



NorthAble
DISABILITY SERVICES

NorthAble Information Update 29/03/2017

NorthAble receives information from our many networks which we disseminate through this *Update*. Feel free to share and use this information. For further information or to place a notice, contact:

Phone: 09 430 0988 / 0508 637-200.

Email: drc@northable.org.nz.

Facebook: www.facebook.com/NorthAble

Web: www.northable.org.nz

Events – Seminars – Courses – Meetings

Tamariki Ora Fund 2017. The Fund is now open for applications until April 17, the deadline for Expressions of Interest. The Tamariki Ora Fund supports grassroots collaborative community projects in the Whangarei/Kaipara Districts with a clear focus on improving the wellbeing and development of tamariki and taitamariki. For more information, please contact: Dr Terryann Clark, Child and Youth Friendly Cities Coordinator at Manaia PHO (09) 438 1015, 021 294 8354, terryannc@manaiapho.co.nz. Application form see here: www.manaiapho.co.nz/sites/default/files/u5/Health%20Promotion/Tamariki%20Ora%20Fund%20application%20form%202017.pdf

Hokianga Gout Clinics – free. Do you need help managing your Gout? Book an appointment to speak with our Arthritis Educator about your Gout, how it can be managed and uric acid testing. **Pangaru:** Thursday 30th March 8.45am. **Taheke:** Friday 31st March 8.30am. To register or further information talk to your clinic or contact Georgia Grant-Mackie, Maori Arthritis Educator. Phone 0800 663 463, email Georgia.Grant-Mackie@arthritis.org.nz

Understanding Epilepsy - Whangarei: Thursday 30 March, Brenda Gardner Lounge, Citizens Advice Bureau (CAB), 71 Bank Street, Whangarei, 10.00am -12.00pm. Covers: What is epilepsy, what causes epilepsy, recognition of seizure types, first aid for seizures, seizure triggers, recording seizures, principles of anti-epileptic medication, life style issues, etc. Phone (09) 4385498 or 0272916869 (Please leave a message) Email: northland@epilepsy.org.nz

Epilepsy support group meeting. Whangarei, first Tuesday of each month, next meeting 4th April. Come along and meet others living with epilepsy. The Northland Epilepsy Educator available to provide information and support. All welcome. Brenda Gardner Lounge, Citizens Advice Bureau (CAB), 71 Bank Street, Whangarei, 10.30am to 12 noon. (morning tea provided). Phone (09) 4385498 or 0272916869 (Please leave a message). Email: northland@epilepsy.org.nz

Relay for life: An over night run/walk relay event for teams of all ages and fitness levels raising funds for the cancer society 1-2 April from 4pm Saturday – 10am Sunday at Trigg Sports Arena, Park Ave, Kensington, Whangarei. For more information go to www.relay.akcansoc.org.nz or call 09 437 5593 or email CSNEvents@akcansoc.org.nz

Out to lunch. How can the Citizens Advice Bureau help you? Presented by Moea Armstrong from 12 – 1pm Tuesday 4th April at the Anglican Care Centre on the corner of Mill Rd and Deveron Street. Please register by contacting 0800 4376 397 or alternatively you can email office2@whgcore.org.nz

NEW! Whanau at the falls: Saturday 28th April, This fantastic family day will be held at Whangarei Falls in Tikipunga. Food and information stalls, Performers and much more. If you would like to perform or have a stall for more information please contact Kathryn by phone on 027 276 6957 or you can email kathrynm@tikihigh.school.nz

Whangarei Parkinson's Support Group 1st Friday monthly, next meeting 7th April 10.30-midday, The Kamo Club Rooms, Meldrum Street, Kamo. Contact Trisha Ryan, Co-ordinator, Parkinson's Northland, Email northland@parkinsons.org.nz Ph: 09 437 6878.

Kaitaia Parkinson's Support Group 3rd Tuesday every 2nd month, next meeting 18th April. Usually at the Union Parish Hall, 11.00am. Contact Trisha Ryan, Parkinson's Northland. Email northland@parkinsons.org.nz Phone 09 437 6878.

Kerikeri Parkinson's Support Group every 3rd Thursday monthly, next 20th April, 11am-1pm, St Johns Ambulance Station. Contact Trisha Ryan, Parkinson's Northland at northland@parkinsons.org.nz Ph 09 437 6878.

Waipu Parkinson's Support Group 3rd Friday monthly, next meeting 21st, April Waipu Presbyterian Church Hall. Contact Trisha Ryan, Co-ordinator, Parkinson's Northland. Email northland@parkinsons.org.nz Phone 09 437 6878.

In the News

Teen left out of University course due to wheelchair: Newshub, 26/03/2017. 19yr old Mareika was left disappointed after paying for an AUT course and noting her disability only to learn 1 week before the start date that the facility is not disability accessible. <http://www.newshub.co.nz/home/new-zealand/2017/03/teen-left-out-of-university-course-due-to-wheelchair.html?ref=RLrotator>

Awards open for Northland's health volunteers: 24/03/2017, Northern Advocate. Northland has many volunteers working in the health field and now their selfless efforts can be recognised. Nominations are now open for the 2017 Minister of Health Volunteer Awards, with winners presented during National Volunteer Week from June 18-24. "These awards help to recognise the thousands of unsung heroes who support New Zealand's health and disability services," Health Minister Jonathan Coleman said. http://www.nzherald.co.nz/northern-advocate/news/article.cfm?c_id=1503450&objectid=11823891

Health cuts taking toll on disability services: Press release NZ Labour Party. 24/03/2017 The National Government must properly fund disability services after a major provider announced it will be significantly curtailing its services, says Labour's Disability Issues Spokesperson Poto Williams. "Nine years of underfunding the sector, failing to meet even basic cost pressures and minimum wage requirements, had to take its toll eventually on carers, on families, and on the clients themselves. "I will hold Nicky Wagner to her guarantee in Parliament today that all IDEA Services clients will receive suitable replacement services. <http://www.scoop.co.nz/stories/PA1703/S00421/health-cuts-taking-toll-on-disability-services.htm>

Information of interest

Jubilee Sailing Trust: Set sail for a life changing experience. The Jubilee Sailing Trust is a globally unique charity which utilizes the adventure of tall ship sailing to unlock human potential and break down barriers between people of different circumstances – especially between people living with disability and the non-disabled. The Jubilee Sailing Trust New Zealand welcomes you aboard SV Tenacious to experience a UNIQUE ADVENTURE – a voyage of self-discovery that breaks down prejudice and promotes equality and mutual understanding. Come and join the crew that changes lives! This programme will only be running between the 3rd of May and the 8th of August this year so BOOK NOW to secure an adventure of a lifetime! ALL AGES WELCOME. For more information around costs and available spaces visit www.jst.org.nz/voyages