



**NorthAble**  
DISABILITY SERVICES

### NorthAble Information Update 10/05/2017

NorthAble receives information from our many networks, which we disseminate through this *Electronic Weekly Update*. Feel free to share and use this information. For further information or to place a notice: Phone: 09 430 0988 / 0508 637-200. Email: [drc@northable.org.nz](mailto:drc@northable.org.nz).

Facebook: [www.facebook.com/NorthAble](http://www.facebook.com/NorthAble)

Web: [www.northable.org.nz](http://www.northable.org.nz)

### Events – Seminars – Courses – Meetings

#### MAY

**NEW! 10<sup>th</sup>. NZSL Pecha Kucha** - special NZ Sign Language focus. Tonight at Wednesday 10 May 116 Bank St, Whangarei. For details see [www.youtu.be/1CWkR8IRyyA](http://www.youtu.be/1CWkR8IRyyA) [www.youtu.be/xGBORtZ9Cil](http://www.youtu.be/xGBORtZ9Cil)

**NEW! 22<sup>nd</sup>, 23<sup>rd</sup>: SafeTALK**. Suicide awareness for everyone. **Kaitia** May 22<sup>nd</sup> 8.30am. **Kerikeri** May 22<sup>nd</sup> 5.30pm. **Whangarei** May 23<sup>rd</sup> 8.30am. Book online [www.1degreeworkshops.co.nz](http://www.1degreeworkshops.co.nz) FB: aoksuicideSAFERworkshopsNZ

**24<sup>th</sup>: Professional Wellness Workshop**. Compassion fatigue and burnout can be serious occupational hazards for those in helping professions. Interactive and informative workshop facilitated by registered social worker Julie Steward. Wednesday May 24<sup>th</sup>, 9.30am – 2.30pm, Anglican Care Centre, Deveron Street, Whangarei. Cost \$60. To register contact Julie on 0212762776 or email [julzsteward@gmail.com](mailto:julzsteward@gmail.com)

**25<sup>th</sup>: Public consultation hui** on draft suicide prevention. Thursday 25 May 2017 in Kerikeri (Māori hui) from 9.30 am – 12.30 pm, Kerikeri RSA, 37 Cobham Road. Read the strategy- [www.health.govt.nz/publication/strategy-prevent-suicide-new-zealand-draft-public-consultation](http://www.health.govt.nz/publication/strategy-prevent-suicide-new-zealand-draft-public-consultation) Provide electronic feedback - [www.surveymonkey.com/r/SPSDRAFT17](http://www.surveymonkey.com/r/SPSDRAFT17)

**26<sup>th</sup>: 'Hands On Autism workshop**. Moerewa. Guide to Autism, Strategies for Behaviour, Sensory Issues and Dealing with Anxiety. Q & A. Friday, 26 May, 9am-4pm. Te Punawai Centre. Moerewa Christian Fellowship. 52/54 George St, Moerewa. FREE if you register online at [www.autism.org.nz](http://www.autism.org.nz) or phone (09) 415 7406. Lunch included.

**31<sup>st</sup>: Wear Red Day**: Why not hold a “wear red day” in your office – for a gold coin donation to MS Northland on May 31<sup>st</sup> which is World MS Day. For more information call 09 438 394.

**NEW! 31<sup>st</sup>: Understanding Epilepsy**. Covering: What is epilepsy, what causes epilepsy, recognition of seizure types, first aid for seizures, seizure triggers, recording seizures, principles of anti-epileptic medication, life style issues. Wednesday 31 May 2017. Reap Far North, 33 Puckey Ave. Kaitia. (check with reception whether Seminar or Nikau Room). 10.00am -12.00pm. Phone (09) 4385498 or 0272916869 (Please leave a message) Email: [northland@epilepsy.org.nz](mailto:northland@epilepsy.org.nz)

#### JUNE

**2<sup>nd</sup>: Whangarei Parkinson's Support Group** 1st Friday monthly, next meeting 2<sup>nd</sup> June 10.30-midday, The Kamo Club Rooms, Meldrum Street, Kamo. Contact Trisha Ryan, Co-ordinator, Parkinson's Northland, Email [northland@parkinsons.org.nz](mailto:northland@parkinsons.org.nz) Ph: 09 437 6878.

**6<sup>th</sup>: Epilepsy Support Group**. Whangarei, first Tuesday of each month, next meeting 6th June. Come along and meet others living with epilepsy. The Northland Epilepsy Educator available to provide information and support. All welcome. Brenda Gardner Lounge, Citizens Advice Bureau (CAB), 71 Bank Street, Whangarei, 10.30am to 12 noon. Phone (09) 4385498 or 0272916869 (Leave a message). Email: [northland@epilepsy.org.nz](mailto:northland@epilepsy.org.nz)

**8<sup>th</sup>: Dargaville Parkinson's Support Group** 1st Thursday every 2nd month, next meeting 8th June. Usually at 10.00am either at the Community Services Centre Dargaville Hospital or at one of the local Rest Homes, sometimes elsewhere. Contact Trisha Ryan, Co-ordinator, Parkinson's Northland. Email [northland@parkinsons.org.nz](mailto:northland@parkinsons.org.nz) Phone 09 437 6878.

**15<sup>th</sup>: Kerikeri Parkinson's Support Group** every 3rd Thursday monthly, next 15th June, 11am-1pm, St Johns Ambulance Station. Contact Trisha Ryan, Parkinson's Northland at [northland@parkinsons.org.nz](mailto:northland@parkinsons.org.nz) Ph 09 437 6878.

**NEW! 16<sup>th</sup>: Northland Junior Disability Sports Day 2017.** Friday 16 June. The Junior Disability Sports Day is for physically disabled young people, including vision and hearing impaired age 7-21. Wide range of adapted and disability specific sports to try for (Ambulant (able to walk), Wheelchair users, Vision and Hearing impaired). Register through your school, registration forms available at: Leesa Andrewes: [sport@parafednorthland.co.nz](mailto:sport@parafednorthland.co.nz) 021 34 0010 Maia Lewis: [maia@halberg.co.nz](mailto:maia@halberg.co.nz) 021 995 951.

**16<sup>th</sup>: Waipu Parkinson's Support Group** 3rd Friday monthly, next meeting 16<sup>th</sup> June, Waipu Presbyterian Church Hall. Contact Trisha Ryan, Co-ordinator, Parkinson's Northland. Email [northland@parkinsons.org.nz](mailto:northland@parkinsons.org.nz) Phone 09 437 6878.

**20<sup>th</sup>: Kaitaia Parkinson's Support Group.** 3rd Tuesday every 2nd month, next meeting 20th June. Usually at the Union Parish Hall, 11.00am. Contact Trisha Ryan, Parkinson's Northland. Email [northland@parkinsons.org.nz](mailto:northland@parkinsons.org.nz) Phone 09 437 6878.

**21<sup>st</sup>: Leg Health Day.** NorthAble EQ+ staff are qualified consultants able to measure people for compression stockings and travel stockings. Book now for a free no obligation presentation to learn more about the benefits of compression stockings and socks. Short presentation followed by FREE appointments on June 21 from 9:15 – 1:15pm at NorthAble EQ+, 73 John Street, Whangarei. Limited appointments available. Book your space by calling 09 430 3469, 0508 637 200 - or pop in!

**27<sup>th</sup>, 28<sup>th</sup>: Safeguarding children roadshow** will be held in **Whangarei** on June 27th and **Kaitaia** on June 28th. Child Matters and Community Networks Aotearoa are jointly delivering presentations to volunteers and volunteering organisations. Understand roles and responsibilities when engaging with children and get access to resources to assist in developing safe child protection systems and environments. Enrol at [www.tfaforms.com/4605186](http://www.tfaforms.com/4605186) For more information contact Ros Rice 04 4723364 or [eo@communitynetworksaotearoa.org.nz](mailto:eo@communitynetworksaotearoa.org.nz)

## In the News

**LOCAL. The last resort** – a wheelchair unfriendly venue for disability talks. Northern Advocate. May 2 2017. A hotel where a disability conference will be held is far from wheelchair-friendly. [www.tiaho.org.nz/news/entry/the-last-resort-a-wheelchair-unfriendly-venue-for-disability-talks](http://www.tiaho.org.nz/news/entry/the-last-resort-a-wheelchair-unfriendly-venue-for-disability-talks)

**Nelson DHB starts review after murder of autistic Ruby Knox by mother.** RNZ. May 2 2017. The chief medical officer of the Nelson DHB, Dr Nick Baker, spoke with our reporter Tracy Neal about the review of how it supports people with high and complex needs following the murder of a severely disabled woman. [www.radionz.co.nz/national/programmes/morningreport/audio/201842251/nelson-dhb-starts-review-after-murder-of-autistic-ruby-knox-by-mother](http://www.radionz.co.nz/national/programmes/morningreport/audio/201842251/nelson-dhb-starts-review-after-murder-of-autistic-ruby-knox-by-mother)

**Getting people with autism into work.** RNZ. May 3 2017. Kathryn Ryan talks to John Craven, the Chair of Specialisterne in Australia who's part of a global effort to find one million jobs around the world for people with autism by the year 2025. Kathryn also speaks to Altogether Autism's national manager. [www.radionz.co.nz/national/programmes/ninetonoon/audio/201842452/getting-people-with-autism-into-work](http://www.radionz.co.nz/national/programmes/ninetonoon/audio/201842452/getting-people-with-autism-into-work)

## Information of interest

**For sale:** SUZUKI APV van \$7500 ono. [www.trademe.co.nz/motors/used-cars/suzuki/auction-1297206122.htm](http://www.trademe.co.nz/motors/used-cars/suzuki/auction-1297206122.htm)