



## NorthAble Information Update 8/6/2016

NorthAble receives information from our many networks which we disseminate through this *Update*. Feel free to share and use this information. For further information or to place a notice, contact:

Phone: 09 430 0988 / 0508 637-200.

Facebook: [www.facebook.com/NorthAble](http://www.facebook.com/NorthAble)

Email: [drc@northable.org.nz](mailto:drc@northable.org.nz).

Web: [www.northable.org.nz](http://www.northable.org.nz)

## Events – Seminars – Courses – Meetings

**Alzheimers Carer Education Sessions** will be starting soon, facilitated by Anne Wilson and held in Whangarei, Kerikeri, Kaitaia. If you would like to register, please phone Jeannie on 09 438 7771.

**Tiaho Trust and Work and Income** are running a series of free seminars throughout Northland to inform about what products and services are available to you/caregivers or whanau. Also Northland DIAS collective, CCS Disability Action. Dates: Dargaville: Wednesday June 15, 10.30am-12.30pm, Plunket Room, 29 Hokianga St, Dargaville. Hokianga (Rawene): Wednesday June 22, 10.30am-12.30pm, St John Ambulance Hall, 22 De Thiery St, Rawene. For more information, please contact Arlene on 09 430 3406. RSVP to [arlene@tiaho.org.nz](mailto:arlene@tiaho.org.nz)

**Parafed Northland Adaptive Football Programme.** Tuesdays from May 24-28<sup>th</sup> June. 4.30-5.30pm. Play football, learn new skills! Open to 5-21 year olds with a physical impairment who are either ambulant or use a walker or stick for mobility. Siblings welcome. Tikipunga Sports Park, Reed St, Whangarei. Register, contact Jo Burgess email: [admin@parafednorthland.co.nz](mailto:admin@parafednorthland.co.nz) or phone 027 795 9520. See [www.halbergallsports.co.nz/events](http://www.halbergallsports.co.nz/events) or Halberg Disability Sport Foundation on Facebook.

**Art opportunities.** Tupaea, Te Ora Hou and Manaia PHO are offering this opportunity: this month, Mike Tupaea is having a week-long celebration and opening for his *He Tangata He Tangata* project. Mike uses art as a medium to support resilience and wellness in youth. From 20-24<sup>th</sup> June some young people can be part of this as Mike and Charles Williams, the current World Champion Graffiti Artist, [www.charlesjaninewilliams.com/#!graffiti-art/c199t](http://www.charlesjaninewilliams.com/#!graffiti-art/c199t) will work on “@ The Wall”, an amazing artwork on the Otaika shop wall. From 9am – 3pm each day, these two renowned artists will be busy beautifying the wall in Otaika Shops come on down and check this out! There is also the Art Exhibition on Friday 24<sup>th</sup> June 5.30-8pm at Geoff Wilson Gallery, Northtec, with works from Mike Tupaea and maori artists in a multiple of mediums.

**Conversations that count.** There are 2 funded places available on the Conversations that Count (CtC) Communicator Training course scheduled for June 23-24 in Auckland. Any community members interested in attending and helping to promote Advance Care Planning, got o the online application site: [www.surveymonkey.com/r/CtCCommunicator2016](http://www.surveymonkey.com/r/CtCCommunicator2016)

**Healthy Relationships** – Course facilitated by Joyce Beehre. Monday 4 July to 11 August 7-8.30 (6 weeks) Cost \$60 includes workbook Limited to 12 participants Registrations close 20 June. Ever wondered why some relationships seem to lead to growth and happiness and others to pain and injury? This course is for you! Registration required due to limited spaces. Register by phoning 09 4376397 or email: [enquiry@whgcare.org.nz](mailto:enquiry@whgcare.org.nz)

**Walking through the Shadows** – Course facilitated by Lyn Hutchinson & Jennie Gill. Wednesday 6 July–3 August 10am-11.30am (5 weeks). No charge Registrations close 22 June. For anyone experiencing the pain of grief or loss. Help to form strategies to assist in managing life with the inevitable changes that grief and loss bring. Please note: this group will not be appropriate for those who have experienced a loss within the last 6 months. Registration required due to limited spaces. Register by phoning 09 4376397 or email: [enquiry@whgcare.org.nz](mailto:enquiry@whgcare.org.nz)

**Alzheimers Northland. Fundraising movie night:** Florence Foster Jenkins. Events Cinema, James Street, Whangarei, Monday 27 June, 6.30pm, \$20pp. Tickets: Alz House, Corks Road, (09) 4387771.

**Motor Neurone Disease update:** The David Oliver Award Nominations June 21 which is also MND International Awareness Day. For more information about the Award please click on the link [www.mnda.org.nz/pdf/David\\_Oliver\\_BeaconAward.pdf](http://www.mnda.org.nz/pdf/David_Oliver_BeaconAward.pdf) For more information on Motor Neurone Disease, go to: [www.mnda.org.nz](http://www.mnda.org.nz) and [www.facebook.com/mndanz](http://www.facebook.com/mndanz) and [www.walk2dfeetmnd.co.nz](http://www.walk2dfeetmnd.co.nz) and [www.facebook.com/Walk2DFeetMNDNZ](http://www.facebook.com/Walk2DFeetMNDNZ)

**Community Gout Champions.** An interactive programme of 4 modules about gout and gout management to enable participants to develop confidence and support Whanau effectively manage gout, resources, health and community links. **Whangarei:** 9-1pm Manaia PHO. 28 June and 7 July. **Mid North:** 10-1.30pm Kaikohe Medical Centre. 29 June and 12 July; also 10-1.30pm Ringa Atawhai Okaihau. Thursday 30 June and 13 July. **Kaitia:** Venue TBC 14 July 9-1pm and 28 July 9-1pm. Register with Georgia Grant-Mackie, Arthritis New Zealand Northern Region. Ph: (09)5238912. Mobile: (027)6033281. Tollfree: (0800)663463. Email: [georgia.grant-mackie@arthritis.org.nz](mailto:georgia.grant-mackie@arthritis.org.nz)

**Petting Zoo – diary it now.** Sunday 17 July 'Northland Equestrian Petting Zoo' inside at the stables at 2760 SH1 Ruakaka. Animal petting zoo, bouncy castle, activities, pony rides, food and drinks and more. Family fun for all ages. Part of the petting zoo is concreted and hardened - wheelchair friendly. Free entry. Fundraiser for SPCA. Between 10am -3 pm contact Maryke 021 0668 546. See website [www.northlandequestrian.co.nz](http://www.northlandequestrian.co.nz) or Facebook [www.facebook.com/NorthlandEquestrian](https://www.facebook.com/NorthlandEquestrian)

## In the News

**Budget 'ignored' home care providers** Radio NZ, June 8, 2016. The government has been accused of ignoring the home care sector in the Budget, despite being warned of a financial crisis. The Home and Community Health Association outlined the sector's financial situation in a report given to the Associate Health Minister before the Budget was delivered last month. Labour Party health spokeswoman Annette King said the warning was ignored. The association represents providers of support for elderly people who continue to live at home.

**You wouldn't do it to a dog** New Zealand Herald. June 7 2016. An autistic man has been locked in a tiny, isolated area of a mental health unit for five years despite top-level warnings his treatment breaches human rights. Ashley Peacock, 37, lives in almost permanent seclusion at a rehabilitation facility in Porirua, allowed just 90 minutes a day outside.

**Recognising service to the disabled community** New Zealand Government Press Release. June 6 2016. Professionals, through their advocacy and advisory work at the community, regional and national levels in New Zealand who work to ensure that the needs of disabled people are met and their rights respected: MNZM: Ken Sowden - For services to Paralympic sport, Amalia Tuffield - For services to special education, Shelley Campbell - For services to health and people with disabilities, Genevieve McLachlan - For services to people with disabilities. QSM: Andrea Hawkless - For services to people with severe epilepsy, Lance Girling-Butcher - For services to the blind and seniors. QSO: Lynda Mooij- For services to foster care. Honorary QSO: Johannes Mooij For services to foster care.

**Family of six facing eviction from State house** NZ Herald. June 1 2016. Housing NZ dramatically withdrew an eviction notice against 49-year-old tenant Angela Eastham and her two adult disabled children today after the Herald reported that Ms Eastham had lost her job but her rent had not been reduced to 25% of her reduced income. Roselyn and her children have already been evicted once from a state house in the Bay of Plenty two years ago after Rob moved to Hamilton to get a job and they fell behind with the rent.

**Employers urged to hire disabled** Newshub. 31 May 2016. The minister for disability issues is calling it her Hidden Talent Tour. "It's based on a similar concept developed in the US which showcases the skills and talents of disabled people and encourages business owners and employers to hire and retain disabled people," she said.

**Rugby League creates pathways for disabled players** Maori Television. May 30 2016. A South Auckland league legend has never let his birth defect stop him from achieving. Jim Doolan (Ngapuhi) has now been tasked with a new challenge, to lead the New Zealand Disabled Rugby League team to new heights. Jim Doolan was born with Thalidomide, making both arms shorter and deformed. However over the past three decades he has become a lifetime member for the Otara Rugby League Club. But now he is giving back by assisting the New Zealand Disabled Rugby League team.

## Information of Interest

**Ki A Ora Ngatiwai** is an iwi health provider delivering mobile service for the people within Ngatiwai Rohe. This is a free service. The organisation offers the community many services including: Staff consisting of 3 nurses, Clinical Manager, Nurse Practitioner. Nurse Clinics in Kamo, Hora Hora, Bram Bay, Bland Bay. Kaupapa Maori Medical Officer Support – clinics in Kamo, Bream Bay, Hikurangi. Free Rheumatic Fever swab testing – Strep A Bacteria. Free Immunizations. Free Cervical, Breast screening. Diabetes screening and advice. Free Fitness classes. Visit 17 schools regularly under the Navigator programme. Advocacy role to assist disabled people with WINZ.. Email [lynettes@kaont.co.nz](mailto:lynettes@kaont.co.nz) Phone 09 435 4586.