



**NorthAble**  
DISABILITY SERVICES

## NorthAble Information Update 7/06/2017

NorthAble receives information from our many networks, which we disseminate through this *Electronic Weekly Update*. Feel free to share and use this information. For further information or to place a notice:  
Phone: 09 430 0988 / 0508 637-200. Email: [drc@northable.org.nz](mailto:drc@northable.org.nz).  
Facebook: [www.facebook.com/NorthAble](http://www.facebook.com/NorthAble) Web: [www.northable.org.nz](http://www.northable.org.nz)

## In the News

**Athletes race to raise funds for the disabled at Halberg Tri Challenge.** Maori Television. 29 May 2017. Athletes big and small took to their marks for a good cause at the third annual Halberg Tri Challenge at Auckland's Spark Arena, a charity sports race helping physically disabled New Zealanders experience sport and recreation. [www.maoritelevision.com/news/sport/athletes-race-raise-funds-disabled-halberg-tri-challenge](http://www.maoritelevision.com/news/sport/athletes-race-raise-funds-disabled-halberg-tri-challenge)

**'He's my little dream' - pioneering spina bifida baby keeps defying the odds.** Seven Sharp. 29 May 2017. Gill Higgins checks in on baby Ben, who was operated on in the womb at only 24 weeks old for spina bifida. [www.tvnz.co.nz/shows/seven-sharp/clips/extras/hes-my-little-dream-pioneering-spina-bifida-baby-keeps-defying-o](http://www.tvnz.co.nz/shows/seven-sharp/clips/extras/hes-my-little-dream-pioneering-spina-bifida-baby-keeps-defying-o)

**LOCAL. Vital service forced to beg.** Northern Advocate, 48 Hours. 27 May 2017. A Different Light – columnist Jonny Wilkinson, CEO Tiaho Trust. [www.tiaho.org.nz/news/entry/vital-service-forced-to-beg](http://www.tiaho.org.nz/news/entry/vital-service-forced-to-beg)

## Events – Seminars – Courses – Meetings

### JUNE

**7th: Tu Toa Spoken Word Workshops.** CCS Disability Action (Northern Region) runs fun-filled workshops where young people learn to create and perform their own stories as poetic monologues. No experience is necessary, all welcome. 4pm - 7:30pm, June 7- Refining workshop. At Whangarei Youth Space, 36 Water Street, Whangarei. To register or any questions, phone project manager Stella Ward 0274 735 879 or email [Tim.George@ccsDisabilityAction.org.nz](mailto:Tim.George@ccsDisabilityAction.org.nz).

**8th: Dargaville Parkinson's Support Group** 1st Thursday every 2nd month, next meeting 8th June. Usually at 10.00am either at the Community Services Centre Dargaville Hospital or at one of the local Rest Homes, sometimes elsewhere. Contact Trisha Ryan, Co-ordinator, Parkinson's Northland. Email [northland@parkinsons.org.nz](mailto:northland@parkinsons.org.nz) Phone 09 437 6878.

**8th: Workshop** to hear the results of the recent survey undertaken and to share your ideas on ways that the Wilson Home Trust can support children with physical disabilities and their families. This 2 hour workshop will be run on Thursday June 8th in the May Bain Room at the Whangarei central library. RSVP to [info@wilsonhometrust.org.nz](mailto:info@wilsonhometrust.org.nz)

**9th: Applications close for Blind Foundation Winter Camp 2017 – July school holidays.** Winter Camp July 6-9 at Taupo is a fun and exciting opportunity for 8-12 year olds that provides peer support and friendship. Learning outcomes include increased self-confidence, individual growth and development, team-building skills, try new activities, and increase independence. For registration details contact Latesha Sharp, Recreation & Community Advisor, Blind Foundation, Phone: (09) 281 6503. Mobile: 027 808 1148. Email: [lsharp@blindfoundation.org.nz](mailto:lsharp@blindfoundation.org.nz)

## **JUNE cont...**

**15<sup>th</sup>: Kerikeri Parkinson's Support Group** every 3rd Thursday monthly, next 15th June, 11am-1pm, St Johns Ambulance Station. Contact Trisha Ryan, Parkinson's Northland at [northland@parkinsons.org.nz](mailto:northland@parkinsons.org.nz) Ph 09 437 6878.

**16<sup>th</sup>: Northland Junior Disability Sports Day 2017.** Friday 16 June. The Junior Disability Sports Day is for physically disabled young people, including vision and hearing impaired age 7-21. Wide range of adapted and disability specific sports to try for (Ambulant (able to walk), Wheelchair users, Vision and Hearing impaired). Register through your school, registration forms available at: Leesa Andrewes: [sport@parafednorthland.co.nz](mailto:sport@parafednorthland.co.nz) 021 34 0010 Maia Lewis: [maia@halberg.co.nz](mailto:maia@halberg.co.nz) 021 995 951.

**16<sup>th</sup>: Waipu Parkinson's Support Group** 3rd Friday monthly, next meeting 16<sup>th</sup> June, Waipu Presbyterian Church Hall. Contact Trisha Ryan, Co-ordinator, Parkinson's Northland. Email [northland@parkinsons.org.nz](mailto:northland@parkinsons.org.nz) Phone 09 437 6878.

**19<sup>th</sup>: Life After Stroke Seminar.** Free and all welcome. June 19<sup>th</sup> 9.30am-12pm, Barge Showgrounds Event Centre, 474 Maunu Road, Whangarei. Contact [northland@stroke.org.nz](mailto:northland@stroke.org.nz) Stroke Foundation NZ.

**20<sup>th</sup>: Kaitaia Parkinson's Support Group.** 3rd Tuesday every 2nd month, next meeting 20th June. Usually at the Union Parish Hall, 11am. Contact Trisha Ryan, Parkinson's Northland. Email [northland@parkinsons.org.nz](mailto:northland@parkinsons.org.nz) Ph 09 437 6878.

**21<sup>st</sup>: Leg Health Day.** NorthAble EQ+ staff are qualified consultants able to measure people for compression stockings and travel stockings. Book now for a free no obligation presentation to learn more about the benefits of compression stockings and socks. Short presentation followed by FREE appointments on June 21 from 9:15 – 1:15pm at NorthAble EQ+, 73 John Street, Whangarei. Limited appointments available. Book your space, call 09 430 3469, 0508 637 200.

**24<sup>th</sup>: Community Matariki dinner.** Ringa Atawhai Trust. Celebrating whanaungatanga. Whangarei Terenga Paraoa Marae, 10 Porowini Ave. Powhiri at 5pm. Saturday 24th June. \$15pp. Dinner & Entertainment! Bookings, Christine Frost 021 209 2794 or [Christine@ringaatawhai.org.nz](mailto:Christine@ringaatawhai.org.nz)

**27<sup>th</sup>, 28<sup>th</sup>: Safeguarding children roadshow** will be held in **Whangarei** on June 27th and **Kaitaia** on June 28th. Child Matters and Community Networks Aotearoa are jointly delivering presentations to volunteers and volunteering organisations. Understand roles and responsibilities when engaging with children and get access to resources to assist in developing safe child protection systems and environments. Enrol at [www.tfaforms.com/4605186](http://www.tfaforms.com/4605186) For more contact Ros Rice 04 4723364 or [eo@communitynetworksaotearoa.org.nz](mailto:eo@communitynetworksaotearoa.org.nz)

## **JULY**

**4<sup>th</sup>: Epilepsy Support Group.** Whangarei, first Tuesday of each month, next meeting 4th July. Come along and meet others living with epilepsy. The Northland Epilepsy Educator available to provide information and support. Brenda Gardner Lounge, Citizens Advice Bureau (CAB), 71 Bank Street, Whangarei, 10.30am to 12 noon. Phone (09) 4385498 or 0272916869 (Leave a message). Email: [northland@epilepsy.org.nz](mailto:northland@epilepsy.org.nz)

**7th: Whangarei Parkinson's Support Group** 1st Friday monthly, next meeting 7<sup>th</sup> July 10.30-midday, The Kamo Club Rooms, Meldrum Street, Kamo. Contact Trisha Ryan, Co-ordinator, Parkinson's Northland, Email [northland@parkinsons.org.nz](mailto:northland@parkinsons.org.nz) Ph: 09 437 6878.

