



## NorthAble Information Update 28/09/2016

NorthAble receives information from our many networks which we disseminate through this *Update*. Feel free to share and use this information. For further information or to place a notice, contact:

Phone: 09 430 0988 / 0508 637-200.

Facebook: [www.facebook.com/NorthAble](http://www.facebook.com/NorthAble)

Email: [drc@northable.org.nz](mailto:drc@northable.org.nz).

Web: [www.northable.org.nz](http://www.northable.org.nz)

## In the news

**LOCAL New Zealand set for T20 Blind Cricket World Cup.** North Shore Times. September 26, 2016. Blind cricket in New Zealand is undergoing a revival. For the first time in 10 years a Kiwi team is preparing to attend a Blind Cricket World Cup. Trialists for the New Zealand blind cricket team are put through their paces during an indoor training, among them Northland athlete Ming Ming Edgar. New Zealand will play alongside nine other nations at the second T20 Blind Cricket World Cup in India in February 2017. [www.stuff.co.nz/auckland/local-news/north-shore-times/84641460/new-zealand-set-for-t20-blind-cricket-world-cup](http://www.stuff.co.nz/auckland/local-news/north-shore-times/84641460/new-zealand-set-for-t20-blind-cricket-world-cup)

**LOCAL Apology for 'accidental' parking meters** Northern Advocate. September 24 2016. Disabled parking meters installed in Whangarei CBD lasted less than a day, with the council apologising for their "accidental" installation. [www.nzherald.co.nz/northern-advocate/news/article.cfm?c\\_id=1503450&objectid=11715686](http://www.nzherald.co.nz/northern-advocate/news/article.cfm?c_id=1503450&objectid=11715686)

**LOCAL Pair ready to ride.** Whangarei woman Cassandra Howell is on the hunt for the perfect set of wheels. She was diagnosed with MS then last year was involved in a car accident that severely damaged her neck [www.neighbourly.co.nz/e-edition/whangarei-leader/7526](http://www.neighbourly.co.nz/e-edition/whangarei-leader/7526)

**Parents` heartbreak over darling daughters. Woman`s Day (NZ Edition). October 3 2016.** Their tiny angels share a rare illness Brenda Bartels cradles her beautiful wee girl Anya and kisses her porcelain cheeks. The two-and-a half-year-old's ice-blue eyes struggle to focus, but she is blissful in her mother's arms. "This is my happy," says Brenda.

**What`s going on in the minds of children with neurological disorders?** Radio New Zealand. September 22 2016. Kathryn Ryan speaks to Susan Haldane, the head of Mind Over Manner - an organisation which uses the power of theatre to help people understand neurological disorders like ADHD and autism. [www.mindovermanner.co.nz/](http://www.mindovermanner.co.nz/) [www.radionz.co.nz/national/programmes/ninetonoon/audio/201817128/what-s-going-on-in-the-minds-of-children-with-neurological-disorders](http://www.radionz.co.nz/national/programmes/ninetonoon/audio/201817128/what-s-going-on-in-the-minds-of-children-with-neurological-disorders)

**Driving school snapped parking in disabled parking space. New Zealand Herald. September 21 2016.** An AA driving instructor has been snapped parking in a mobility parking space apparently without a permit.

**Disabled teen drowned in bath after being left alone: Report released.** New Zealand Herald. September 19 2016. The Health and Disability Commissioner has released a report into the drowning of a severely disabled teenager who was found unresponsive after being left alone in a bath.

## Information of Interest

**NorthAble EQ+** will be closed this Saturday October 1 as we will be participating at the Northland Autos Home and Leisure Show at Kensington Stadium. Instead, come along and see us at stands 134 and 135! We apologise for any inconvenience the one-day closure of our shop corner John and Dent St, Whangarei may cause. For full information on the show and where we will be, see [www.northlandhomeshow.co.nz/](http://www.northlandhomeshow.co.nz/)

## Events – Seminars – Courses – Meetings

**NEW! The Papermill** have an exhibition opening: Our Amazing Spaces. Friday 30th September, 5.00pm. Old Café Space – Forum North. The exhibition also continues next week - pop on in, for papermaking demonstrations and more! October 3-7, 9.30am-2.30pm. The Papermill Whangarei is a charming place where artists with disabilities craft beautiful paper products. Phone 09 459 1459. [www.thepapermill.co.nz/the-papermill/](http://www.thepapermill.co.nz/the-papermill/)

**NEW! The Spring Blast.** To be staged at Forum North on October 1. An evening of music, cold drinks, fantastic food and entertainment. If you are interested contact John on 027 439 3030. The event is a fundraiser for the Northland Brain injury Association, which helps about 150 Northlanders a year deal with their injury. Interested? Contact John Petersen on 027 439 3030.

**NEW! Inspiration voyage.** Applications have opened for the Spirit of Adventure Trust Inspiration voyage which will sail in February 2017. This five day voyage provides an opportunity for physically challenged young New Zealanders to take part in an adventure of a life time. 30 young people from across the country, aged 16-20 years come together to face challenges outside of their usual boundaries, gaining confidence and achieving things that previously might have looked impossible. More details here [www.spiritofadventure.org.nz/voyages/voyage/inspiration](http://www.spiritofadventure.org.nz/voyages/voyage/inspiration)

**Epilepsy support group** meeting in Whangarei: First Tuesday of each month, 4 October, 1 November, and 6 December. Organised through Epilepsy Association of New Zealand Inc Northland Branch. Brenda Gardner Lounge, Citizens Advice Bureau (CAB), 71 Bank Street Whangarei. 10.30am-noon, Phone (09) 4385498 or 0272916869. (Please leave a message) Email: [northland@epilepsy.org.nz](mailto:northland@epilepsy.org.nz) Park at back at building off Vinery Lane.

**AIGA Day.** Saturday, 8 October, 10am to 2pm. At Forum North, Whangarei. AIGA means family in the Samoan language, also stands for All Islanders Getting Active. Pacific Islands community, come out to this family day, lots of activities planned. It is a free event run by the Northland Pacific Islands Charitable Trust. Anyone, or any organisation, wishing to take part is welcome to contact our office (09) 430 2717 or email [npict@xnet.co.nz](mailto:npict@xnet.co.nz) for inquiries.

**Shop with a list workshop.** Anglican Care Centre Invites you to attend this workshop 10.00am—12.00pm Every 3rd Tuesday. Tuesday, 18th October 2016, Tuesday 15th November 2016. Maximum 10 per course. Registration essential. Phone to book: 4376397. Koha appreciated. Did you know you could save up to \$38 a week, by simply shopping with a list. This course includes economical meals, planning, budgeting and cooking.

**Foetal Anti-Convulsant Syndrome:** What is it? Why is it relevant to you? Monday 31st October 2016, 6:30pm – 8pm. Manaia PHO, 28-30 Rust Ave, Whangarei. Come along to an information evening and be informed about **best** practice regarding a preventable and serious medication-related syndrome affecting infants and families throughout Aotearoa/New Zealand. The talk is open to the public and all health professionals. Women and girls taking anti-convulsant medications, their families/whanau are also encouraged to come along. RSVP [denise@facsnz.com](mailto:denise@facsnz.com) No cost - but any koha to support the work of FACS NZ is greatly appreciated.

**Tutukaka Water Sports Day.** Sunday 20<sup>th</sup> November at Kowharewa Bay, Tutukaka Coast from 9am-2.30pm. Parafed Northland members and physically and vision impaired Northlanders. Details to come on this collaborative event by Halberg Disability Sport Foundation, Parafed Northland and Tokerau Beach Boys.

**Tutukaka Surf Day on** Wednesday 23<sup>rd</sup> November, Sandy Bay, Tutukaka Coast 10am-1:30pm, for Parafed Northland members and physically and vision impaired Northlanders. Details to come on this event in collaboration with Halberg, Parafed Northland and Tutukaka Surf Experience.



**2016 Northland Health & Social Innovation Awards.** By Northland District Health Board, NorthAble Disability Services, Manaia Health and Te Tai Tokerau PHO's to celebrate quality, innovation and integration across the Te Tai Tokerau health and social sectors. Visit <http://community.northlanddhb.org.nz/2016awards/> Finalists will be invited to attend the Free Awards Dinner at Toll Stadium on Saturday, 26<sup>th</sup> November 2016. For more information, contact Raewyn Fowle on 0800 637 200 or 027 4300 167.

**Outward Bound Activate course coming up in November. This course is for those aged 18+ with a physical disability** and runs from Saturday 5 November - Saturday 12 November 2016. Course specifically adapted to allow you to experience all the adventure of an Outward Bound programme but with more rest breaks and support workers to accompany your journey. Call 0800 688 927 to book your place. Funding may be available for those eligible through WINZ or the Outward Bound Foundation.