



**NorthAble**  
DISABILITY SERVICES

### NorthAble Information Update 13/04/2017

NorthAble receives information from our many networks which we disseminate through this *Update*. Feel free to share and use this information. For further information or to place a notice, contact:  
Phone: 09 430 0988 / 0508 637-200. Email: [drc@northable.org.nz](mailto:drc@northable.org.nz).  
Facebook: [www.facebook.com/NorthAble](http://www.facebook.com/NorthAble) Web: [www.northable.org.nz](http://www.northable.org.nz)

### Events – Seminars – Courses – Meetings

**Tamariki Ora Fund 2017:** The Fund is now open for applications until April 17, the deadline for Expressions of Interest. The Tamariki Ora Fund supports grassroots collaborative community projects in the Whangarei/Kaipara Districts with a clear focus on improving the wellbeing and development of tamariki and taitamariki. For more information, please contact: Dr Terryann Clark, Child and Youth Friendly Cities Coordinator at Manaia PHO (09)4381015, 021 294 8354, [terryannc@manaiapho.co.nz](mailto:terryannc@manaiapho.co.nz). Application form see here: [www.manaiapho.co.nz/sites/default/files/u5/Health%20Promotion/Tamariki%20Ora%20Fund%20application%20form%202017.pdf](http://www.manaiapho.co.nz/sites/default/files/u5/Health%20Promotion/Tamariki%20Ora%20Fund%20application%20form%202017.pdf)

**Whanau at the falls:** Saturday 28<sup>th</sup> April, This fantastic family day will be held at Whangarei Falls in Tikipunga. Food and information stalls, Performers and much more. If you would like to perform or have a stall for more information please contact Kathryn by phone on 027 276 6957 or you can email [kathrynm@tikihigh.school.nz](mailto:kathrynm@tikihigh.school.nz)

**Kaitia Parkinson's Support Group:** 3rd Tuesday every 2nd month, next meeting 18th April. Usually at the Union Parish Hall, 11.00am. Contact Trisha Ryan, Parkinson's Northland. Email [northland@parkinsons.org.nz](mailto:northland@parkinsons.org.nz) Phone 09 437 6878.

**Kerikeri Parkinson's Support:** Group every 3rd Thursday monthly, next 20th April, 11am-1pm, St Johns Ambulance Station. Contact Trisha Ryan, Parkinson's Northland at [northland@parkinsons.org.nz](mailto:northland@parkinsons.org.nz) Ph. 09 437 6878.

**Waipu Parkinson's Support Group:** 3rd Friday monthly, next meeting 21<sup>st</sup>, April Waipu Presbyterian Church Hall. Contact Trisha Ryan, Co-ordinator, Parkinson's Northland. Email [northland@parkinsons.org.nz](mailto:northland@parkinsons.org.nz) Phone 09 437 6878.

**New! Age Concern Expo:** Come along and bring the family, there will be kids activities and health and well-being stalls and many more. 28<sup>th</sup> April 2017 @ Kingston House, Hone Heke Road, Kerikeri.

**New! Out to lunch:** New ways of cooking with cheaper cuts of meat. Presented by Tane Clarke at the Anglican Church on the Cnr of Deveron St and Mill Rd, Regent, Whangarei. First Tuesday of every month. Register by calling 0800 437 6397 or email [office@whgcare.org.nz](mailto:office@whgcare.org.nz)

**New! Professional Wellness Workshop:** Compassion fatigue and burnout can be serious occupational hazards for those in any kind of helping profession. This interactive and informative workshop will renew you with valuable tools. Facilitator: Julie Steward is a registered Social Worker with 20 years' experience. She currently has her own practice as a Professional Supervisor providing external supervision to a variety of professionals in numerous roles within the social service sector here in Whangarei. When: Wednesday May, 24<sup>th</sup>, 9.30am – 2.30pm, Where: Anglican Care Centre, Deveron Street, Whangarei, Cost: \$60. Morning tea provided. To register please contact Julie Steward on 0212762776 or email at [julzsteward@gmail.com](mailto:julzsteward@gmail.com)

**Leg Health Day:** 21<sup>st</sup>/06/2017 from 9:15 – 1:15pm at NorthAble EQ+, 73 John Street, Whangarei. We are excited to announce that our staff are now qualified consultants and able to measure people for Compression stockings and travel stockings. If you are interested in a free no obligation presentation to learn more about the benefits of compression stockings & socks. Bookings essential. There will be a short presentation followed by FREE appointments. Limited appointments available so book your space today! Call 09 430 3469 or 0508 637 200 or pop in!

### In the News

**Dementia care in trust plans:** Northern Advocate, 5/4/17. The Maungaturoto Community Charitable Trust has launched plans to build a dementia unit. Trust chairman Donald McKay says a facility which will initially accommodate eight people is required to look after local people and their changing needs.

**Disabled students thrive with A2B:** Northern Advocate, 7/4/17. Tash Astill is thrilled to have been a trailblazer in the Achieve2B – or A2B – exchange programme for students with disabilities. The 15 year old is the first teenager to take part in the project aimed at giving students who might not otherwise qualify for an exchange experience. Now that Tash has returned she will continue with A2B as an ambassador, a role she has already had a taste of by speaking to community service groups and writing about her experience.

**Stroke treatment a miss:** Northern Advocate, 8/4/17. Some stroke sufferers are missing out on life-changing drug alteplase. Research in the New Zealand Medical Journal reveals 4 district health boards are refusing to give the drug after hours, because they don't have a trained physician to do so. The drug must be administered within the first 4 hours, and there is a risk of further brain damage if done incorrectly.

### Information of interest

**Paid internship:** Be Accessible are looking for 2 people with either a long term health condition or disability/impairment who are in their final or second to last year of university, studying towards a bachelor degree or post-graduate qualification. Or who have recently graduated. Links to both opportunities below

[https://www.seek.co.nz/Job/33171746?\\_ga=1.162390843.660440977.1491194223](https://www.seek.co.nz/Job/33171746?_ga=1.162390843.660440977.1491194223)

<http://www.trademe.co.nz/Browse/Listing.aspx?id=1296156842>

**Let's talk about supported decision making:** for people with disabilities this means making your own decisions about your life. Sometimes support is required. Supported decision making is a human right. There is a variety of resources available to help people communicate their decisions. For more information visit, [www.aucklanddisabilitylaw.org.nz](http://www.aucklanddisabilitylaw.org.nz)

**I sign website launch:** I-Sign have launched their fantastic new website making it easier to access interpreters. Check it out at [www.isign.co.nz](http://www.isign.co.nz)

**Situation vacant at NorthAble:** Disability Information & Equipment Consultant 0.75FTE, for more information follow the link. <https://www.seek.co.nz/job/33220530>

**Van for sale:** SUZUKI APV Van for sale \$7500 ono. <http://www.trademe.co.nz/motors/used-cars/suzuki/auction-1297206122.htm>

**Please note all NorthAble Services will be closed from 5pm  
13/04/2017 opening Tuesday 18/04/2017 at normal work  
hours. From everyone at NorthAble we would like to wish  
you a happy and safe long weekend.**