



NorthAble Information Update 21/02/2018

NorthAble receives information from our many networks, which we disseminate through this Electronic Weekly Update. Feel free to share and use this information. For further information or to place a notice:

Phone: 09 430 0988 / 0508 637-200.

Facebook: www.facebook.com/NorthAble

Email: drc@northable.org.nz.

Web: www.northable.org.nz

In the news

The Curious incident of the boy in the headlines. North and South. March 2018 issue. The school, Woodend Primary in North Canterbury, said Christian's behaviour was unmanageable; he had been stood down several times before. The family said the school hadn't put the right structures in place to support him. "Like many children with ASD, if he's in a loud and chaotic environment it could be hard for him,"

NZ's physical disability rugby league team prepare for first Commonwealth Champs. Maori Television. 18 February 2018. New Zealand's Physical Disability Rugby League team is preparing for their biggest sporting tournament yet. This week the 20 strong squad will compete in the 2018 Rugby League Commonwealth Championship in Queensland where they will take on Australia in the first ever tri-series test. www.maoritelevision.com/news/sport/nzs-physical-disability-rugby-league-team-prepare-first-commonwealth-champs

Culprits who abused Riding for Disabled horses escape prosecution. NZ Herald. 16 February 2018. Despite the viral Snapchat video of the culprits who attempted to catch Whanganui's Riding for Disabled (RDA) horses, no prosecution has been brought. www.nzherald.co.nz/nz/news/article.cfm?c_id=1&objectid=11994450

Families fight MoH over pay for disabled children. RNZ. 16 February 2018. "It's quite clear that somebody needs to do these things for her all the time - and if I'm not doing them then somebody else needs to do them." However, the woman receives no payment for the caring she provides, despite appearing to qualify for Funded Family Care. www.radionz.co.nz/national/programmes/checkpoint/audio/2018632432/families-fight-moh-over-pay-for-disabled-children

The cost of looking after a disabled adult child. RNZ. 15 February 2018. Ms Moody said she had to prove time and time again that her son's disability had not changed. "It's just the same questions over and over again. What does he eat with? Does he drive? What are your goals?" www.radionz.co.nz/national/programmes/checkpoint/audio/2018632264/the-cost-of-looking-after-a-disabled-adult-child

LOCAL. Parents caring for disabled children take Ministry of Health fight to High Court. Stuff.co.nz. 15 February 2018. A Kaitiāia couple who cared for their disabled children unpaid for more than 10 years are seeking compensation from the government in the High Court. Sushila and Royd Butt were not paid by the Ministry of Health for their work as full-time caregivers for their children Ashneel, 26, and Alisha, 23, between 2002 and 2013. www.stuff.co.nz/national/101460517/parents-caring-for-disabled-children-take-ministry-of-health-fight-to-high-court

Information of Interest

Census day is coming - Tuesday 6 March - for accessibility resources see www.census.govt.nz/support-resources:

- An example of the [access code letter](#) people will start receiving from 23 February
- A [support guide](#) for completing the census
- [An easy read version of the census access code letter](#)
- [A large print version of the census access code letter](#)
- People over 50 can go to get help to complete the census online at a [local SeniorNet centre](#)
- Census and Deaf Radio have created [a video in NZ Sign Language](#)

For people who are blind or sight-impaired, online census forms have been built to work with screen readers and assisted technology. If people are unable to complete the census then field teams will follow up after census day to assist.

Boccia is a sport that combines strategy and accuracy. Boccia is a truly inclusive sport for all to play but to play competitively players must display movement difficulties in all four limbs. To find the club closest to you [click here...](#)

Situations Vacant

Situation Vacant: Community Development Adviser: Whangarei District Council. To promote community engagement and achieve Council's strategic outcomes for the community through collaborative relationships, capacity building, advice and liaison between the community and council. If you have any questions, please feel free to contact People & Capability team on: 09 430 4200 or [0800 932 463](tel:0800932463). To apply for this position go to www.careers.wdc.govt.nz Applications close 5.00pm Thursday, 1 March 2018.

Events

FEBRUARY

Look Good Feel Better – referrals by February 21 for March 6 event! The Look Good Feel Better organisation has grown, and this year we are offering four workshops across the year - two in Kerikeri and two in Paihia. Here is an opportunity for any woman who has a journey with cancer ; past or present in the mid north area.

Kerikeri - Tuesday March 6th, Tuesday September 11th, Kingston House, Hone Heke Road, Kerikeri:1:00pm - 3:30pm.

Paihia - Tuesday June 5th, Tuesday November 13th. Venue: Kingsgate Hotel. Duration: 1:00pm - 3:30pm.

We would welcome any enquiry re attendance. Registration forms can be delivered to you, or you can photocopy some of your existing ones, or attendees can register online. For more information, phone Jo Wood. 0274 549391.

Alzheimers Society Northland: Kerikeri Support Group. Wednesday 21 February, 10am. Union Church, Omapere. Information, ideas and hints that may make the caregiver role more effective and less stressful.

Young Enduring Social Support. Wednesday, 21 February, 2:30 – 5pm. Arthritis New Zealand office, 1st floor, 25 Rathbone Street, Whangarei. Support Group for anyone aged 20 - 40 or close to who has a long-term condition. If you want to come along to find out what the group is like so you can tell others please feel free to do so. Venue is wheelchair accessible. Tea and coffee provided.

Whangarei Brain Injury Assoc. Support Group Meeting. Thursday, 22 February, 10am-midday. 98 Cairnfield Rd, Otangarei, Whangarei. The Brain Injury Association Support Group meetings are for people living with the effects of brain injury and their families/whanau/carers and friends. For more information phone 09 459 5013.

Parkinsons Northland Hydrotherapy Exercise. Thursday, 22 February, 2:15 – 3pm. Hydrotherapy pool, Whangarei Aquatic Centre, Whangarei. Hydrotherapy exercise class for people with Parkinson's. This is a great way to move and exercise gently in warm water. All enquiries and to register please contact Vicki Sadgrove, Parkinson's Northland Community Educator phone 027 2684973 or email educator.northland@parkinsons.org.nz

Parkinson's Northland: Whangarei Support Luncheon. Friday, 23 February, 11am – 1pm. Masonic Hall, 224 Maunu Road, Whangarei. The Support Luncheons provide support for people with Parkinson's their caregivers and families. Entertainment and guest speakers of interest to the group. Everyone brings a plate for a shared luncheon. Contact Trisha Ryan for more information. Phone: 09 438 4282 Email: northland@parkinsons.org.nz

Waimamuku Wild West Fest 2018. Date: Saturday 24 February 2018. Time: 10am – 2pm. A unique, family-friendly free event in South Hokianga. All welcome! Come and join in the Western fun. See more at www.wildwestfest1.wixsite.com/2018

Northland Pasifika Fusion Festival 2018. Date: Saturday 24 February 2018. Time: 10am - 3pm. Accessible celebration of food, music, arts of the Pacific in Tai Tokerau. Join for the day with a line-up of local talent on the stage, a variety of stalls, information and services, and a vibe you can't get anywhere else! See their Facebook page for more info www.facebook.com/northlandpasifikafusionfestival/

Blind Foundation Dargaville Support Group. Monday, 26 February, 10am–midday. Nurses Lounge, Dargaville hospital. Peer support and information. Held on the last Monday of each month from February to November. Please contact Brian Gribble for more information about this group on 09 439 4722.

Parkinson's Northland: Kerikeri Support Group. Monday, 26 February, 11am – 1pm. St. Johns Hall, Kerikeri. Support for people with Parkinson's their caregivers and families. A social get together, entertainment and guest speakers. Bring a plate. Contact Trisha Ryan for more information. Phone: 09 438 4282 Email: northland@parkinsons.org.nz

MS Yoga Classes. Tuesday, 27 February, 11:30am– 12:30pm. Yoga Central, 69 Bank Street, Whangarei. In the former Public Trust Building, 2nd floor - there is a lift. All Equipment is supplied, just wear comfortable clothing. Free for current MS Members thanks to a grant from The Oxford Charitable Trust.

ADHD Support Group. Tuesday, 27 February, 1.30pm-2.30pm. Barnardos, 2 Armstrong Ave, Maunu, Whangarei. Meeting for whanau and carers of people with ADHD. This group meets on the last Tuesday of every month.

Alzheimers Society Northland: Support Group Meeting Dargaville. Wednesday, 28 February, 1pm-3pm. Nurses Home Lounge, Community Health Building, Dargaville. Information, ideas and hints for caregivers.

Outward Bound – course spaces available. Outward Bound have spaces available on an upcoming eight-day Horizons Course, specifically designed for people with a disability aged 18+. Course Date: Sunday 20 May – Sunday 27 May 2018. Full funding is available to all Work and Income clients and internal sponsorship is also available. To find out more, see www.outwardbound.co.nz/courses/horizons/ or email lhealy@outwardbound.co.nz

MARCH

Kerikeri Brain Injury Association Support Group. Thursday, 1 March, 10am–midday. St Johns Ambulance Kerikeri. For people living with the effects of brain injury and their families/ whanau / carers and friends. For enquiries please phone The Brain Injury Association Northland (09) 459 5013.

Blind Foundation Whangarei Support Group. Thursday, 1 March, 1pm-2pm. Upstairs at the RSA, 7 - 9 Rust Ave, Whangarei. The support groups provide an opportunity to meet with others who are living with a vision loss. Peer support and a safe forum to share concerns, ask questions and brainstorm. Held on the first Thursday of every month.

Parkinsons Northland Hydrotherapy Exercise. Thursday, 1 March, 2:15-3pm. Hydrotherapy pool, Whangarei Aquatic Centre, Whangarei. Hydrotherapy exercise class for people with Parkinson's. Run by Isobel Finlayson, this is a great way to move and exercise gently in the 'weightless' environment of warm water. All enquiries to Vicki Sadgrove, Parkinson's Northland Community Educator phone 027 2684973 or email educator.northland@parkinsons.org.nz

Parkinson's Northland: Whangarei Support Luncheon. Friday, 2 March, 11am-1pm. Masonic Hall, 224 Maunu Road, Whangarei. Support for people with Parkinson's their caregivers and families. Social get together, entertainment and guest speakers. Bring a plate. Contact Trisha Ryan phone 09 438 4282 or email northland@parkinsons.org.nz

Arthritis 20+ Support Group. Saturday, 3 March, 10am-midday. New Hope Church, cnr Princes St and Nixon St, Kensington, Whangarei. Social group for people who have arthritis to meet with other people for coffee and a chat. 1st Saturday of each month. Cost is \$2 per person. Phone 0800 663 463 or email 20plussupportgroup@hotmail.co.nz

Ruakaka Surf day 2018. A great event for people with disabilities! Date: Saturday 3 March. Time: 10am – 2pm. Ruakaka Surf Lifesaving Club, Ruakaka Beach. Registration essential - spaces are limited. Sign in starts at 9am. To register, please contact Arlene at Tiaho Trust - ph 430-3406 or email arlene@tiaho.org.nz

Alzheimer's Northland Sunday Lunch. Sunday, 4 March, midday. Alz House, 148 Corks Road, Tikipunga, Whangarei. Held the first Sunday of the month. A great get-together where you can relax in comfortable familiar surroundings and enjoy a nice meal. Phone 438 7771 to make your reservation and find out what is on the menu. Cost: \$20 per person.

5th and every 1st and 3rd Monday of the month: Alcohol and Drug Whanau Support Group. A group for people who have whanau with alcohol and drug issues to come together to talk about their experiences, be provided with information and offered support. First and Third Monday each month 4pm – 5.30pm. At the Alcohol & Drug Service, 5 Three Mile Bush Road Kamo Group Room (Kai Papahu). Tea and Coffee Provided. For more information: Steve (09) 470 2706, Northland DHB Alcohol and Drug service, Cath 027216383 or Francil 0800732825.

Whangarei Youth Space Talks 2018. Date: 12 March 2018. Time: 12.30pm - 5pm. Forum North, Whangarei. An awesome afternoon for Youth Workers to hear directly from the Commissioner for Children and the Minister of Youth about their vision for youth in Northland. Don't miss out on some inspirational thinking. Save a spot by emailing WYSTalks@youthspace.co.nz or enquire at ph 09 972 7248. Tickets \$30, available from www.youthspace.co.nz

Age Concern Seminar. March 15, 9.30-11.30am. What entitlements are available for you from Work & Income? What you need to know about Work & Income. Speaker: Lorna Child Services for Seniors Manager Work & Income. Registrations essential. Please contact Age Concern Whangarei Inc. (09) 438 8043. Fee: \$5 donation for seniors & unemployed; \$25 for waged. At Age Concern, Whangarei. Free parking, Age Concern Car Park. Avoid staff parks!

Mental Health and Addiction Whanau Support Group. 19th and every 3rd Monday each month: Supporting Someone with a mental illness or addiction? Supporting Families offer a safe place to share experiences, gain practical resources and strategies, and hear from guest speakers. 3rd Monday of every month, 10.30am – 12pm, 7 Donald Street, Regent, Whangarei. FREE. Contact: Francil, 0800 732825. Francil@sfauckland.org.nz. www.supportingfamilies.org.nz

Alcohol and Drug Whanau Support Group. 19th and every 1st and 3rd Monday of the month: A group for people who have whanau with alcohol and drug issues to come together to talk about their experiences, be provided with information and offered support. First and Third Monday each month 4pm – 5.30pm. Alcohol & Drug Service 5 Three Mile Bush Road Kamo Group Room. Tea and Coffee Provided: Steve (09) 470 2706, Northland DHB Alcohol and Drug service, Cath 027216383 or Francil 0800732825. Supporting Families Northland.