



NorthAble Information Update 13/12/2017

NorthAble receives information from our many networks, which we disseminate through this Electronic Weekly Update. Feel free to share and use this information. For further information or to place a notice:

Phone: 09 430 0988 / 0508 637-200.

Facebook: www.facebook.com/NorthAble

Email: drc@northable.org.nz.

Web: www.northable.org.nz

In the news

LOCAL. Mean spirited. Northern Advocate. 11 December 2017. How mean spirited can the council get to even consider charging disabled citizens for parking in central Whangarei. They would need to hobble to the parking machine and then back to their car, to put the ticket on the dashboard. I was there on Thursday and could not even get a disabled park, having to hobble a block to the mall. - *Marie Kaire Ngararatunua*.

LOCAL. Facebook feedback. Northern Advocate. 9 December 2017. Are the Whangarei mobility stickers more expensive? My Mum's one was \$50 for 5 years not for 1 year - that's in the Auckland region. - *Stephanie Allison*.

LOCAL. Facebook feedback. Northern Advocate. 8 December 2017. Common sense should see no change to disabled parking - *Julia Anderson*.

LOCAL. Council urged not to introduce charge for mobility parks in city. Whangarei Report. 7 December 2017. Motor neurone disease sufferer David Seymour has made an impassioned plea to the council to ensure parking fees for mobility parking spaces aren't introduced.

www.nzherald.co.nz/northern-advocate/news/article.cfm?c_id=1503450&objectid=11950630

LOCAL Let good sense reign. Northern Advocate. 6 December 2017. I have a feeling that next week Whangarei's parking bylaws will not include a charge for disabled and mobility parking - the status quo will remain. The latter involves Mobility Card Users - who pay \$50 annually for the privilege of having a card - being able to park for free in Whangarei. www.nzherald.co.nz/northern-advocate/opinion/news/article.cfm?c_id=1503447&objectid=11953558

LOCAL Facebook feedback: Have your say. Northern Advocate. 5 December 2017. Disabled parking proposal riles community Karen Tucker Something else not taken into consideration is the fact that paying at machines can also be difficult . . . it is very hard to manoeuvre a wheelchair around and between cars to access the machines.

First disabled haka group striving for the national stage. Maori Television. 8 December 2017. The first Te Anga Paua kapa haka symposium for disabled people was held at Te Mānukanuka o Hoturoa Marae in Auckland today. Some of the country's top performers weighed in to support the team's endeavours to get to the national stage. Kapa haka advocate Annette Wehi told Te Kāea, "Their goal is to perform on the Te Matatini stage. We all know how difficult that is but there's no harm in trying." www.maoritelevison.com/news/regional/first-disabled-haka-group-striving-national-stage.

Meet the Kiwi starting a dating website Enabling Love for disabled people. NZ Herald. 7 December 2017. Dating can be petrifying, but having a disability shouldn't make things worse. Josh Perry, a 26-year-old former marketer and Otago Polytechnic graduate, will next month launch a dating website called Enabling Love. www.nzherald.co.nz/lifestyle/news/article.cfm?c_id=6&objectid=11955423

Briefings: Healthcare waiting list complaints rise Health and Disability Commissioner tells Health Minister. NZ Herald. 7 December 2017. Based on complaints received by the commissioner, there were also issues which needed addressing within the midwifery care, aged care, disability support services, primary care, mental health, workplace culture and leadership and seamless service delivery, the report said. www.nzherald.co.nz/nz/news/article.cfm?c_id=1&objectid=11955098

Teachers unprepared for inclusive disability education. Nine to noon. 6 December 2017. A leading education academic says teacher trainees are unprepared to offer true inclusive education. Dr Gill Rutherford, Senior Lecturer in Education and Disability Studies at the University of Otago's College of Education tells Lynn Freeman the standard of teacher training in New Zealand is inadequate, and the right to inclusive education must be enshrined in law. www.radionz.co.nz/national/programmes/ninetonoon/audio/2018624371/teachers-unprepared-for-inclusive-disability-education

Events – Seminars – Courses – Meetings

DECEMBER

13th: Alzheimers Society Northland: Kerikeri Support Group. Wed, 13 December, 10:00am. Herb Murray room at the Kerikeri Village Trust, Ruatara Drive, Kerikeri. Please contact Riah Leef-Smith on either phone 0273 921 220 or email ria.leef-smith@alzheimers.org.nz for more information about this group.

13th: Parents Support Group - Epilepsy NZ Northland. Wed, 13 December, 10:30 – 12:00. Lounge 3, (next to the Toy Library), Central Baptist Church, 202 Bank St, Whangarei. Come along and meet other families living with epilepsy. Morning tea provided, toys available for children. All welcome. Second Wednesday of each month. Enquiries: Margaret Dunn Phone: 09 438 5498 or 027 291 6869 (Please leave a message) or Email: northland@epilepsy.org.nz

13th: Young Enduring Social Support. Wed, 13 December, 14:30 – 17:00. Arthritis New Zealand office, 1st floor, 25 Rathbone Street, Whangarei. Support Group for anyone aged 20 - 40 or close to who has a long-term condition. Venue is wheelchair accessible. Tea and coffee provided. We look forward to meeting you

14th: Dargaville Brain Injury Assn Northland. Thu, 14 December, 10:00 – 12:00. Meeting Room (Straight ahead down hallway on right) Public Health, Dargaville Hospital. Brain Injury Association Support Group Meeting for people living with the effects of brain injury and their whanau/families/carers and friends. For more information please phone: The Brain Injury Association Northland on (09) 459 5013.

14th: Alzheimers Whangarei Support Group meeting. Thur 14 December, 10:00 – 11:30, Alzheimers Northland, 148 Corks Road, Tikipunga, Whangarei. For family, friends and supporters of those with dementia. Support group meetings are a central part of the activities of organisations concerned with dementia worldwide.

14th: Brain Injury Association Whangarei - End of year get together. Thu, 14 December, 11:00 – 11:00. Headway House, 98 Cairnfield Rd, Whangarei. The Brain Injury Association Northland Inc invite clients, friends, family and whanau to join in a SHARED lunch. Bring something for the BBQ. Wear a sunhat and bring a small xmas gift to put in the Secret Santa Sack (\$2 or more type of gift) Any questions please give Dave or Vikki a call - 09 458 5013.

14th: Parkinsons Northland Hydrotherapy Exercise. Thu, 14 December, 14:15 – 15:00. Hydrotherapy pool, Whangarei Aquatic Centre, Whangarei. Hydrotherapy exercise class for people with Parkinson's. A great way to move and exercise gently in the 'weightless' environment of warm water. All enquiries, registrations contact Vicki Sadgrove, Parkinson's Northland Community Educator phone 027 2684973 or email educator.northland@parkinsons.org.nz

14th: Free complementary tickets for the World Festival of Magic have been provided by Whangarei Lions Club. They are for the 7.00pm show on Thursday 14th December 2017. Numbers are limited and are for children with disabilities. Anyone interested in receiving some tickets for a child and their carer/s can contact Dianne Sullivan, NorthAble Equipment Plus/DIAS Manager, Ph 09 430 3469, Mobile 021 223 5959, Email Dianne.Sullivan@northable.org.nz

15th: NorthAble one day closures: The whole of NorthAble is closed to the public today Wednesday 6th December due to staff training and again on Friday 15th December for a staff end of year function. You can contact us by email drc@northable.org.nz web www.northable.org.nz or leave a message on our phone: 09 430 0988 or 0508 637-200.

18th: Parkinson's Northland: Kerikeri Support Group. Mon, 18 December, 11:00 – 13:00. St.Johns Hall, Kerikeri. The Support Luncheons provide support for people with Parkinson's their caregivers and families. Just a social get together where we provide entertainment and guest speakers of interest to the group. Everyone brings plates for shared luncheons. Contact Trisha Ryan for information. Phone: 09 438 4282 Email northland@parkinsons.org.nz

18th: MS Northland: Whangarei MS Exercise Classes. Mon, 18 December, 11:00 – 12:00. Kensington Gym Whangarei, Studio 2. These classes are facilitated by Isabel Finlayson physiotherapist. These classes are free to MS Northland members thanks to the Oxford Trust. Carers are welcome to join in. Please contact Gaye or Wende for further information if required on 09 438 3945

19th: MS Yoga Classes. Tue, 19 December, 11:30 – 12:30. Yoga Central, 69 Bank Street, Whangarei. In the former Public Trust Building, 2nd floor - there is a lift. All Equipment is supplied, just wear comfortable clothing. Free for current MS Members thanks to a grant from The Oxford Charitable Trust.

19th: Boccia. Tue, 19 December, 15:30 – 17:00. ASB Leisure Centre, Corner of Kensington Ave and Western Hills Drive, Whangarei. Get Rollin Join the Action A sport designed for people with Physical Disabilities For more information email luke@boccia.org.nz or phone 0800503603 extn 3 or check our website www.boccia.org.nz

20th: Whangarei Stroke Club. Christmas function. Kamo Club 11.30am onwards. This is a free event for Stroke survivors and their carers. Come along and enjoy some great food and help celebrate Christmas. RSVP to Judith on 027 443 7388. Please text through your name and how many people are attending with you.
