ones.

**March prompts people to seek help.** Northern Advocate. May 26 2016. The co-ordinator of Whangarei's March for Moko has received calls from several people reaching out for help post-event.

**Twins raise coeliac disease awareness.** Whangarei Leader. May 25 2016. Coeliac disease is a lifelong auto-immune disorder which damages the gut lining and its ability to absorb nutrients. Kamo Intermediate School year 8 students Amaya and Tamsin Jordan have to be careful what they eat because they have coeliac disease.

**Government undertakes inquiry into disability access after flaws found.** tvnz.co.nz. May 25 2016 Ms Gough works at the Human Rights Commission and cannot access the Ministry of Social Development building for work. The street curbs are too steep for her power chair to climb, forcing her to take issue with Wellington City Council.

**Parking rules apply to all.** Northland Age. May 24 2016. Members of the public are reporting an influx of police parking in places that were illegal or unsafe, or in disabled parking spaces while on personal or non-urgent business.