



## NorthAble Information Update 26/04/2017

NorthAble receives information from our many networks which we disseminate through this *Electronic Weekly Update*. Feel free to share and use this information. For further information or to place a notice, contact:

Phone: 09 430 0988 / 0508 637-200.

Email: [drc@northable.org.nz](mailto:drc@northable.org.nz).

Facebook: [www.facebook.com/NorthAble](http://www.facebook.com/NorthAble)

Web: [www.northable.org.nz](http://www.northable.org.nz)

## Events – Seminars – Courses – Meetings

**Whanau at the falls:** Saturday 28<sup>th</sup> April, This fantastic family day will be held at Whangarei Falls in Tikipunga. Food and information stalls, Performers and much more. If you would like to perform or have a stall for more information please contact Kathryn by phone on 027 276 6957 or you can email [kathrynm@tikihigh.school.nz](mailto:kathrynm@tikihigh.school.nz)

**Health and Wellbeing Expo:** Come down to the Age Concern, Health and Wellbeing Expo. It will be a fun, educational day for the whole family where you will discover some of the great things our community has to offer. 28<sup>th</sup> April 2017 @ Kingston House, Hone Heke Road, Kerikeri.

**New! Understanding Epilepsy Seminar:** Come along and meet others living with epilepsy. The Northland Epilepsy Educator will be available to provide information and support. Everyone is welcome. 2<sup>nd</sup> May 2017 at the CAB, 71 Bank Street, Whangarei from 10:30am – 12pm, morning tea provided. All enquiries to Margaret Dunn on 09 438 5498, 027 291 6869 please leave a message alternatively you can email [northland@epilepsy.org.nz](mailto:northland@epilepsy.org.nz) .

**Professional Wellness Workshop:** Compassion fatigue and burnout can be serious occupational hazards for those in any kind of helping profession. This interactive and informative workshop will renew you with valuable tools. Facilitator: Julie Steward is a registered Social Worker with 20 years' experience. She currently has her own practice as a Professional Supervisor providing external supervision to a variety of professionals in numerous roles within the social service sector here in Whangarei. When: Wednesday May, 24<sup>th</sup>, 9.30am – 2.30pm, Where: Anglican Care Centre, Deveron Street, Whangarei, Cost: \$60. Morning tea provided. To register please contact Julie Steward on 0212762776 or email at [julzsteward@gmail.com](mailto:julzsteward@gmail.com)

**Wear red day:** Let's be honest, workers love casual Friday (and Wednesdays too) why not hold a "wear red day" in your office – for a gold coin donation to MS Northland on May 31<sup>st</sup> which is World MS Day. For more information call 09 438 3945

**Leg Health Day:** 21<sup>st</sup>/06/2017 from 9:15 – 1:15pm at NorthAble EQ+, 73 John Street, Whangarei. We are excited to announce that our staff are now qualified consultants and able to measure people for Compression stockings and travel stockings. If you are interested in a free no obligation presentation to learn more about the benefits of compression stockings & socks. Bookings essential. There will be a short presentation followed by FREE appointments. Limited appointments available so book your space today! Call 09 430 3469 or 0508 637 200 or pop in!

### In the News

**Parents ruled out of health care worker pay rise:** Kaitaia couple Royd and Sushila Butt do not disagree for a moment that 55,000 health care workers deserve the significant pay rises they will receive from July 1, courtesy of an extra \$2 billion in government funding. Last week's announcement was, however, another kick in the guts for them and others who were caring for their own under Funded Family Care (FFC), who would not be entitled to anything more than they were currently receiving. It was unfair, unjust, mean, nasty and discriminatory to deprive those caring for family members of the recognition now given to those employed under Disability Support Services (DSS), they said. [http://www.nzherald.co.nz/northland-age/news/article.cfm?c\\_id=1503402&objectid=11845201](http://www.nzherald.co.nz/northland-age/news/article.cfm?c_id=1503402&objectid=11845201)

**Care workers getting pay rises:** Northern Advocate, 20/04/2017. More than 2000 low paid care workers in Northland will received hefty pay increases as part of a package worth more than \$2 Billion spread over 5 years . The deal was announced by the Government and the public sector unions this week for up to 55,000 workers, mostly women, in the aged residential care, home support and disability service sectors throughout the country.

**Seeking mental health support:** Northern Advocate, 26/04/2017. Northlands business community is encouraged to get behind an initiative to help young people experiencing mental health issues. Two Former non-government organisations employees, psychiatric nurse Tracey Hodgkinson and manager Trish Madison, have teamed up to establish a charitable trust to provide learning programmes for anyone struggling with anxiety, depression, bipolar and low self-esteem/resiliency challenges.

### Information of interest

**Situation vacant at NorthAble:** **APPLICATIONS CLOSE 28/04/2017** Disability Information & Equipment Consultant 0.75FTE, for more information follow the link. <https://www.seek.co.nz/job/33220530>

**Van for sale:** SUZUKI APV Van for sale \$7500 ono. <http://www.trademe.co.nz/motors/used-cars/suzuki/auction-1297206122.htm>