



# NorthAble

DISABILITY SERVICES

## NorthAble Information Update 25/10/2017

NorthAble receives information from our many networks, which we disseminate through this Electronic Weekly Update. Feel free to share and use this information. For further information or to place a notice:

Phone: 09 430 0988 / 0508 637-200.

Facebook: [www.facebook.com/NorthAble](http://www.facebook.com/NorthAble)

Email: [drc@northable.org.nz](mailto:drc@northable.org.nz).

Web: [www.northable.org.nz](http://www.northable.org.nz)

## Events – Seminars – Courses – Meetings

### OCTOBER

**25<sup>th</sup>** and every Wednesday 9am to 12pm. Agewell at Senior Citizens Hall, Kaikohe. Contact Diane 09 405 2248 or 027 7140430 [dianekathleen18@gmail.com](mailto:dianekathleen18@gmail.com) to attend or be a speaker at an event.

**26<sup>th</sup> Parenting Tween & Teens** Course: 12.30pm, 6 weeks. At Jigsaw North, 25 Otaika Road, Whangarei. Contact [cara@jigsawnorth.org.nz](mailto:cara@jigsawnorth.org.nz) or Ph 09 438 8852.

**27<sup>th</sup> Art and Collectibles Auction.** Hospice fundraiser. Friday 27<sup>th</sup> October. 5.30pm – 10.30pm. Turner Centre, Kerikeri. Auction - Live music - Wine and canapes - Local artists and celebrities. Support your local hospice. All money stays within the Mid north community. MC Shane Jones, Guest Speaker Eric Rush. Tickets \$35, tables of 10, \$350, available at Hospice mid-northland offices, 464 Kerikeri Rd, Kerikeri or Phone (09) 407 7799 or email [fundraising@hospicemn.org.nz](mailto:fundraising@hospicemn.org.nz)

**29<sup>th</sup> Building the ADHDvantage.** Auckland, 29 October 2017 – an event during ADHD Awareness Month in October. Venue: Ellerslie Events Centre, 80-100 Ascot Avenue, Auckland. With the aim of advancing those in the ADHD community in New Zealand, ADHD NZ brings to you "Building the ADHDvantage" - a conference to support and inform parents and adults living with ADHD, teachers and specialists. Get current insights on ADHD from experts in education, clinical psychology, cognitive research and nutrition. [www.adhdnewzealand.co.nz/adhd-nz-awareness-month.html](http://www.adhdnewzealand.co.nz/adhd-nz-awareness-month.html)

**31<sup>st</sup>. Free FASD (Fetal Alcohol Spectrum Disorder) Training** - Kaikohe 31<sup>st</sup> October, 9.30am-4pm - Memorial Hall. In response to the strong interest from health, community and the justice sector in the mid-north – Northland District Health Board offer this FREE training in Kaikohe on 31<sup>st</sup> October. [Click here to book.](#) Include your name(s).

**Until 31<sup>st</sup>. Change Day 2017.** Geneva Elevator's Client, Eilish Wilkes, encourages all Kiwis to join her #ChangeDayNZ to pledge to support children in need of care by gifting her book, *Hospital Happenings*, to a child in hospital or a child you know with health concerns. The book gives children the comfort of knowing they're not alone. Inspired by her own story, Eilish wrote Hospital Happenings from her experience when she was diagnosed with a cancerous brain tumour. To order the \$20 book: [www.surveymonkey.com/r/MVGS5TG](http://www.surveymonkey.com/r/MVGS5TG) For change day information: [www.changeday.kiwi/](http://www.changeday.kiwi/)

### NOVEMBER

**1-7. Parkinson's** Society Awareness and Appeal Week [www.parkinsons.org.nz](http://www.parkinsons.org.nz)

**8<sup>th</sup>:** Kaitaia Seniors' Expo. Wednesday November 8. Te Ahu Centre Kaitaia. 10am-2pm. Everyone welcome. Donation entry. A one-stop information expo for seniors. Ph 0800 430 3406 or 09 408 2997.

**7<sup>th</sup>.** Come along and meet others living with epilepsy Brenda Gardner Lounge Citizens Advice Bureau (CAB), 71 Bank Street, Whangarei. 10.30am to 12 noon. Phone (09) 4385498 or 0272916869. Email: [northland@epilepsy.org.nz](mailto:northland@epilepsy.org.nz)

**8<sup>th</sup>. Epilepsy - parent's support group** in Whangarei. Every second Wednesday of the month in 2017. Come along and meet other families living with epilepsy. Morning tea provided, toys available for your children to play with. Lounge 3, (next to the Toy Library), Central Baptist Church, 202 Bank Street, Whangarei. 10.30am to 12 noon. Contact Margaret Dunn Phone (09) 4385498 or 0272916869 or email: [northland@epilepsy.org.nz](mailto:northland@epilepsy.org.nz)

**9<sup>th</sup>. Epilepsy** Information Seminar Kaikohe: contact Margaret Dunn 09 438 5498 or [northland@epilepsy.org.nz](mailto:northland@epilepsy.org.nz)

**10<sup>th</sup>. Kaikohe Stroke** group meeting 10<sup>th</sup> of month, 10.30am, Malahi Café, Kaikohe. Stroke people, families and carers.

**10-11<sup>th</sup>. NorthAble EQ+** display at Bay of Islands A&P Show Waimate North. See you there!

## NorthAble News



NorthAble LYNKZ are selling glow products at the Toll Stadium fireworks display. This year the display will be held on Saturday November 4<sup>th</sup> from 5pm. Support LYNKZ – look out for them at their stall or walking through the crowds selling anything and everything that glows so you can glow and watch amazing fireworks!



**Disability Awareness Workshops** Following multiple requests from a number of organisations to provide information and Disability Awareness Training, NorthAble is excited to launch their Disability Awareness Workshops aimed at (but not limited to) staff within NGOs, service providers, allied health providers, government and community agencies. **2017 dates:** Thursday, 9<sup>th</sup> November and Monday, 4<sup>th</sup> December. Time: 9.00am – 12.30pm (morning tea included) Venue: NorthAble Disability Services, 40 John Street, Whangarei. Cost: \$65.00 per person, or \$50 per person if 3 or more attend from one organisation. For bookings/information, contact Raewyn Fowlie or Cheyenne Harris ph 09 4300988, email [northable@northable.org.nz](mailto:northable@northable.org.nz)

## In the news

**Mental health and cancer advocates applaud new health policies.** New Zealand Herald. 24 October 2017.

Mental health will be put under the spotlight and young and old will benefit with more free health checks and from the free breast screening age being increased under the new government. Both Labour and NZ First campaigned strongly on addressing mental health and NZ First has stuck to its promise to re-establish a Mental Health Commission to fund, control and direct mental health services. Labour and the Green Party have also agreed to make sure everyone has access to timely and high quality mental health services, including free counselling for those under 25. [www.nzherald.co.nz/nz/news/article.cfm?c\\_id=1&objectid=11936199](http://www.nzherald.co.nz/nz/news/article.cfm?c_id=1&objectid=11936199)

**Where There Is Life – movie.** New Zealand Herald 24 October 2017. When Margaret Lee was diagnosed with Motor Neurone Disease (MND), or ALS, she believed she could beat the unbeatable odds. Her journey – and that of her family – for the next four years is captured by New Zealand filmmaker Gwen Isaac in *Where There Is Life*, an intimate and honestly-observed documentary. Auckland and elsewhere from 28th October– see [www.wherethereislifemovie.com/](http://www.wherethereislifemovie.com/)

**Toddler determined to fight disease.** New Zealand Herald. 24 October 2017. Two-year-old Lincoln Woodmass can't run or jump and could one day lose his ability to walk, but he's determined not to let a rare, incurable disease get the better of him. [www.nzherald.co.nz/nz/news/article.cfm?c\\_id=1&objectid=11934838](http://www.nzherald.co.nz/nz/news/article.cfm?c_id=1&objectid=11934838)

**Brain sensing tech for people with disabilities.** Radio NZ – National. 18 October 2017. For the thousands of New Zealanders with severe physical disabilities and are unable to communicate, one high-tech start up is hoping to make the world more accessible. Thought-Wired is the brain child of Dmitry Selitskiy, who has developed a brain-sensing software that allows people with conditions like cerebral palsy and motor neuron disease to interact with a computer. [www.radionz.co.nz/national/programmes/ninetonoon/audio/2018618304/brain-sensing-tech-for-people-with-disabilities](http://www.radionz.co.nz/national/programmes/ninetonoon/audio/2018618304/brain-sensing-tech-for-people-with-disabilities)

**Undetected autism in girls threatening growth, learning.** Morning Report – RNZ. 17 October 2017. Parents with autistic girls say it's taking too long to diagnose their daughters, and their lives are being put at risk in the meantime. They say autism in girls often goes undetected because it's more subtle than in boys. [www.newstalkzb.co.nz/on-air/larry-williams-drive/audio/campaigner-autistic-females-present-differently-to-males/](http://www.newstalkzb.co.nz/on-air/larry-williams-drive/audio/campaigner-autistic-females-present-differently-to-males/)

**Interview with Gabrielle Hogg, Founder, Autistic Advocacy Network.** Newstalk ZB. 17 October 2017. Network New Zealand founder Gabrielle Hogg says females autism traits are not the same as those of neurotypical males which leads to many being misdiagnosed. She says government support is needed to gather more information. [www.newstalkzb.co.nz/on-air/larry-williams-drive/audio/campaigner-autistic-females-present-differently-to-males/](http://www.newstalkzb.co.nz/on-air/larry-williams-drive/audio/campaigner-autistic-females-present-differently-to-males/)

**Are disability organisations overlooking their own?** Nine to Noon – RNZ. 17 October 2017. Kathryn speaks to Pam MacNeill, who is blind and says progress has been too slow. She wants to see a greater push to have more people with disabilities into roles where they can lead and manage their own sector. Also speaking is wheelchair user Grant Cleland, the chief executive of Workbridge, a specialist employment service for people with disabilities. [www.radionz.co.nz/national/programmes/ninetonoon/20171017](http://www.radionz.co.nz/national/programmes/ninetonoon/20171017)

**Cerebral palsy therapy trial gives new hope.** NZ Herald. 14 October 2017. The concept of whole-body vibration training sounds remarkably simple: a person stands on a specially-designed vibration plate, creating a see-saw movement that stimulates a pattern similar to walking. This is thought to improve communication between the muscles and spine, aiding balance and co-ordination. [www.nzherald.co.nz/nz/news/article.cfm?c\\_id=1&objectid=11932326](http://www.nzherald.co.nz/nz/news/article.cfm?c_id=1&objectid=11932326)

**Attitude Award's finalist Glen Terry stands up for disabled.** Stuff.co.nz. 18 October 2017. The Hamilton man is on a mission to make life easier for disabled people and one way he is achieving this is through his new business Readable By Glen. The business offers translation services so everyone can read and understand information. [www.stuff.co.nz/business/97993308/attitude-awards-finalist-glen-terry-stands-up-for-disabled-community](http://www.stuff.co.nz/business/97993308/attitude-awards-finalist-glen-terry-stands-up-for-disabled-community)