



NorthAble
DISABILITY SERVICES

NorthAble Information Update 7/07/2016

NorthAble receives information from our many networks which we disseminate through this *Update*. Feel free to share and use this information. For further information or to place a notice, contact:

Phone: 09 430 0988 / 0508 637-200.

Facebook: www.facebook.com/NorthAble

Email: drc@northable.org.nz.

Web: www.northable.org.nz

Events – Seminars – Courses – Meetings

Community Gout Champions Training. An interactive 2 part programme of 4 modules about gout and gout management to enable participants to develop confidence and support Whanau effectively manage gout, resources, health and community links. **Kaikohe:** 12 July (10-1.30pm Kaikohe Medical Centre) **Okaihau:** 13 July (10-1.30pm Ringa Atawhai) **Whangarei:** 7 July (9-1pm Manaia PHO) Register with Georgia Grant-Mackie, Arthritis New Zealand Northern Region. Ph: (09)5238912. Mobile: (027)6033281. Tollfree: (0800)663463. Email: georgia.grant-mackie@arthritis.org.nz

Arthritis & pain information. Help with arthritis, gout and pain management. **Kaitia** RSA, 12 Matthews Avenue, Kaitia. Wednesday 20th July, 3.00–4.00pm. 4.45–5.45pm. Come and hear latest information about arthritis and what can help with Georgina Greville, RN, Arthritis Educator. No cost to attend but Arthritis New Zealand welcomes donations. For more information call freephone 0800 663 463 www.arthritis.org.nz

Epilepsy support group meeting in Whangarei: First Tuesday of each month 2 August, 6 September, 4 October, 1 November, and 6 December. Organised through Epilepsy Association of New Zealand Inc Northland Branch. Brenda Gardner Lounge, Citizens Advice Bureau (CAB), 71 Bank Street Whangarei. 10.30am to 12 noon, Phone (09) 4385498 or 0272916869. (Please leave a message) Email: northland@epilepsy.org.nz Public car park at the back of building Public car park off Vinery Lane via Hunt Street.

Petting Zoo – coming up Sunday 17 July 'Northland Equestrian Petting Zoo' inside at the stables at 2760 SH1 Ruakaka. Animal petting zoo, bouncy castle, activities, pony rides, food and drinks and more. Family fun for all ages. Part of the petting zoo is concreted and hardened - wheelchair friendly. Free entry. Fundraiser for SPCA. Between 10am -3 pm contact Maryke 021 0668 546. See website www.northlandequestrian.co.nz or Facebook www.facebook.com/NorthlandEquestrian

Care Matters Workshops. For Carers of Disabled Children or Adults. Free! Current, relevant, practical information and skills. Kerikeri. Time: 9.30–2.30pm. Date: 27 July. Venue: Baha'i Centre 480 Kerikeri Rd, Kerikeri. Whangarei Time: 9.30–2.30pm. Date: 28 July Whangarei. Venue: To be confirmed. Lunch is provided. Register Early with Maureen or Wendy. Freephone: 0508 726 769. Text: Maureen: 027414 5267. Wendy: 0272456010. Email: samsno@actrix.co.nz

Framework For Autism: Entries closing soon for 2-day FANZ workshop in Whangarei on 30–31st August. \$50.00 for the 2 days. http://www.autismnz.org.nz/training_programmes/fanz_programme

Parkinson's help in Northland: All members and intending members welcome to join in these activities. Contact northland@parkinsons.org.nz or phone 09 437 6878 for more information.

Support Groups: Whangarei – 1st Friday monthly, Kerikeri- 3rd Thursday monthly, Waipu – 3rd Friday monthly, Kaitia – 3rd Tuesday every 2nd month, Dargaville – 1st Thursday every 2nd month.

Physical activity: Walking group. Every Monday @ 9.30am, Whangarei. Contact Margaret 09 435 6239 . Physio – Every Tuesday 2 – 3pm @ Kensington Gym, Whangarei Voice & Singing Exercise – Whangarei – Every Tuesday 10.30am – 11.30am @ New Hope Church, cnr Princess & Nixon Streets. Hydrotherapy - Water Based Exercises. Whangarei- Every Thursday 2.15pm to 3p.m @ Whangarei Aquatic Centre. Kerikeri-Every Wednesday 11.30pm to 12.00pm @ Little Dippers Pool. Pilates – Every Wednesday @ New Hope Church, cnr Princes & Nixon Streets, Whangarei. Intro Class 12.30pm. 1.30pm start for other classes Exercise Classes - Every Tuesday @ Kamo Club, Whangarei. 10.30am – 11.15am. Tai Chi Classes – Coopers Beach - Every Thursday 11.30am @ Physiotherapy Clinic Coopers Beach. Kerikeri – Every Tuesday 3.30pm @ Kingston House, Hone Heke Road.

In the News

Chef shares kitchen secrets with disabled. New Zealand Herald. 5 July 2016. Chef Asher Assaraf is giving back to a community which means the world to him - providing cooking classes to Kiwis with Down Syndrome.

Cafe caters for special needs kids. Northern Advocate. 4 July 2016. Angie Moselen, early intervention teacher, and Jenny Davis, manager of Raumanga's He Kakano Childcare Centre and early intervention teacher, started up the Play Cafe for families with children who have additional needs to gather, get support and advice and chill out.

Family's struggle to get daughter into Salisbury School hits Education Ministry roadblock. Stuff.co.nz. 4 July 2016. Phil and Louise Treweek spent two frustrating years trying to get their 15-year-old daughter Ellen into Salisbury School. Finally, on the family's fifth attempt, they were accepted into the special needs girls' school in Richmond. The following day Education Minister Hekia Parata announced plans to close the school for good.

Strengthening rights of disabled New Zealanders. Human Rights Commission Press Release. 4 July 2016. "Enabling the UN Committee on the Rights of Persons with Disabilities to consider complaints or breaches under the Convention is an important way to strengthen and protect the human rights of New Zealanders with disabilities."

New tools released on Māori Language Week. New Zealand Parliament Press Release. 4 July 2016. In celebration of Te Wiki o Te Reo Māori (Māori Language Week) 2016, Education Minister Hekia Parata has announced the release of three new resources to support te reo Māori in the classroom including a trilingual digital book designed by Kiwa Digital and Core Education for deaf Māori students but is accessible to all deaf students.

Boccia taken up by disabled children in record numbers in New Zealand. Stuff.co.nz. 4 July 2016. On Thursday, 16 athletes fronted up to the Canterbury interschool championship, the largest turnout ever, double last year's.

UN Convention to boost rights of disabled people. New Zealand Government Press Release. 1 July 2016. Disability Issues Minister Nicky Wagner welcomes the tabling of the Optional Protocol to the Convention on the Rights of Persons with Disabilities (CRPD) which was submitted to Parliament for consideration yesterday.

The mental legacy of the Christchurch quakes. RNZ. 30 June 2016. The spotlight is on children and young people as many Cantabrians battle to recover mental health and well-being after a long series of earthquakes.

Mind controlled wheelchair. Radio NZ. 29 June 2016. Dr Jordan Nguyen knows very well how much technology can change lives. The young Australian biomedical engineer invented a mind controlled wheelchair that can be directed using electrical energy from the brain for a young boy with Cerebral Palsy.

Information of Interest



Business as usual. You may have noticed that EQ+ has temporarily moved to our main office at 40 John Street, Whangarei while the shop premises are closed for maintenance. Free customer parking remains in the EQ+ parking area on the corner of John & Dent streets, then cross the road to see Dianne and the team for all your disability information, equipment and aids of daily living needs. There is also disability parking areas directly outside the main building. Open 8.30 - 5pm Mon - Fri and 9am - noon on Saturday (apart from public holiday long weekends). Ph 09 4300 988 or 0508 637 200. We apologise for any inconvenience this may cause to you. - EQ+ team

Hearing Dogs. Are looking for eligible recipients to give hearing dogs to. For more information phone: 06 769 5000. Fax: 06 769 5400. Website: www.hearingdogs.org.nz

Situations Vacant



Service Co-ordinator Vacancy – closes Friday 15th July. NorthAble is seeking applications for this full time position to join our Whangarei NASC team (Needs Assessment & Service Coordination for clients 0-65yrs). A person with knowledge and working experience in the field of disability, with a focus on empowering people and families/whanau to determine their future, would have a distinct advantage.

http://www.seek.co.nz/job/31312307?pos=1&type=standout&engineConfig=&userqueryid=73589011103419510&tier=no_tier&whereid=5102

Ngapuhi Iwi Social Services Youth Justice-Parirau are looking for male mentors to work alongside our young people & join the team in Whangarei and Kaikohe. The hours of work are variable & casual up to 40 hours per week. If you know of anyone who would be interested contact Janet Mako, Social Worker for Ngapuhi Iwi Social Services. Phone: 09 401 5548, Fax: 09 401 5543, Mobile: 022 657 4950, Email: janet.mako@ngapuhi.org