



NorthAble

DISABILITY SERVICES

NorthAble Information Update 29/11/2017

NorthAble receives information from our many networks, which we disseminate through this Electronic Weekly Update. Feel free to share and use this information. For further information or to place a notice:

Phone: 09 430 0988 / 0508 637-200.

Facebook: www.facebook.com/NorthAble

Email: drc@northable.org.nz.

Web: www.northable.org.nz

Information of interest

Hire Equipment: Book in advance for any hire equipment that you may require from NorthAble EQ+ over the Christmas period - we are getting booked out fast! We offer a large range of hire equipment in Whangarei and throughout Northland. Please contact us on 09 4303469 or 0508 637 200 to book in your hire equipment now. www.equipmentplus.org.nz/hire-equipment.html

System transformation: Working groups have spent much of one month in workshops developing prototypes for the new disability support system which will be rolled out in MidCentral next July. In a video, Sacha O'Dea updates the disability sector about how the workshops have been going and what the next phase will focus on. Video and translations are at <http://bit.ly/STNov2017>

Events – Seminars – Courses – Meetings

NOVEMBER

29th: Young Enduring Social Support. Wed, 29 November, 14:30 – 17:00. Arthritis New Zealand office, 1st floor, 25 Rathbone Street, Whangarei. Support Group for anyone aged 20 - 40 or close to who has a long-term condition. Venue is wheelchair accessible. Tea and coffee provided. We look forward to meeting you.

29th. Tutukaka Surf Day. Thanks to the amazing support of [Tutukaka Surf](http://www.tutukakasurf.co.nz) and Halberg, Parafed Northland is able to offer an adapted surfing day on Wednesday, November 29 at Sandy Bay from 10am-1pm. Free for paid Parafed Northland members, others a \$5 charge. For Northlanders living with a physical disability who are keen to get on a board and in the water. There's plenty of support on hand to get you on/off a board or in/out of the water. To register. www.parafednorthland.co.nz/events-1/surfing-1 Email parafed@parafednorthland.co.nz or call Cam on 0273104222.

30th: Total Mobility Scheme – Taxi vouchers. Please note the Total Mobility vouchers will expire at the end of this month - **Thursday 30th November!**

As of 1 December - if a yellow voucher is presented and accepted by a taxi driver - **it will not be paid!** the TM client must pay full price.

All Total Mobility users should now be using a blue Ridewise card (electronic swipe card).

30th: Whangarei Brain Injury Assoc. Support Group Meeting. Thu, 30 November, 10:00 – 12:00. 98 Cairnfield Rd, Otangarei, Whangarei 0112, New Zealand. The Brain Injury Association Support Group meetings are for people living with the effects of brain injury and their families/whanau/carers and friends For more information phone 09 459 5013.

30th: Parkinsons Northland Hydrotherapy Exercise. Thu, 30 November, 14:15 – 15:00. Hydrotherapy pool, Whangarei Aquatic Centre, Whangarei. Hydrotherapy exercise class for people with Parkinson's. A great way to move and exercise gently in the 'weightless' environment of warm water. Enquiries & registrations, contact Vicki Sadgrove, Parkinson's Northland Community Educator phone 027 2684973 or email educator.northland@parkinsons.org.nz

30th: Understanding Epilepsy. Thu, 30 November, 10:00 – 12:00, Brenda Gardner Lounge, Citizens Advice Bureau (CAB), 71 Bank St, Whangarei. The seminar is suitable for anyone living with epilepsy or who has a family member or friend living with epilepsy and all those caregivers in the community working with clients who are living with this condition. RSVP: Phone 09 438 5498 or 0272 916 869 (leave a message) or email northland@epilepsy.org.nz

DECEMBER

4th. Disability Awareness Workshops. NorthAble is excited to launch their Disability Awareness Workshops aimed at (but not limited to) staff within NGOs, service providers, allied health providers, government and community agencies. Monday, 4th December. Time: 9.00am – 12.30pm (morning tea included) Venue: NorthAble Disability Services, 40 John Street, Whangarei. Cost: \$65.00 per person, or \$50 per person if 3 or more attend from one organisation. For bookings/information, contact Raewyn Fowlie or Cheyenne Harris ph 09 4300988, email northable@northable.org.nz

Until 5th. Disability Pride Week 2017 is happening around New Zealand this year from November 30 to December 5. Disability Pride Week is about bringing disabled people together to celebrate their common humanity through a variety of activities, stories and our creativity. See www.disabilityprideweek.nz Facebook: Disability Pride Week Aotearoa.

8th. Epilepsy - parent's support group in Whangarei. Every second Wednesday of the month in 2017. Come along and meet other families living with epilepsy. Morning tea provided, toys available for your children to play with. Lounge 3, (next to the Toy Library), Central Baptist Church, 202 Bank Street, Whangarei. 10.30am to 12 noon. Contact Margaret Dunn Phone (09) 4385498 or 0272916869 or email: northland@epilepsy.org.nz

8th & every Wednesday. Agewell. 9am to 12pm at Senior Citizens Hall, Kaikohe. Expect a speaker and activities and trips. Lions van will pick people up. Contact Diane 09 405 2248 or 027 7140430 dianekathleen18@gmail.com

8th: International Day of People with Disabilities and Getting Out There Expo. Fri, 8 December, 10:00–14:30. Forum North, 7 Rust Ave, Whangarei. International Day of People with Disabilities. Free entry, loads of free fun for all the family. To be held in conjunction with the Getting Out There expo of senior and Disability service providers, Equipment retailers.

8th: Whangarei DADS present Tika Korero/Real talk. “A safe place to talk about what matters to you and being the best DAD you can be”. Guest speaker Phil Paikea – Not Okay Campaign Champion. Invited DADs to speak – Wakelin Witehira and Julian Reweti followed by opening the korero to other DADS. Fran Hauraki – Footsteps to Feeling Safe Presentation. Supporting our Kaupapa Matua Glen Hauraki. “It takes a Village”. At Otangarei City Club, 10 Matai Street Otangarei, Friday 8th December 2017, 9.30am – 2.30pm. Lite lunch provided. RSVP by 4th December. Contact: Fran Hauraki 027 8367498 or Tim Stiles 0275662063. Email Fran.Hauraki@barnardos.org.nz Facebook: Whangarei DADS.

10th. Kaikohe Stroke group meeting 10th of month, 10.30am, Malahi Café, Kaikohe. Stroke people, families and carers.

14th: Free complementary tickets for the World Festival of Magic have been provided by Whangarei Lions Club. They are for the 7.00pm show on Thursday 14th December 2017. Numbers are limited and are for children with disabilities. Anyone interested in receiving some tickets for a child and their carer/s can contact Dianne Sullivan, NorthAble Equipment Plus/DIAS Manager, Ph 09 430 3469, Mobile 021 223 5959, Email Dianne.Sullivan@northable.org.nz

In the news

Amanda Lowry smashes fundraising ocean swim for disabled mate. NZ Herald. 27 November 2017. The tetraplegic mum-of-two was wheeled down to the shoreline as her crowd of supporters followed behind her. She was about to take on her longest ocean swim to raise money for a good cause. www.nzherald.co.nz/nz/news/article.cfm?c_id=1&objectid=11947880

Mother living with rare limb deformity full of joy with new healthy baby girl. 1 News now. 27 November 2017. The Waipouri whanau are overwhelmed with the addition of a healthy baby girl to their family - four generations of whom live with a rare limb deformity. www.tvnz.co.nz/one-news/new-zealand/video-mother-living-rare-limb-deformity-full-joy-new-healthy-baby-girl-they-told-me-shes-got-all-her-fingers-and-toes

Search and Rescue Squad still 'confident' they will find Nigel Peterson. NZ Herald. 27 November 2017. Although nothing came from Saturday and Sunday's searches, police did receive news of two credible sightings. www.nzherald.co.nz/rotorua-daily-post/news/article.cfm?c_id=1503438&objectid=11948097

LOCAL. Geneva Tino on a journey that will take her places A Different Light column by Jonny Wilkinson. Northern Advocate. 25 November 2017. Stephen Hawking is the poster boy for assistive technology – now a Northland woman is making massive strides using technology. www.tiaho.org.nz/news/entry/geneva-tino-on-a-journey-that-will-take-her-places

LOCAL. Disability parking. Northern Advocate. 25 November 2017. Your Views. David Seymour is quite right regarding paying twice for parking. \$57.50 is what he has already paid! Motor neurone disease is the horror of all diseases - *Andrea Cromwell Woodhill, Whangarei*

LOCAL. Disabled parkers to pay first hour in Whangarei CBD. Northern Advocate. 24 November 2017. A man with motor neurone disease says the decision to charge disabled motorists for their first hour of parking in central Whangarei is miserable. David Seymour said people with disabilities had enough struggles in life and the council was adding to them with the fee. www.nzherald.co.nz/nz/news/article.cfm?c_id=1&objectid=11947246
