



NorthAble
DISABILITY SERVICES

NorthAble Information Update 17/3/2017

NorthAble receives information from our many networks, which we disseminate through this *Update*. Feel free to share and use this information. For further information or to place a notice, contact:

Phone: 09 430 0988 / 0508 637-200.

Email: drc@northable.org.nz

Facebook: www.facebook.com/northabledisabilitiesservices

Web: www.northable.org.nz

Events

Tamariki Ora Fund 2017. The Fund is now open for applications until April 17, the deadline for Expressions of Interest. The Tamariki Ora Fund supports grassroots collaborative community projects in the Whangarei/Kaipara Districts with a clear focus on improving the wellbeing and development of tamariki and taitamariki. For more information, please contact: Dr Terryann Clark, Child and Youth Friendly Cities Coordinator at Manaia PHO (09) 438 1015, 021 294 8354, terryannc@manaiapho.co.nz. Application form see here: www.manaiapho.co.nz/sites/default/files/u5/Health%20Promotion/Tamariki%20Ora%20Fund%20application%20form%202017.pdf

The Blind Foundation. They are needing a generous helping hand and are calling for volunteers for the 2017 Red Puppy Appeal on March 24 and 25 to raise funds for the breeding and training of guide dogs. To volunteer as a street appeal collector or make a donation, visit www.redpuppy.org.nz or call 0800 PUPPIES.

Purple Day – for epilepsy. March 26. a grassroots effort dedicated to increasing awareness about epilepsy around the globe. People around the world are asked to wear purple and to spread the word about epilepsy. Register online: www.epilepsy.org.nz or Call: 0800 EPILEPSY (374 537).

NEW! Open air cinema. Northtec and Te Wānanga O Aoteroa proudly bring Disney's Moana to you. This smoke free dog free family event will be held at The Pulse, 13 Whaka Street, Raumanga, Whangarei starting at approximately 7:30. Bring the family, your blanket and a picnic. Rain date will be 02/04/17.

Hokianga Gout Clinics – free. From March 27. Do you need help managing your Gout? Book an appointment to speak with our Arthritis Educator about your Gout, how it can be managed and uric acid testing. **Omapere:** Monday 27th March 8.30am. **Rawene:** Tuesday 28th March 8.30am. **Mangamuka:** Wednesday 29th March 8.45am. **Pangaru:** Thursday 30th March 8.45am. **Taheke:** Friday 31st March 8.30am. To register or further information talk to your clinic or contact Georgia Grant-Mackie, Maori Arthritis Educator. Phone 0800 663 463, email Georgia.Grant-Mackie@arthritis.org.nz

Enabling Good Lives Workshop - Embracing and Leading Change. NZDSN Provider Development Programme March - May 2017. Whangarei 27 March. For more detailed information and to register - go to www.nsdnsn.org/events

NEW! Alzheimer's Seminar. FREE 2-hour seminar with Q+A presented by Dave Jenkins. Tuesday 28th March at The Hall at Cornerstone Church, Corner of Kerikeri Rd and The Heritage Bypass, Kerikeri. For more information on Dave Jenkins go to www.endalzheimers.co.nz Please RSVP at 0800 004 001 or 09 438 7771 or email northland@alzheimers.org.nz

Kaitaia disability community network meeting. Facilitated by Leah Patterson from Tiaho. Tuesday 28th March 2017 held at the Reap building on 33 Puckey Ave, Kaitaia. For more information contact Leah on 09 430 3406 or you can email leah@tiaho.org.nz

Understanding Epilepsy - Whangarei: Thursday 30 March, Brenda Gardner Lounge, Citizens Advice Bureau (CAB), 71 Bank Street, Whangarei, 10.00am -12.00pm. Covers: What is epilepsy, what causes epilepsy, recognition of seizure types, first aid for seizures, seizure triggers, recording seizures, principles of anti-epileptic medication, life style issues, etc. Phone (09) 4385498 or 0272916869 (Please leave a message) Email: northland@epilepsy.org.nz

Epilepsy support group meeting. Whangarei, first Tuesday of each month, next meeting 4th April. Come along and meet others living with epilepsy. The Northland Epilepsy Educator available to provide information and support. All welcome. Brenda Gardner Lounge, Citizens Advice Bureau (CAB), 71 Bank Street, Whangarei, 10.30am to 12 noon.

(morning tea provided). Phone (09) 4385498 or 0272916869 (Please leave a message). Email: northland@epilepsy.org.nz

NEW! Relay for life: An over night run/walk relay event for teams of all ages and fitness levels raising funds for the cancer society 1-2 April from 4pm Saturday – 10am Sunday at Trigg Sports Arena, Park Ave, Kensington, Whangarei. For more information go to www.relay.akcansoc.org.nz or call 09 437 5593 or email CSNEvents@akcansoc.org.nz

NEW! Out to lunch. How can the Citizens Advice Bureau help you? Presented by Moea Armstrong from 12 – 1pm Tuesday 4th April at the Anglican Care Centre on the corner of Mill Rd and Deveron Street. Please register by contacting 0800 4376 397 or alternatively you can email office2@whgcore.org.nz

Dargaville Parkinson's Support Group 1st Thursday every 2nd month, next meeting 6th April. Usually at 10.00am either at the Community Services Centre Dargaville Hospital or at one of the local Rest Homes, sometimes elsewhere. Contact Trisha Ryan, Co-ordinator, Parkinson's Northland. Email northland@parkinsons.org.nz Phone 09 437 6878.

Whangarei Parkinson's Support Group 1st Friday monthly, next meeting 7th April 10.30-midday, The Kamo Club Rooms, Meldrum Street, Kamo. Contact Trisha Ryan, Co-ordinator, Parkinson's Northland, Email northland@parkinsons.org.nz Ph: 09 437 6878.

Kaitia Parkinson's Support Group 3rd Tuesday every 2nd month, next meeting 18th April. Usually at the Union Parish Hall, 11.00am. Contact Trisha Ryan, Parkinson's Northland. Email northland@parkinsons.org.nz Phone 09 437 6878.

Kerikeri Parkinson's Support Group every 3rd Thursday monthly, next 20th April, 11am-1pm, St Johns Ambulance Station. Contact Trisha Ryan, Parkinson's Northland at northland@parkinsons.org.nz Ph 09 437 6878.

Waipu Parkinson's Support Group 3rd Friday monthly, next meeting 21st, April Waipu Presbyterian Church Hall. Contact Trisha Ryan, Co-ordinator, Parkinson's Northland. Email northland@parkinsons.org.nz Phone 09 437 6878.

In the news

Clinic gets riders and horses to better understand each other. Several riders and their horses made the most of a three-day clinic held by Jane and Ken Dromgool in Whangarei. The Dromgool Horsemanship clinics were established by the Paihia-based couple to help people gain greater understanding of their horse. Last week's clinic was held at the Whangarei Riding for the Disabled facility at Maunu. http://www.nzherald.co.nz/the-country/news/article.cfm?c_id=16&objectid=11821758

Deaf New Zealanders at risk in medical emergencies. Green Party Press Release, 16/03/2017. A majority of district health boards (DHBs) around the country don't provide 24/7 access to sign language interpreters, which puts deaf people at significant risk in medical emergencies, the Green Party said today. A report [released yesterday by Deaf Action](#) New Zealand showed that only eight of 20 DHBs say they can provide access to sign language interpreters 24/7. Deaf Action's investigation was prompted by the experience of Kim Robinson, who was unable to access an interpreter for 64 hours during an [emergency situation](#) in Whangarei in 2016. <http://www.scoop.co.nz/stories/PA1703/S00272/deaf-new-zealanders-at-risk-in-medical-emergencies.htm>

Disability support workers vote on strike. 20/03/2017. A strike could be on the cards for 3000 disability support workers. Their union E tu says the workers have been chronically underpaid for years and will vote on industrial action. Itsbeen battling with IDEA Services for the past five months to get employees a raise. <http://www.newshub.co.nz/home/entertainment/2017/03/star-wars-rogue-one-writer-original-ending-was-less-tragic.html?ref=ves-nextauto>