

NorthAble Information Update 8/12/2016

NorthAble receives information from our many networks which we disseminate through this *Update*. Feel free to share and use this information. For further information or to place a notice, contact:

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In the news

LOCAL! Disabilities Day positive occasion. Northern Advocate. 3 December 2016. Yesterday the Canopy Bridge in Whangarei was a riot of colour, sound and action as hundreds of people and many support groups marked the International Day of People with Disabilities.

Attitudes towards mobility parks not changing – survey. Radio NZ. 3 December 2016. Many able-bodied New Zealanders still aren't getting the message about not using mobility car park, an advocacy group says.

Parking in mobility spaces. RadioLIVE. 3 December 2016. Disability Action's Peter Wilson is urging people to think about the consequences of parking in mobility spaces this International Disability Day.

New Zealander of the Year. The Hits People's Choice. Weekend Herald. 3 December 2016. Liam Malone, Nelson. He began competing in para-athletics only a couple of years before the 2016 games but Liam Malone stunned the sporting world and came home a double gold medallist - plus a silver for good measure. The 22-year-old has already begun forward planning. He wants to set up a foundation to give other kids with disabilities the tools to engineer their own pathways. And he wants to compete against able-bodied athletes to become the world's fastest man over 400m.

Helping Teachers Help Autistic Children. Jesse Mulligan – RNZ . 1 December 2016. An award-winning book is offering help for teachers caring for distressed autistic children in the classroom. And it says the use of calming sensory rooms, or gardens, are more successful than the use seclusion rooms. Minister of Education, Hekia Parata, has revealed 17 schools across New Zealand have used seclusion practices this year, and there are plans to outlaw use of the rooms.

Online schools could become dumping ground: Ombudsman. RNZ – Nine to noon. 1 December 2016. Lynn Freeman talks to Chief Ombudsman Peter Boshier about his concerns over online schools. He says they could become dumping grounds for children with disabilities, and he's calling for significant restrictions.

LOCAL! Whangarei mums in bid to get disabled kids out and about. Northern Advocate. 30 November 2016. Two Whangarei mums and NorthAble Disability Services are aiming to raise funds for three all-terrain buggy wheelchairs so children with mobility issues can enjoy the great outdoors. www.nzherald.co.nz/northern-advocate/news/article.cfm?c_id=1503450&objectid=11756691

Information of Interest



Kids RAFFLE. \$2 per ticket or 3 for \$5. Get your raffle tickets at the EQ+ shop corner John and Dent Streets, Whangarei. DRAWN 19th December. Raising funds for 3 All-Terrain Buggies by Medifab. To enable families in Northland with children with disabilities or medical needs to access the outdoors and exercise together. For more information please contact: Jo Ellis 09 4361113 or NorthAble 09 430 0988 or view more details at: www.givealittle.co.nz/cause/summeroffreedom

Access4all is an accommodation and activity guide intended for use by anyone with mild to major mobility difficulties, and an undiminished desire to travel. It has listings of motels, apartments, holiday parks and activities in most of the major NZ destinations. Every property listed includes an option of 1 or 2 bedroom accommodation for travellers with family members and/or caregivers. Also information on bathrooms, entrance areas, bedrooms, surroundings and activities. Have a look at www.access4all.co.nz

Events – Seminars – Courses – Meetings



LYNKZ Art Exhibition 2016. Last chance to view! Come and see our art at The Hub, Town Basin, Whangarei. Open until 8th December, from 10am—2pm Hunterwesser, beaches, recycling theme.

Come and play Boccia! Date: Tuesday 13 December. Time: 4.00pm - 5.00pm. Venue: ASB Stadium, Whangarei. Organised through Halberg Disability Sport Foundation and Parafed Northland. Register with Leesa Andrewes on 021 34 0010 or sport@parafednorthland.co.nz Cost \$3 per session or FREE with an annual Parafed Membership of \$15. See www.halbergallsports.co.nz/events or Facebook: search 'Halberg Disability Sport Foundation'

Kaikoura Fundraiser Shared Morning Tea. Wednesday 14 December 2016 at 10am. Manaia Health PHO is holding a shared morning tea to fundraise for the people affected by the Kaikoura earthquake. Bring a plate of food to share and koha to donate. Manaia Health PHO, 28 Rust Avenue, Whangarei RSVP by Friday 9 December 2016 to Janine Anderson, email JanineE@manaiapho.co.nz or ph 09 438 1015. The funds will go to the Red Cross earthquake fund for psychosocial support, which is very much needed at this time - <https://www.redcross.org.nz/donate/november-2016-earthquake-appeal/>.

NorthAble Christmas hours NorthAble @ 40 John St Whangarei: closed 12pm 23rd Dec – return 9th Jan 17.
LYNKZ @ 65 John St Whangarei: closed to clients 15th Dec – return 15th Jan 17.
 LYNKZ Dargaville: last day programme 16th Dec. First day back on programme 19th Jan 17.
EQ+ @ 73 John St Whangarei Friday 23rd Dec – closed from 12.00pm. Closed statutory days & between 28th – 30th Dec. Open shorter hours 4th to 6th Jan. Not open Sat 7th EQ+ returns to normal hours from 9th Jan.

Achieve 2B is an inspiring intercultural Exchange Programme facilitating National and International exchanges for young people with disabilities in New Zealand. Host the first ever selected Achieve 2B student. She attends Pakuranga College and is a Year 10 Student who enjoys dancing and cross fit. She is a cat and dog lover so enjoys volunteering for the SPCA. She will be spending 4 weeks in Whangarei for the 1st Term in 2017 and is excited about having this new experience and is looking forward to being a part of another family and community. Become a host family! www.achieve2b.org.nz/ Telephone: 0800 223 822. Email: info@achieve2b.org.nz. Or www.facebook.com/achieve2b

Be. Accessible's Be. Leadership programme is accepting applications to next year's programme. Be. Leadership advances a more accessible society and a dynamic community of leaders who are passionate about accessibility, with the courage to host new conversations. It is a one-of-a-kind programme in New Zealand, taking participants through a year of exploration of different perspectives, questioning, laughter, self-discovery and accessibility-focused leadership. Applications for the Be. Leadership Programme 2017 are open now. Visit www.beaccessible.org.nz/be-leadership/about/ to find out more or to apply go to www.beaccessible.org.nz/be-leadership/apply/

Spirit of New Zealand The application process is open for the next Inspiration Voyage in February 2017 aboard the Spirit of New Zealand – this is an awesome, life changing training programme aboard a purpose built tall ship. The voyage is for young physically disabled people or who have other health issues aged from 16 to 20 years old. There is loads of support for people aboard and throughout the voyage where life skills and team work are the focus. More information: www.tiaho.org.nz/news/entry/spirit-of-adventure-inspiration-voyage-2017