



NorthAble Information Update 30/11/2016

NorthAble receives information from our many networks which we disseminate through this *Update*. Feel free to share and use this information. For further information or to place a notice, contact:

Phone: 09 430 0988 / 0508 637-200.

Email: drc@northable.org.nz.

Facebook: www.facebook.com/NorthAble

Web: www.northable.org.nz

Events – Seminars – Courses – Meetings

Every child and their whanau should have the opportunity to be digitally connected': 1 December 2016, 5:30pm, refreshments supplied. Whangarei Central Library, May Bain Room. It relates to the Spark Foundation's connectivity initiative – Spark JUMP, it's delivery process; how to refer clients and what they will receive. RSVP: Sue Kini, 2020 Trust e: sue.kini@2020.org.nz m: 027 3133 447.



International Day of People with Disability. Celebrating abilities. Friday December 2, Canopy Bridge and Carpark, Town Basin, Whangarei, 10am-2pm. Fun activities and live entertainment. Organised through Tiaho and supported by Whangarei District Council. For more information, email tiaho.org.nz or phone 0800 430 3406.



LYNKZ Art Exhibition 2016. Come and see our art at The Hub, Town Basin, Whangarei. Open daily Monday 5th Dec—8th December, from 10am—2pm Hunterwesser, beaches, recycling theme.

Closing – Onerahi WINZ Office. From beginning December, the Onerahi Work and Income Office (WINZ) will be closed. Relocating to the Whangarei Office, Community Link rooms on Walton Street. The Onerahi staff move to the Whangarei office. There is a regular low cost bus service if you want to visit WINZ. Staff will teach you how to access Work and Income online services on your phone- free of charge. Contact any WINZ service centre on 0800 559 009.

Epilepsy support group meeting in Whangarei: Tuesday 6 December. Organised through Epilepsy Association of New Zealand Inc Northland Branch. Brenda Gardner Lounge, Citizens Advice Bureau (CAB), 71 Bank Street Whangarei. 10.30am-noon, Phone (09) 4385498 or 0272916869. (Please leave a message) Email: northland@epilepsy.org.nz Park at back at building off Vinery Lane.

Parkinson's help in Northland: Contact northland@parkinsons.org.nz or phone 09 437 6878 for more information. Parkinson's Support Groups: Whangarei 1st Friday monthly, Kerikeri 3rd Thursday monthly, Waipu 3rd Friday monthly, Kaitaia 3rd Tuesday every 2nd month, Dargaville 1st Thursday every 2nd month.

Whanau Support Group. Do you have a family member with an alcohol or drug problem? First Monday of every month. A group for people who have whanau with alcohol and drug issues to come together to talk and to get support. From 4-5.30pm, Puriri House, Community Mental Health and Addiction Service, 5 Three Mile Bush Road, Kamo, Whangarei. Contact Steve (DHB Alcohol and Drug Service) 09 470 2706 or Cath (Supporting Families) 0800 789 134.

Come and play Boccia! Date: Tuesday 13 December. Time: 4.00pm - 5.00pm. Venue: ASB Stadium, Whangarei. Organised through Halberg Disability Sport Foundation and Parafed Northland. Register with Leesa Andrewes on 021 34 0010 or sport@parafednorthland.co.nz Cost \$3 per session or FREE with an annual Parafed Membership of \$15. See www.halbergallsports.co.nz/events or Facebook: search 'Halberg Disability Sport Foundation'

NorthAble Christmas hours NorthAble @ 40 John St Whangarei: closed 12pm 23rd Dec – return 9th Jan 17.

LYNKZ @ 65 John St Whangarei: closed to clients 15th Dec – return 15th Jan 17.

LYNKZ Dargaville: last day programme 16th Dec. First day back on programme 19th Jan 17.

EQ+ @ 73 John St Whangarei Friday 23rd Dec – closed from 12.00pm. Closed stat days & between 28th – 30th Dec.

Open shorter hours 4th to 6th Jan. Not open Sat 7th EQ+ returns to normal business hours from 9th Jan.

Achieve 2B is an inspiring intercultural Exchange Programme facilitating National and International exchanges for young people with disabilities in New Zealand. Host the first ever selected Achieve 2B student. She attends Pakuranga College and is a Year 10 Student who enjoys dancing and cross fit. She is a cat and dog lover so enjoys volunteering for the SPCA. She will be spending 4 weeks in Whangarei for the 1st Tern in 2017 and is excited about having this new experience and is looking forward to being a part of another family and community. Become a host family! www.achieve2b.org.nz/ Telephone: 0800 223 822. Email: info@achieve2b.org.nz. Or www.facebook.com/achieve2b

Be. Accessible's Be. Leadership programme is accepting applications to next year's programme. Be. Leadership advances a more accessible society and a dynamic community of leaders who are passionate about accessibility, with the courage to host new conversations. It is a one-of-a-kind programme in New Zealand, taking participants through a year of exploration of different perspectives, questioning, laughter, self-discovery and accessibility-focused leadership. Applications for the Be. Leadership Programme 2017 are open now. Visit www.beaccessible.org.nz/be-leadership/about/ to find out more or to apply go to www.beaccessible.org.nz/be-leadership/apply/

Spirit of New Zealand The application process is open for the next Inspiration Voyage in February 2017 aboard the Spirit of New Zealand – this is an awesome, life changing training programme aboard a purpose built tall ship. The voyage is for young physically disabled people or who have other health issues aged from 16 to 20 years old. There is loads of support for people aboard and throughout the voyage where life skills and team work are the focus. More information: www.tiaho.org.nz/news/entry/spirit-of-adventure-inspiration-voyage-2017

Information of Interest



Kids RAFFLE. \$2 per ticket or 3 for \$5. Get your raffle tickets at the EQ+ shop corner John and Dent Streets, Whangarei. DRAWN 19th December. Raising funds for 3 All- Terrain Buggies by Medifab. To enable families in Northland with children with disabilities or medical needs to access the outdoors and exercise together. For more information please contact: Jo Ellis 09 4361113 or NorthAble 09 430 0988 or view more details at: www.givealittle.co.nz/cause/summeroffreedom

In the news

Labour of Love: Kiwi dad's 50-year fight for his disabled kids Sunday. 28 November 2016. Cliff Robinson has spent his whole life fighting to give his two intellectually disabled children a good life. <http://tvnz.co.nz/sunday-news/labour-love-kiwi-dad-s-50-year-fight-his-disabled-kids-video-6505884>

Two super achievers in Northland. Northern Advocate. 26 November 2016. Columnist Jonny Wilkinson describes how he is elated to read about Northland College in the Advocate last weekend. They had named their Head Boy and Head Girl for 2017. Both were standout over-achievers as Head Boys and Girls usually are. The article described them as natural-born leaders and gifted orators. <http://www.tiaho.org.nz/news/entry/two-super-achievers-in-northland>

Are family carers getting a fair deal? The Nation. TV3 26 November 2013. Mike Wesley-Smith investigates the plight of those who care for disabled family members. Shane Moody's mother, has been looking after her son his entire life, saying that he has the mental capacity of a two-year-old. She says the payment assessments are degrading. A legal expert, says it was being applied to take away the rights of people who were looking after their adult children for life.

A Select Committee report on dyslexia, dyspraxia, and autism. RNZ. 24 November 2016. A Select Committee report on dyslexia, dyspraxia, and autism, made 46 recommendations for improving support for children with those disabilities, including clearer policies and guidelines for schools.

Complex paperwork stops children with disabilities getting help. RNZ – Morning Report. 22 November 2016. A survey's found complex paperwork and a lack of publicity is stopping families from getting financial help to look after children with disabilities or chronic illnesses. Otago Health's general manager says GPs should be allowed to help more.

Disability support in schools 'too weak'. Stuff.co.nz. 22 November 2016. Recommendations from a parliamentary inquiry into support for students with learning disabilities are "just lip service," according to an advocacy group

Children with disabilities missing out on financial help. RNZ. 21 November 2016. The vast majority of families who have children with a disability or chronic illness are missing out on financial help because the application process for the Child Disability Allowance is too complicated.